South West England Trefoil
e-news one

Our e-news photo shows Guernsey members thoroughly enjoying their recent outing to Herm.

Welcome to the first edition of South West England Trefoil e-news which we hope will keep you in touch with news and events which have been happening around the region in the past few months.

Facebook has been a good way of keeping in touch, especially during lockdown, but it is appreciated that there are still many members who are reluctant to use this form of social media. Hopefully, e-news will fill that gap.

We all have such fun in Trefoil so please share this e-news with your friends and other non-members so they too can -

find **friendship**, get active
give **support** and get **involved**

The Great Region Ramble

The Great Region Ramble

'Let's Get Ready to Ramble'

That's just what Trefoil members in South West England have been doing since Laura Cottey, South West England Region Chief Commissioner, challenged Trefoil members to join in the Great Region Ramble. Of course, Trefoil members thrive on challenges and since the ramble began at the beginning of July the miles have been pouring in to be collated.

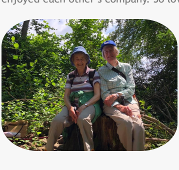
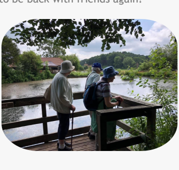
The circumference of our 16 Counties and Islands measures 1,134 miles and we wanted to see how many times we could cover this distance together on one great big ramble as a Region.

When the challenge came to an end at the end of October we had a combined total, by Girlguiding and Trefoil members, of 93,236 miles - a fantastic achievement. We covered 82 laps of the region which is an amazing 3.75 times around the world!

All counties in the region have taken part and it has been wonderful to share in the rambles however long or short. Our Region Trefoil Facebook page has been brimming with stunning photos of wonderful scenery, happy faces, and tales of the toddles.

Nature trails, pub trails (not crawls!), individual walks, group walks, coastal and country – wet or dry –suitable attire- and off we all went. Some were able to combine Voyage and Star challenges too, and all whilst having fun and being seen.

During their holiday in Surrey East all 12 members of 2nd Bath added 76 miles to the Region Ramble total. 'Jampots Misty' (Julie Ottley) wrote, 'Continuing 2nd Bath's Camping holiday in Surrey and as part of the Great Region Ramble, 4 of us walked from the Silent Pool, up a steep climb onto the North Downs Way, down into the lovely village of Shere for lunch and back to our start point. We found many different flowers and trees, heard and saw birds, and enjoyed each other's company. So lovely to be back with friends again!'

Left:
A very convenient tree trunk for 2 members of 2nd Bath Trefoil to take a minute
Right:
Overlooking Silent Pool - between Dorking & Guildford

Ingleburn members enjoyed their Tetbury Toddle which just had to be followed by tea, of course. It was warm enough to sit out for that but Judy only remembered to take the photo when the evidence had been cleared up. It was great to catch up again before their first indoor face-to-face meeting.

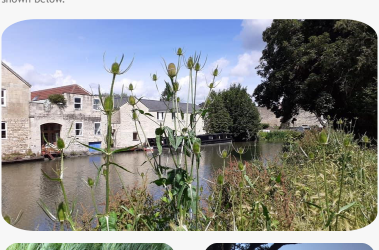
'The Tetbury Toddlers'

Hampshire East County organised a 'Walk the Walk and Talk the Talk' day - the first County Get Together since February 2020. !00 miles were added to the region total by those who 'Walked the Walk'. Members, of course, excelled in 'Talk the Talk' too. It was a brilliant day and so good to be together for that Trefoil fun and friendship.

Above:
Hampshire East members dodging the showers before gathering for a group photo at the end of the walks - when the sun came out!

Lynne Goldsmith from Cornwall reported that during a lovely camping holiday in Hereford she was able to add to her Region Ramble mileage on several walks in beautiful countryside (see above). It was quite a challenge in places, especially negotiating lots of stiles!

Fiona Coverdale from Bath posted stunning photos on Facebook chronicling her walks since the beginning of 'The Ramble'. In July she totalled 101.07 miles and wondered how many miles she would manage in August. The answer came at the end of the month - 'I have just totalled my 'miles walked' in August - 133.69. This included not just walks around my home location in Bath but also in North Yorkshire and Perthshire - I 'bagged' my first Munro (Beinn Ghlas).' A wonderful achievement for Fiona and South West England members have loved seeing her photos. A small selection is shown below.



Corfe Mullen enjoyed having their first face-to-face meeting in the middle of August when they organised their first walk to add some miles to the Region Ramble. 'We had a great morning. The weather was lovely and it was so brilliant being able to have a good chat while taking in some lovely scenery. We are all keeping track of the miles we walk individually and have two more joint walks planned before the challenge finishes and then hopefully we will carry on', says Paula Grebot. They did indeed carry on and enjoyed a leisurely stroll at The Blue Pool, Wareham, followed of course by tea and cake! That was another few miles added.

Above top:
Overlooking the Blue Pool, Wareham
Above bottom:
Wilts South members enjoying a walk in Southleigh Woods, near Crockerton

Guernsey members sheltering from the rain on Herm.

These are just some of the stories from our members around the region. The Great Region Ramble has indeed been a huge success and enjoyed by all who have contributed.

It's impossible to include all the photos and details of the walks but more can be found on our South West England Trefoil Facebook page.

