

# The Trefoil

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Having  
a laugh



GUIDING FOR ADULTS  
**Trefoil Guild**

*In this issue*

Your wonderful  
memories of The  
Senior Section

GOLD Report:  
All about Rwanda  
and Cambodia

Angela Gorman  
on saving African  
mums and babies

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### The official journal of the Trefoil Guild

Published each March, June, September and December

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**National Chairman** Pat Downer

**Editorial Board** Jo Taylor (Chairman), Frances Parrett, Charlotte Anslow, Pat Downer, Judy Ellis, Ann Hall, Pauline Merchant, Elizabeth Highton, Gillian Spriggs

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## The Editor writes...

Hello everyone,

Pat has kindly lent me her page so I could let you all know about the exciting changes happening to *The Trefoil* magazine.

We are delighted to welcome our new publishers, Newhall, who are based in Hoylake on the Wirral. They were chosen from a number of candidates as the most likely to be in tune with our members. They are introducing themselves on page seven, and of course our editorial team is very much looking forward to working with them.

I'm sure you will have noticed there is a new look and feel to the magazine. Some of our members mentioned that they struggle to read shiny pages with lots of background colour, and others who have breathing difficulties find the print on glossy pages a problem. So, as we have a new publisher, we decided to go with a new look that we hope will make things easier for everyone.

Hopefully you won't have thrown away the address insert that arrived

with your magazine – on the back you'll find an order form for tickets to the Annual Meeting in Harrogate on 18 June. Don't worry if it's been lost – tickets are also available via the website, the Trefoil Guild office, or your County Chairman.

Trefoil Guild extends good wishes to The Senior Section as they celebrate their 100th birthday. We meet a number of current and past members in this issue, and hear about what some of you got up to when you were younger!

Spring is around the corner, so I hope you are looking forward to getting out and about with your guilds. We love to hear about what you have done, so keep those letters and snapshots coming.

Best wishes,



**Jo Taylor**

# Memories of The Senior Section

After an enthusiastic response to our request for memories of The Senior Section, Wendy Ingle (formerly of 4th Shoburyness Rangers) reveals the first part of your recollections

## Make do and mend

Wartime restrictions feature in some of your earliest memories. Barbara Keeble was a Land Ranger in the 1940s. For her uniform, she dyed an old sheet grey to make a short-sleeved blouse and bought skeins of darning wool that were only available in short lengths and had to be knotted together to knit the long-sleeved ribbed jumper.

## Banana treat

In 1946 the Number 1 St Anne's were possibly the first Air Ranger crew in the country. "Our Promise badges had to be carefully painted with pale blue paint as HQ hadn't produced official ones," Pat Marshall recalls. Her crew travelled to Switzerland – the whole fortnight cost the princely sum of £23. The food there had been long unavailable at home, and a banana split was a special treat.

## Scottish sojourn

The Senior Section helped to widen the horizons of many. Eileen Gumley, a 1st Leicester Cadet from 1944, travelled with fellow cadets by train just after the war to stay near Edinburgh. They trundled their kit on a barrow through the tunnel below the track and slept on straw palliasses on the floor in a wooden Scout building.



Janet flew at a Biggin Hill airshow in the 60s

## High-flying Ranger

One thing that stands out is the number of Sea Rangers who rarely got on the water, or Air Rangers who never had a flight. One Air Ranger who did fly was Janet King, now of 1st Hastings and St Leonards Trefoil Guild. At the beginning of the 60s she was able to visit an air show at Biggin Hill where she had her first flight. Later, at an Air Ranger gathering in Bristol, she visited the Rolls-Royce engine factory and was allowed in the cockpit of a working Vulcan bomber.

## The latest thing!

Margaret Goodyer's Sea Ranger crew visited Our Chalet in 1963 and performed a mummies' play as their contribution to international entertainments. They found themselves amazed by an American Girl Scout's spray shoe polish!



## Raising funds for trip

Another who remembers sleeping on palliasses, this time in the eaves of Our Chalet, is Margaret Cade, a 208th Birmingham Ranger in 1951. "My friends and I were just ordinary inner city girls. In those days travelling abroad was just something that did not happen." They worked hard to raise funds, selling jam jars among other things. The journey by train took two days, and Margaret remembers that "the time we spent in that beautiful place was just magical".

In 1963, the Sea Ranger crew were amazed by an American Girl Scout's spray shoe polish!



Pat and her fellow Sea Rangers in 1962

## Messing about in boats

Pat Staniforth, a Sea Ranger in Hampshire in the 50s and 60s, was one who had plenty of nautical adventures. She says, "Where better to be a Sea Ranger? We went boating on the River Itchen, and a highlight was the county regatta, held in Portsmouth harbour, where we slung our hammocks below decks and raced in the Navy's whalers. Then there were weeks on the Golden Hinde, the Sea Ranger training ship at Dartmouth."



Gaynor trying to get through a tyre in the relay

## A tight fit

Gaynor Targett was in the row/scull/canoe/swim relay at the Warwickshire Sea Ranger regatta 50-plus years ago. Her task was to paddle to a tyre, get through it and then back into the canoe. She knew she could get to the largest tyre but she was "too polite and ended up stuck in a smaller, higher one"!



B-P would be proud!

## Canal capers

SRS Porpoise in Hemel Hempstead in the late 50s rowed on the Grand Union Canal, where the crew spent much of their time bailing out their leaky boats. Heather Catterfeld recalls the boatswain's whistles, attached to intricately knotted lanyards they made themselves.

We had a wonderful response to our request for memories of The Senior Section and I am only sorry we didn't have space for everything. If you have enjoyed these reminiscences, look out for a second instalment later this year.