Just a taste of all the
ACHIEVEMENTS

Congratulations to the following for their achievements during the Covid restrictions

Thanks Badges
Irene Mortimore - Cornwall
Jean, Judy, Sue, Cherie, Hilda - Wiltshire North

Voyage Bronze Level
Rosalind Abbott, Una Dunford - Bristol & S. Glos
Pauline Tinney, Christine Irons - Cornwall
Lyn Norkett - Devon
Alison Jeffery, Charlotte Edwards, Jodie Evans, Anne Stone, Kimberley Evans - Dorset
Hannah Weaving - Gloucestershire
Eunice Conybeare - Hampshire East
Kay Moran, Susan Jean Clark - Hampshire West
Anna Hartley - Wiltshire North
Caroline Bruce - Wiltshire South
Alisha Stone - Internet

Voyage Silver Level
Catherine Gough - Cornwall
Mervyn Ellis - Devon
Marjorie Glassock, Sylvia - Sarah Roberts - Dorset
Grace Withey, Christine Wray - Gloucestershire
Margaret Redhead - Guernsey
Elizabeth Hobbs, Tina Saunders - Hampshire East
Susan Way - Hampshire North
Elsie Hodge, Debbie Payne, Eileen Howlett, Rita Wakeford - Hampshire West
Margaret Hughes - Somerset North

Voyage Gold Level
Lorna Lee - Bristol & S. Glos
Lorraine Richards - Devon
Lynda Kiss, Shelagh Riggs, Brenda Munday, Carolyn Barker, Sue Ray - Dorset
Linda Raggett - Gloucestershire
Sue Veillard - Guernsey
Karen Gardiner, Sue Groves, Lyn Colman, Val Smith - Hampshire West
Mary Farrell, Margaret Hughes - Somerset North

Sue Veillard from Guernsey receiving her Gold Voyage Award from Bailiwick's Commissioner

Presentation of Stars Award to June and Nick of Coopers Hill

Wiltshire North Winners

Sadly, it's not been possible to include all the achievements this time. Hopefully this can be remedied in future editions.

CELEBRATIONS

Newbury Trefoil celebrate their Diamond Jubilee

Hayling Island Trefoil celebrated their 50th birthday at Hayling Golf Club in August. It was really their 51st birthday but Covid put a stop to the celebrations last year. They were joined by Liz, County Chair for Hampshire East, and enjoyed a delicious cream tea preceded by a glass of Bucks Fizz.

HAVING FUN

Trefoil is all about having fun and it's been so good to meet again after lockdown as there's nothing like Trefoil members getting together and sharing the fun and friendship.

Helen and Joan having a bit of fun with ice cream at Hampshire West's County Picnic at Foxlease. It was a lovely relaxed day and good to meet up with so many long lost friends after such a long time. Some even managed to pull up a few weeds ready for Friends of Foxlease Day.

Left:
Ascot Day in Guernsey - Glamour all the way
Right:
Keynsham Ammonites can recommend the Congo Falls Mini Golf - with rushing water (oh no - the ball has gone in!) and the chimps and crocs, and inventive use of stone and wood and rope that comprise the 18 holes. It was much enjoyed - but being able to get together was the best bit!

Above Left:
Donutting with Hayling Guides & Gill just had to try it too
Above Right:
Bristol West Division Trefoil enjoyed learning how to fence in the local park

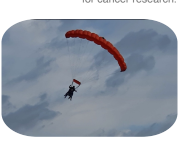
Above Left:
Forest South Trefoil and friends enjoyed an afternoon with the Cotswold Canal Trust on the Stoudwater Navigation
Above Right:
Yeo Vale Division Trefoil enjoyed a horse racing evening - all done in the best possible taste, wearing hats with sweeties being the prizes - and a beautiful plant for the winner

A few members of West Wilts Trefoil, Trowbridge, enjoyed a day out to visit Imber Village on Salisbury Plain - on a special, once a year Imberbus Experience. Imber was one of the villages evacuated in 1943 - the residents never to return to their homes and previous ways of village life

GIVING SUPPORT

One of our key messages is 'Giving Support' and members continued giving support in earnest during lockdown. Masks and scrubs were made in abundance as well as help given with food parcels and much more. However, since restrictions have eased, trefoil red, neckers and scarves are again to be seen throughout the region with the wearers enthusiastically raising money for good causes. Below is just a snippet of the support given.

,Left:
Denise & Iris from Meon Valley, Hampshire East, invited Trefoil & other friends to a cream tea to raise money for Parkinson's
Right:
Lynne, from Cornwall, took part in the Falmouth Race for Life to raise money for cancer research. Love the pink wig Lynne!



Ellie West and Sandy Plowright, from the Isle of Wight, did a skydive to raise funds for St Catherine's school, which is a charity-funded school on the Island. For Sandy it was a 'tick' off her bucket list and also in celebration of her 71st birthday!

Above are photos of Sandy floating down under her parachute and the family after the jump.

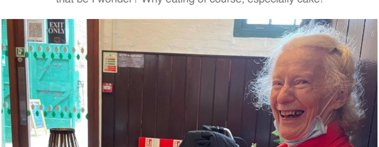
Somerset North's International Adviser had the idea of making wallets filled with gifts for those less fortunate than ourselves, many from other countries. She hoped for 50 and ended up with 220. They are all going to a Bristol charity, Nextlink.

THANK YOU

Thank you for your many photos and accounts posted on our SW England Facebook page. Without them, it would have been impossible to compile our first e-news. Please keep the news and photos coming but make sure they are interesting photographically with happy smiling faces from everyone.

Click here to find out more about sending photos

We hope you have enjoyed this first edition of e-news and it couldn't end without a few photos of what Trefoil members really enjoy! Now just what can that be I wonder? Why eating of course, especially cake!



Find friendship

Get active

Give support

Get involved

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