# Noticeboard

Bulletins and information to keep  
Trefoil Guild members up to date

## Say 'hello' on Malta

Is your guild planning to visit a Christmas market in 2016? If you are planning to take your guild to visit the Mtarfa Christmas Market on Malta next year, contact Glen Aston, the Chair of TGIFC (through the Trefoil Guild office) who can put you in touch with the Trefoil Guild on the island – they would love to meet up with you!

## Your snapshots

Thank you once again for all your photos. The Editorial Board has been delighted to receive such a comprehensive picture of what your guilds enjoy doing! Have you appointed one person to always bring a camera? Please keep snapping in 2016!

## Senior Section memories

Thank you for all your memories. It has been a wonderful insight to what units and individuals did as a Ranger, Cadet or Young Leader and can be seen on pages 4 and 5. If we haven't included yours in this edition of the magazine, look out for more later on this year.



## We need your contributions

Does your guild help Girlguiding locally and regionally? Let us know what you've been doing with the Rainbows, Brownies, Guides and Senior Section – and how you 'Give Support' to Leaders.

Has your guild undertaken any country, region or county challenges recently? We would be very interested to hear about what you have done. Please send details, along with a snapshot, so we can publish some of them in the future.

## Apologies

During the lengthy process needed to produce each issue of *The Trefoil*, Pat from the Internet Guild, who was pictured in the November issue (p34), very sadly died. We hope the inclusion of her comments didn't distress her friends – but wasn't it lovely to see how much the Internet Guild gave her enthusiasm and support as her health deteriorated?

## Dates update

**2016 National Annual Meeting: 18 June, Harrogate.**

*Tickets for the meeting and evening entertainment are available using the application form on the magazine address insert, on the website or from your County Chairman.*

**2017 National Annual Meeting: 10 June 2017, Brighton**

**2018 National Annual Meeting: 16 June 2018, Birmingham**

## New partnership

Newhall Publishing is delighted to be working with Trefoil Guild to help you continue to produce your membership magazine. We have met your editorial team and as we get to know many of you through your wonderful features and photographs we thought it might be nice to introduce ourselves.

Debbie Attewell, Editorial Director and former Brownie, Guide and Ranger, is responsible for the smooth running of *The Trefoil* while it is worked on at Newhall. Gill Hook, Managing Editor and former Guide and camping enthusiast, is the day-to-day contact responsible for ensuring that all features provided are fitted correctly on to the pages.

She will be working closely with both Editor Jo Taylor and Charlotte Anslow.

Owen Moran, a keen mountain biker, and Alison Moffat, who lives on a canal boat, are your designers and responsible for ensuring *The*

*Trefoil* pages look as good as possible. And finally, the youngest member of the team, Robyn Barr, is our picture editor who receives, organises and checks the images sent for inclusion for size and quality.

Robyn has put together a handy guide for guild members who are planning to take photographs of events and meetings this year. The guide, available from the Trefoil Guild office and on the website, aims to help improve the quality of all the wonderful pictures the Editorial Board are sent to make your magazine even better in 2016.

We are really looking forward to working with you all this year!



From left, Alison, Robyn, Debbie, Gill and Owen from Newhall Publishing

## Submissions to the magazine and website

We welcome all items submitted using the appropriate pro forma. These can be downloaded from the website and sent to the corresponding email address. If submitting items for the

magazine please state whether you are happy for them to be considered for the website if there is too little space in the magazine. Submission date for the June 2016 issue is 4 April 2016.



## Your snapshots

We take a look at what guilds around the country have been up to recently



### Well travelled

The Trefoil scarf travels to the Faroe Islands. Where has your scarf been?  
**Christine Whiteoak, Skipton Trefoil Guild**



### Summer's day out

In the summer, Acorn Trefoil Guild (special needs) had a day trip to Marlow. The ladies had an enjoyable boat trip on the Thames, lunch in a cafe, a walk round shops to buy souvenirs and ice cream in the park.

**Margaret Kershaw,  
Acorn Trefoil Guild for all abilities**



### Touching moment

Members visited the new Trefoil Guild stone at the National Arboretum whilst at the Swanwick Gathering.  
**Margaret Butler, Anglia Region PRA**

### Bowling fun

Aylesbury Guild went tenpin bowling at the new local bowling alley in October. We discovered that although some were good at getting the occasional strike, or even spare, we couldn't do it every time. Our scores didn't mirror how much we enjoyed ourselves. By coincidence, the person who was first in the first game came last in the second and vice versa!  
**Beth McCunn, Aylesbury Trefoil Guild**





## Best foot forward

Sandra Robson and Lynda Barnes of the South East Herts Trefoil Guild, who do tap dancing and ballet, recently stepped up to the challenge of taking part in their local dance show to raise money for charity.

**Sandra Robson, South East Herts Trefoil Guild**



## Marvellous moorhens

These Sheffield walkers were out on their travels and stopped to admire a moorhen and her young.

**Debbie Timms, Sheffield County PRA**



## Blooming great!

In April 2014, Len Tomlinson from Cheshire Daffodil Farm gave a film show about his farm. He told us how he started growing daffodils for market, growing new and old varieties, and how he managed the land up until his retirement. When he retired, he carried on cultivating daffodils, especially the rare and old varieties. When they are all in bloom he opens up the farm for charity, giving guided tours.

**Mandy Mainwaring, Cheshire Forest North West Division Trefoil Guild**

### *Balloon creations*

It's hard not to giggle when following instructions to "Twist your nose between your ears", or "Thread your body between your legs" – even with the encouragement, "You can do it, just twist and push, it won't burst"! As part of her Bronze Voyage award, Deb Young had been learning the art of balloon modelling and was sharing the skill with us. Our balloon dogs seemed to be all different breeds, but everyone managed it. This is a really fun activity – I don't think we've ever laughed so much!

**Cheryl Greateorex, Collingwood Trefoil Guild**



### *Prickly friends*

The Manx Hedgehog Conservation Society visited Northern District Isle of Man Trefoil Guild to talk and brought two rescued hedgehogs.

**Margaret Thornley,  
North West England  
PRA, for Northern  
District Isle of Man  
Trefoil Guild**



### *You're an inspiration Jen!*

My very good friend, Marie, was diagnosed with stomach cancer in 2014. I wanted to do something to raise money for No Stomach for Cancer, the charity that supported her and so I decided to swim the length of Windermere, the largest lake in England – 10.5 miles. I fitted the training around a full-time job and family life with my husband Geordie and five-year-old son Sam. I had a great support team, including family and friends, and my physio Steve. On the day, Geordie and Steve paddled a tandem kayak alongside me. I swam the length of the lake in six hours 57 minutes and have raised over £2,000 in sponsorship!

**Jen Maddison,  
Sedgefield Division Trefoil Guild, Durham South**



## Camping clean-up

Some members of the Trefoil Guild also belong to SAGGA (the Scout and Guide Graduate Association). Ann Day, Camberley Trefoil Guild (Surrey West), and Ann Peacock, Rombalds Trefoil Guild (West Yorkshire North), attended a service camp at Girlguiding Sheffield's Outdoor Activities Centre at Whiteley Wood on the edge of the Peak District. The main task was to clear the large pond so canoeing could resume. They also painted picnic tables and a toilet block, cleaned and repaired shelters and made bat boxes.

**Ann Peacock, SAGGA**



## Good habits

Thirteen members of the Washington & Houghton Trefoil Guild love to sing, so thoroughly enjoyed their visit to Sunderland Empire theatre to join in *Sing-a-long-a Sound of Music*. They had great fun, and travelling on the Scouts minibus wearing fancy dress added to an entertaining night.

**Rita Grieve,  
Washington & Houghton Trefoil Guild**



## Glorious gardens

Returning from their action-packed holiday at Broneirion, members of Staffordshire Trefoil Guilds visited Powis Castle and enjoyed a walk around the beautiful castle gardens.

**Marilynne Stokes,  
Staffordshire County**





### *Tread carefully!*

Hants North members on a day out. Photograph by Monica Curry, PRA.

**Anneliese Barrell, South West England Region**



### *Rugged ramble*

Trefoil Guild Scotland has an active Rambling Group that meets monthly between March and October. Rambles are organised and usually led by Liz Howie, Kilwinning, North Ayrshire. This photograph is of the group on the Island of Bute in the Firth of Clyde.

**Isobel Irving, Scotland PRA**



### *Getting crafty*

Members of Hope Farm Trefoil Guild, Wirral, enjoyed decorating items with Decopatch. Picture by Debra Millican.

**Margaret Thornley, North West England PRA**

### *Tackling tricky terrain*

Six members of Moray (Elgin) Trefoil Guild enjoyed a weekend at a lodge at Badaguis, Loch Morlich near Aviemore. Sunday was beautiful and we headed for the top of Cairngorm Mountain Garden on the funicular railway. It was really blustery at the top, where we had lovely views. On our way back down we decided to visit the mountain garden, which meant a hard push to get the wheelchair up the tricky terrain.

**Carolyn Robertson, Moray (Elgin) Trefoil Guild**





## All dressed up...

At the County Fair, Trefoil Guild members from five West Glamorgan guilds prepared and served refreshments. Bishopston Guild arranged a Christmas craft stall and members dressed for the occasion.

**Mary Roberts, West Glamorgan Trefoil Guilds**



## Having a ball

Members from all over Scotland had great fun at the Garden House, Netherurd. Above, Rosemary Prentice discovers how to use the zorbing balls.

**Isobel Irving, Scotland PRA**

## Delightful dolls

Chew Valley Trefoil Guild member Pat Smith is pictured with her beautiful knitted dolls. She has been knitting for charity since her 80th birthday in 2014 and has raised £500 for Cancer Research. Pat sells her dolls in the local shop.

**Marie Pearson, Chew Valley Trefoil Guild, Somerset North**



## Just for laughs

Members of Calder Trefoil Guild, Cumbria South, took part in a Laughing Yoga session.

**Margaret Thornley, North West England PRA**

# An interview with... Angela Gorman

The CEO of Life for African Mothers tells us how it all started, the charity's impact and her future hopes

How do you save a woman dying of eclampsia? With magnesium sulphate. In 2005, a *Panorama* documentary called *Dead Mums Don't Cry* showed Dr Grace Kodindo struggling to save women in Chad who could not afford the medication. Angela Gorman, watching the programme after a 14½-hour shift as Senior Sister at the neonatal unit of the University Hospital of Wales in Cardiff, was moved to tears by the images – and the simple solution.

She emailed the programme's producers offering help and they gave her details of others who had also contacted them. After discussing it, the group decided to buy the magnesium sulphate and misoprostol that stops women haemorrhaging, and take the medicines to Chad themselves.

When I visited Life For African Mothers (LFAM) to interview Angela for *The Trefoil*,

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“The contrast between the conditions in Chad and in Cardiff, and the relatively inexpensive solution, made Angela determined to help change the situation”

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she welcomed me with a warm smile and cup of tea. The charity had moved HQ and boxes of baby clothes – many from the Trefoil Guild – were stacked everywhere, waiting to be organised.

I asked Angela what had sparked her interest in maternal mortality and she told



Angela Gorman at LFAM headquarters

me that she was already married with three children when, with her husband's enthusiastic support, she had trained as a neonatal nurse at University Hospital in Cardiff, where she grew up and still lives.

The contrast shown in *Dead Mums Don't Cry* between the conditions in Chad and those experienced by mothers in Cardiff, and the relatively inexpensive solution, made her determined to help Grace Kodindo change the situation.

The group of women that had contacted the BBC decided to set up the charity Hope for Grace Kodindo, now LFAM, to facilitate fundraising for their visit. Various organisations, including Angela's branch of Unison, sponsored them, so they were able to take equipment, drugs and donated baby clothes to Dr Grace.

After their visit, expectant mothers attending hospital for antenatal care or birth were given clothes and a blanket,

and word quickly spread. This brought in more women, resulting in safer births.

The group found hospital midwives were using techniques that had been scrapped in the West 40 years earlier – babies were removed from mothers, wrapped and laid on a cold, tiled shelf, so risking hypothermia; women gave birth lying down; the midwives didn't encourage the mothers – all things they believed were done in the West.

The group realised that in order to change the culture, they had to train all the maternity staff at the same time; that is what volunteer midwives who give up their holidays to train for LFAM now do. The African midwives were amazed that they were now being taught to do what their mothers and grandmothers had done for centuries.

In 2005, maternal mortality in Chad's capital was 14%. As a result of the group's visit, this fell to 2.3% in 2006. Once the effects of the training became known, the United Nations asked LFAM to extend their work to Liberia and other countries. The charity has worked in 12 countries over the years, with ongoing work in



Mum and baby have a better chance now



Warm clothes help make a difference

“The group realised that to change the culture, they had to train all the maternity staff at the same time”

seven. They have supplied medication, midwifery kits containing stethoscopes, gestation calculators and many other necessities, as well as hospital equipment such as resuscitation bags and masks.

Angela gave up nursing to work full time at the charity, which has just celebrated its 10th anniversary. With the help of two part-time workers, she does all the administration and negotiation required to organise the distribution of vital medicines to seven countries, with even more in the planning stage.

Although pharmaceutical companies provide free medication and regular groups of volunteer midwives travelling to train maternity hospital staff carry extra in their luggage, funds are desperately needed to transport drugs, equipment and donated clothes.

For more information on LFAM, visit their website [life forafrican mothers.org](http://life forafrican mothers.org).

**Judy Ellis** *National International Adviser*



Some of the baby clothes and blankets being handed out to expectant mums by the charity

# The last five years

Doesn't time fly! As Gill Slocombe comes to the end of her time as Chief Guide, take a look back over Girlguiding's highlights from the past five years

## 2011

We gained a new girl every hour in 2011. Thousands of you collected teabags to go into welcome bags for delegates who were representing their country at the World Association of Girl Guides and Girl Scouts (WAGGGS) World Conference in Edinburgh.

Also in the news: If you lived in Samoa or Tokelau, 30 December didn't happen! The two nations moved from east of the International Date Line to west, to make trade with their neighbours less confusing.

## 2012

The world's eyes were on the UK as the Olympics and Paralympics came to London. Our Patron HM The Queen had a year to celebrate too, marking her Diamond Jubilee. Rainbows also had a special anniversary – it was 25 years since the first units opened.

Also in the news: Despite dire warnings that experiments at the Large Hadron Collider would destroy the universe, the elusive Higgs boson was detected there for the first time in July 2012.

## 2013

Early in the year, Girlguiding dropped the 'UK' from our name, updated our strapline to 'We Discover, We Grow', and refreshed our branding.

The August Bank Holiday weekend was all about Wellies and Wristbands, our



Gill Slocombe during her time as Chief Guide



Wellies and Wristbands was a huge success

first-ever festival experience held exclusively for guiding members, and hundreds of units helped to smash a world record for the longest string of bunting over the Humber Bridge.

By partnering with other charities including AVA (Against Violence and Abuse) and Plan UK, we created Girls in Action, challenging girls of all ages to make a difference to the lives of their peers in the UK and around the world.

Following a lengthy consultation with thousands of our members, we launched our new Promise this year. Although it



no longer uses the word ‘God’ in it, all members promise to develop (or think about) their beliefs, whether they’re part of a formal religion or not.

Also in the news: The UN designated 2013 as the International Year of Quinoa.

## 2014

Happy birthday Brownies! Our biggest section celebrated its centenary, and UK units completed challenges themed around You, Community and World, based on the events of the last 100 years.

Rainbows gained a new Roundabout called All About Me, and we teamed up with Dove to help our Peer Educators launch Free Being Me, a body confidence resource and badge. Fifteen years since the last Guide uniform was introduced, we worked with young designers and our members to create a new range of items, including a long-sleeved top and a skirt.

Girls told us (through the Girls’ Attitudes Survey) that they didn’t have enough female role models, so we responded with the first Camp CEO event. Units all over the UK celebrated the Commonwealth Games coming to Scotland with the Ready, Steady, Glasgow! activity pack.

On 1 April, our offices were invaded by hordes of tiny LEGO Minifigs in guiding uniform. Thankfully our Chief Executive, Julie, was able to negotiate a peaceful solution.

Also in the news: Malala Yousafzai shared the Nobel Peace Prize with Indian children’s rights campaigner Kailash Satyarthi.



WORDS: Helen Jefferies



Girlguiding’s new London HQ opened in 2015

## 2015

As the General Election loomed, we made sure that girls’ voices were in the news through our Girls Matter campaigns. The Hear Our Voice activity pack, developed with Parliament, helped girls understand how politics affects their lives and why they should get involved.

After almost two years of renovation, Girlguiding’s London HQ was completed; a modern, fit-for-purpose building. Leasing the back half to a hotel company will generate money for guiding. The year’s event at activity centres was Magic and Mayhem, a circus-themed weekend for Rainbows and Brownies, and we launched our new five-year plan, Being our best.

Also in the news: Film fans celebrated Back to the Future Day – the day that Marty McFly and Doc Brown travel to in *Back to the Future Part II* – and wondered how much longer they’d have to wait for hoverboards and self-tying shoelaces.

## 2016 and the future

By the time you read this, we’ll have our next Chief Guide! Thank you to everyone who submitted online comments on the shortlisted candidates. An introduction to the new Chief Guide will be in the next issue of *guiding* magazine.



## Emily Banks, 2nd Devizes Senior Section

Also a Trefoil Guild member of  
'Trefs on Tour' in Wiltshire South,  
here are Emily's book choices

### Emily's favourite reading matter



*Horrible Histories  
Wales*

Terry Deary  
Published by  
Scholastic

ISBN 9781407103693

*The Tale of  
Peter Rabbit*

Beatrix Potter  
Published by  
Warne

ISBN 0723247706



*Ghosts of  
Devizes*

John Girvan  
Published by  
Girvan Publications  
ISBN 9780952595304

*Portrait of  
Wiltshire*

Steve Day  
Published by  
Halsgrove  
ISBN 1841148229



Emily has been part of the Guiding family since joining Rainbows at the age of five. She missed Brownies but moved on to Guides in the town and then The Senior Section. She's now a member of a new Trefoil Guild that was recently formed. At the start of The Senior Section's centenary year, Emily and her unit are in the process of organising events to celebrate the occasion.

Emily remembers her grandmother reading to her as a young child, and one of her favourites was Beatrix Potter's *The Tale of Peter Rabbit*. Other favourite characters included Tom Kitten, Jeremy Fisher and Jemima Puddle-Duck. When she was nine, a family visit to the Lake District was a big treat. Sadly, Beatrix Potter's house was closed, but Emily was able to visit the museum. She also has a coin from the Royal Mint commemorating 150 years of Beatrix Potter.

For a long time her interest has been in history and mystery, and her choice of books reflects this. On the history side, she is currently reading *Horrible Histories Wales* by Terry Deary. It tells the country's history from the early ages and Emily has read as far as the Tudors. It is thought Emily's family is descended from Welsh ruler Owen Glendower, and she hopes to research it.

From the mystery side, she has read John Girvan's book *Ghosts of Devizes*. John Girvan has investigated ghostly sightings in many buildings in the area, from schools to hotels.

Also reflecting her interest in Wiltshire is her last book choice, which is called *Portrait of Wiltshire*, a lovely collection of photographs taken by Steve Day.

**Emily spoke to Gillian Spriggs**

*Lizette Simpson,  
a member from  
North East England,  
introduces this  
year's GOLD  
report*

## Introducing GOLD

GOLD is a sought-after, adaptable, resource that can be found all over the world. Nope, I'm not talking about the precious metal – I'm talking about Guiding Overseas Linked with Development.

My GOLD journey started at a campsite in the middle of London (which sounds like an intro to a good campfire song!). I have travelled as far west as Guyana to support an environmental project and as far east as Sri Lanka to provide training in leadership skills.

GOLD has helped me develop many skills, from the art of delegation to risk management, as well as improving personal qualities such as listening and understanding. This has helped my career in the banking industry, particularly in relation to project and stakeholder management.

Within guiding, GOLD has really opened my eyes to the value of good training and the benefits it reaps. So I have started the next stage of my GOLD journey by

becoming a trainer, so I can inspire and revitalise enthusiasm for good guiding.

As a member of Trefoil Guild, I also have plenty of opportunity to challenge myself, from horse riding to the dreaded 'C' word (craft)! It is our love of guiding that brings us together, but it is our shared experiences that make us friends.



## ***GOLD in Rwanda 2015***

Lizzy and team head the inaugural partnership visit to the African country



“Mwaramutse” from Emma, Grace, Jess, Kate, Lizzy and Sarah! We were excited to be the first GOLD team to work with the Association des Guides du Rwanda (AGR).

We travelled to Rwanda in August 2015 to deliver training on seven topics based on AGR’s National Training Scheme – Guiding Values, Training Techniques, WAGGGS, Safeguarding, Managing a Unit, Leadership, Women’s Rights and Songs and Games.

We began by delivering a three-day residential training course to guiding members aged 17 to 23 who represented the 30 guiding districts in Rwanda. We focused on Guiding Values and Training Techniques, exploring the role and skills of a good trainer and the importance of the guiding Promise, Laws and values.

We then looked at Leadership and Managing a Unit – participants were able to practise their teamwork and leadership skills and find ways of involving younger guiding members in decision-making. Finally, we provided training on Women’s Rights and Safeguarding.

For the second part of the project, we trained 15 members of the National

Training Team on the same topics, but we adapted our training plans to ensure that they were challenging to even the most experienced AGR members.

For the final part of the project, we travelled north to Gisenyi for the Annual AGR training camp with Guides (aged 15 to 18). We were woken by the mosque’s call to prayer at sunrise and then a whistle to get us out of our tents for an hour of songs in the local Kinyarwanda language before breakfast.

Our first session was on Guiding Values and WAGGGS. After talking about the meaning of the trefoil, we made trefoil hats out of paper plates, which was a big hit with all the participants.

No camp is complete without a campfire and lots of singing!

Our three weeks in Rwanda flew by. We delivered training to more than 400 members of the Association des Guides du Rwanda.

Training was lots of fun and we were thrilled with the positive feedback from the participants, particularly their enthusiasm to share our training with their guiding units and districts.

On behalf of my team, thanks for the generous grants – we are most grateful for the Trefoil Guild’s support.

**Lizzy Adam**



*“No camp is complete without a campfire and lots of singing!”*



## GOLD in Cambodia 2015

### Communication, good leadership and trafficking were on the agenda

After a gruelling selection process, three briefing weekends, phone conferences, fundraising and a lot of packing, we found ourselves at Heathrow Airport ready for the adventure of a lifetime in Cambodia. During our time there we would spend three weekends in Phnom Penh and weekdays in the provinces in order to have the biggest impact possible.

At the weekends we were joined by the leaders and a few commissioners of Girl Guides Association of Cambodia (GGAC). We first focussed on confidence and the principles of guiding. Once the women started to communicate more openly, we introduced communication skills and conflict resolution. We noticed that Cambodians tended to avoid conflict and as a result, younger leaders could find it difficult to communicate with a more senior, authoritative figure of guiding.

The GGAC has 4,551 members but has difficulties recruiting, as many girls join the more recognised, government-backed Girl Scouts. With recruitment sessions planned, we discovered that the leaders attending had little influence on overall marketing of GGAC, so we changed

*“Younger leaders could find it difficult to communicate with a more senior figure”*

our focus to leadership, as this would make a difference to those in attendance.

During these emotional sessions we learnt that guiding in Cambodia is very important, with leaders explaining their role in teaching girls about topics such as hygiene and trafficking. We discussed the qualities of a good leader and explained

to them that they were already doing a fantastic job in helping girls.

During the weekdays of our project, we stayed with local people, trying the local foods and sleeping in local houses on stilts.

During our training on confidence building, communication, principles of guiding and teamwork, we noticed the more timid nature of these women.

We spent much time playing ice-breaker games in order to help them to feel more comfortable expressing themselves.

The women really enjoyed the games, as they helped them feel more confident – and they could go on to play them with their own units.

One afternoon, we were lucky enough to get a bit of time with some Dragonflies (Cambodian Brownies), playing games and singing songs. Hearing their giggles when competing in a balloon relay race will stay in my memory for many years!

**Katy Millgate**





## ***GOLD and Trefoil Guild***

Guiding Overseas Linked with Development (GOLD) enables young women who are aged between 18 and 30 to develop their potential and make a difference in the world

It's a fantastic opportunity for Girlguiding members to travel overseas, improve their skills, experience an amazing new culture and know that they're having a long-term impact.

GOLD works in partnership with Guide Associations around the world, and projects vary depending on what is needed by the local community and Guiding Association. They could involve providing training on leadership skills, running health and well-being schemes for young women, developing resources and programmes, or supporting the creation of new sections.

GOLD is 25 years old this year; since 1991 the projects have been making a difference in more than 30 countries in Europe, Africa, Asia and

South America, and more than 500 members have taken part.

Trefoil Guild supports GOLD participants by offering them a grant of 20 per cent of the basic cost of the trip, which makes a huge difference to the young women.

If you're interested in participating in GOLD 2016, apply for a place at the Go for GOLD selection weekend. Find out more about the weekend and how to apply on the Girlguiding website.



**GUIDING FOR ADULTS**  
**Trefoil Guild**



## Brave duo

Janet Andrews (left) and Sue Parsons (right) from Hampshire West recently received their badges and certificates at a regional award event for each donating blood at 100 sessions. Well done, ladies!



## Thank you!

Doris Watt of the South East Herts Trefoil Guild, is the first Hertfordshire recipient of the newly launched Trefoil Guild Thank You brooch, in recognition for her services to Girlguiding and the Trefoil Guild.

## New Year's Honours

Congratulations to the following members who were all awarded the British Empire Medal (BEM) in the New Year's Honours list: Margaret McAdam of Portadown Trefoil Guild, Anne Lampson of Axbridge Trefoil Guild, Dilys Roberts of Rhyl Trefoil Guild and Elizabeth Cunningham of Fermanagh Trefoil Guild.

## Gold Voyage Awards

Congratulations go to Grace Bristow of Burwell Trefoil Guild in Cambridgeshire, Mary Louise Harpley of North West Norfolk Trefoil Guild and Rozz Wing of Cherwell Trefoil Guild, Oxfordshire, who have all gained their Gold Voyage Awards.



## Jane has award all sewn up

During a quiz night and cheese & wine evening, Dumfriesshire Trefoil Guild were delighted to present Jane Murray Flutter with her Gold Discovery Award, for which she had completed a magnificent hand-stitched quilt. We were in awe of her handiwork and skill!

*Have you received an award, or know someone who has? Why not shout about it? Send the details and a photo to The Trefoil. Contact details on page 2.*

# Meet a guild

Frances Parrett helps us get to know two more of our UK guilds

## Tettenhall Trefoil Guild

Every Trefoil Guild is different – some are new and consist of young women who are busy leaders and mums, while others have been meeting for many years. Many guilds have a wide range of ages – from 18 year olds to 70+ ladies who enjoy each other's company, attending as many of the activities as they can.

One such guild is Tettenhall Trefoil Guild in Wolverhampton, whose members have many years of experience in Girlguiding.

Eirlais has managed to fit guiding into her life alongside her role as Head of Music at a girls' school. She is now President of Girlguiding Tettenhall and Chairman of a county committee.

Another member, Marion, is a Scot who spent most of her life moving around the world with the RAF. Her daughters were Guides, but she only became involved when she moved next door to Eirlais, and it wasn't long before she became a Guide Leader. Val is currently a Ranger Leader, County International Adviser



Talented members help out at many events

and is also working for Guide Dogs. Vicky is a new mum who somehow fits in being a Brownie and Guide Leader with being a nurse.

This guild's programmes must be very rich, as their members include a dressmaker, a flower arranger, several crafters, an embroidery guru and a wonderful range of musical experts.

Members enjoy getting out and about and can be seen bowling, eating ice cream at the seaside and having a great time at the national Annual Meeting, but they are also helping with county, district and division events.

Tettenhall Trefoil Guild is probably just like your guild – maintaining friendships, sharing skills and generally enjoying the fun that Girlguiding and the Trefoil Guild offer.

It was lovely to meet you all, Tettenhall Trefoil Guild!



A well-deserved ice cream for some members



The guild has dedicated members of all ages



## Spa Trefoil Guild

Spa Trefoil Guild was set up in Cheltenham in September 2014, aimed at students of the University of Gloucestershire and local Girlguiding members. Students who are involved in units at home don't always have time during their studies to make a weekly commitment, so the guild was set up as a social group to enable members to make new friends, try new things and support guiding locally.

Grace says, "When I heard about the new guild I was really excited to join. I was in my first year at university and it was a great way to make new friends as well as feel more connected to the wider guiding community."

Caz agrees, saying, "Meetings give everyone a rare chance to relax and an escape from work and studies. We've had a chocolate evening (and I have to



Finally getting a photo with Shaun the Sheep

say that a game of chopstick Maltesers is definitely recommended!) and hosted a fundraiser for the local barn owl centre – in the students' union bar!"

Getting the guild established has involved drumming up new members at the university's Freshers' Fayres and enjoying lovely new red hoodies. A day was spent hunting Shaun the Sheep in Bristol while getting to know each other better. Map-reading skills came into their own, while getting a photo taken with Shaun while others wanted to do the same proved another challenge! The crocheted one was the favourite while the Bagpuss one was the hardest to find.

Members of Spa Trefoil Guild have been planning this year's Thinking Day celebrations for the district – two activity days, one for Brownies and Rainbows

and one for the Senior Section and Guides.

These young members are certainly 'giving support' and 'getting involved'!



Arty members enjoy their lovely red hoodies!



New members drive



The guild is a great place to make new friends



# International Outlook

from Judy Ellis,  
*National International Adviser*

## Guiding around the world

February has always been an exciting month to me, ever since I first joined Brownies years ago. All the preparation for Thinking Day – learning lines for the candle ceremony, cleaning pennies with Brasso. Then later wearing a Guide uniform to school made me aware that there were Guides all around the world, and this led to my lifelong interest in international guiding.

### WAGGGS world centres

Even in the 1950s, we knew about Our Chalet and Our Ark, but would never have dreamt of staying at World Centres in India and Mexico. Now we have a fifth World Centre – Kusafiri, ‘to journey’ in Swahili – which travels around Africa as different associations host WAGGGS events.

The World Centres have to pay their way, and there have recently been changes in the way some are managed. Our Cabaña is still owned by WAGGGS but is now run by Guías de México to cut administration costs. Their new manager, María José, is increasing links with the local community and the programme now works with victims of domestic violence in women’s refuges, and has expanded its themed



tours to include wine and cheesemaking. Despite being in an excellent location in Hampstead, Pax Lodge is half empty during the week, but plans to let vacant rooms to non-members will generate more income. To ensure groups can be secure, new electronic entry systems are being installed that will have keys programmed to limit areas of access.

### World Thinking Day fund

Last year Trefoil Guilds sent more than £5,300 to the World Thinking Day Fund from fundraising at World Thinking Day celebrations. To see how this was used, go to the WAGGGS website at [waggs.org/en/resources](http://waggs.org/en/resources) and search for world-thinking-day-fund-infographic-2010-14.

### TOPAZ

TOPAZ (Trefoil Overseas Partnership Adventure with Zest!) is progressing well. We held an excellent selection day in October, which was attended by seven applicants and those who couldn’t make it were interviewed via Skype.

Eight members were invited to join the Action team and will travel to Russia later in the year. They are Maggie Cook, Susan Nicholls and Rosie Spence from South West England, Jenny Davies from Wales, Faith Dexter and Jenifer Dore from LaSER, Muriel Rayner from Midlands Region and

Elizabeth Higton from Scotland. Together with their Russian counterparts, the team has begun planning how they will work together to spread Girl Scouting into new areas of the country.

Meanwhile, the Scheme team, which will be responsible for developing TOPAZ during the next few years, will meet soon.

The team will have a rolling membership so that all countries and regions will have a place on it over the next few years.

Currently, the team are Jean Owen from Midlands, Lizette Simpson from North East England, Robbie Hill from South West England, Sue Storer from TGIFC and Jill Stott from Wales.



Action team Maggie, Susan, Rosie, Jenny, Faith, Jenifer, Muriel and Elizabeth will head to Russia

## Around the guilds

### Travellers' tales

Adventurous members visited Sangam in India and travelled to Holland, the USA and Finland. Even those who didn't physically visit new places have done so via the stories and photos of others, hearing about Burma, the Holy Land, Malawi and the Arctic Circle.



### The Belarus connection

TOPAZ Scheme team member Robbie Hill visited Belarus to keep up the link between Hampshire North County and the Association of Belarusian Guides. She visited a camp (above right) where the children were fascinated to have an English lady in their midst, and went to Mir Castle in Minsk (right) with Olga Vikhara, President (equivalent of Chief Guide) of the Belarusian association.





## Programme ideas

with Ann Hall,

National Programme and Development Adviser

*Large or small, every guild is unique! Here are some ideas to bring out the best in your members*

### Your guild may be large or small:

- You may meet in the day or the evening.
- You may meet regularly every month, every fortnight or whenever best suits your members.
- You may meet in members' houses, in a regular meeting hall, or at different places for different activities.
- You may be a specialist guild that meets to walk, craft or sail, or for some other shared interest.

- Some of your members may belong to more than one guild.

The list of differences is endless, but we all share the strapline 'Guiding for Adults' and the aims of the Trefoil Guild – to keep alive the spirit of the Guide Promise and Law, to carry that spirit into the community and to support Girlguiding. There are no hard and fast rules about

how you organise your meetings, and the format will vary with the programme.

Even if you are a very small guild you can still try to make your meetings interesting and appealing, find friendship, get active, get involved and have some fun.

If you are stuck for ideas here are a few to get you going!

### Use the talents of your members to:

- Share and talk about favourite music, books or TV programmes.
- Share travel tales.
- Bring along a treasured possession and tell its story.
- Share recipes – with tasting of course!
- Teach or share a new craft.
- Have a plant swap or share cuttings of favourite plants.



Go to somewhere you've never been before



Share makes and bakes – over a cup of tea





Find out about TOPAZ or the Voyage Award

- Hold a 'Ready, Steady, Bake!' meeting.
- Have a games evening, eg Snakes and Ladders, Uno, Dominoes or Tiddlywinks.
- Revive an old skill, eg rag rug making.
- Share your Guiding memories on a particular theme, eg camps, pack holidays, badge work.

## Get out and about to visit:

- An historic building.
- A different place of worship.
- The local TV or radio station.
- A cinema – there are now many community cinemas springing up.
- A canal boat or heritage railway.
- A local Guide campsite or Brownie holiday house.
- An arboretum.
- A garden centre or country park.
- Another guild – or share an outing with them.
- Have a 'bus pass' meeting!

## Stay in and try something different:

- Order a takeaway to share.
- Invite a local Rainbow, Brownie, Guide, or Senior Section Leader to tell you about today's programmes.
- Invite Guides or Senior Section members to help you with mobile phone, computer or iPad skills.

- Learn more about the Voyage Award from your Programme Adviser or County Chair.
- Invite along someone who has gained a Voyage Award to tell you what she did to get it.
- Find out about TOPAZ (Trefoil Overseas Partnership Adventure with Zest).
- Invite Girlguiding or Trefoil Guild members who have been on international trips to tell you about their experiences.
- Compose a letter, take a photograph or write something about your guild and send it to *The Trefoil* magazine!
- Create a display – on card or computer – showing what your guild has done.
- Have a 'bring two friends' meeting and make them really welcome.

## When planning your programme:

Remember to 'look wider', as Robert Baden-Powell said – magazines, libraries and, of course, the internet are all brilliant resources. If you are able to access the members' area of the Girlguiding website ([girlguiding.org.uk](http://girlguiding.org.uk)), take a look at the activities section on there – it has plenty of ideas for all sections that can be used or adapted for your members.

If you remember our four key messages... Find friendship, Get active, Get involved, Give support ...your programmes should have something for everyone and could even bring in some new members.

## Your letters

Find out what other Trefoil Guild members have on their minds

### Raising spirits with hospital visits



As hospitals become increasingly more centralised and specialised,

I think we may have an opportunity to help each other even more than we do already. It occurs to me that some of our members may be sent to hospitals quite far from home, family and friends and that friends in Trefoil Guild could fill the gap.

I have discussed this within our county and they agree it is workable.

My plan is that each county has a named contact to be alerted if a member from another county is sent to their local hospital. This person will have a contact for each hospital in their county who can then ask members locally if they are able to visit. Perhaps a list could be kept by each Region?

I don't suppose there will be hundreds of people in need of this service, but it could be very helpful in raising the spirits of patients and setting at rest the worries family and friends may have when unable to visit often due to distance and time.

What do other Trefoil Guild members think?

**Annette Scholes, Chairman,  
6th Nottingham Trefoil Guild,  
6thnottinghamtg@gmail.com**

*Editor's note: Ideas for Trefoil Guild can be passed to your country/region chairman or council member for discussion at national level.*

### Uniform is not an essential



I was surprised to read in the November edition of *The Trefoil*, on the page facing p20, 'Trefoil Guild Essentials' in large print, advertising items of clothing.

According to the Trefoil Guild constitution we are a non-uniform organisation, so no items of clothing should be considered 'essential'.

I was disappointed recently when speaking to a fairly new member of Trefoil Guild who excitedly told me that she now had her 'uniform' as instructed by her guild chairman. Perhaps we should make the constitution more widely read, then we could all be singing from the same hymn sheet?

**Brenda Parke, Newcastle West Trefoil Guild**

*Editor's note: Essentials is the name of the trading magazine and the clothing is not intended as essential for Trefoil Guild members.*

*Thank you to the many Trefoil Guild members who wrote to express their appreciation of the Facebook page for Discovery & Voyage Awards, which is featured here in the following letters*

### On a roll for Bronze award



I just want to write to say how important the Facebook group Trefoil Guild & Girlguiding – Discovery & Voyage Awards support group has been.

My friends and I were the first people in Jersey to start on the Voyage Award and it has been great to be able to have our questions answered (often within



Nicky and Yvonne enjoy a welcome bacon roll

seconds!), and we just wanted you to know you are on the right lines.

We have had so much fun along the way and it is really lovely to read other people's stories.

The photo above is of Yvonne Mundy and I having a bacon roll after a long walk discovering our island for our Bronze Award – while walking we were chatting so much we missed a turn and ended up going even further than planned, so the bacon was well deserved!

As much as the support is great, I just like looking at everyone else's posts as it reminds me that I am part of a wider group of like-minded ladies just having fun!

**Nicky Maindonald, Jersey Trefoil Guild**

## Inspiration and support

I just wanted to say what a huge help Trefoil Guild & Girlguiding – Discovery & Voyage Awards support Facebook page has been to me. Not many in my own guild are doing this award and so it's been nice to touch base with other members who are doing it, and with whom I have exchanged ideas and encouragement. Joining this group

has also inspired me to help with organising a weekend at Pax Lodge in January for those doing the award.

**Tigi Higgins, Yeo Vale Trefoil Guild, Somerset North**

## Girlguiding memorabilia



I started the Voyage Award in 2013 and was, I believe, the first person in Sarum Trefoil Guild to do so.

I joined the Trefoil Guild Facebook page in order to meet other like-minded members, and have found it extremely interesting to read about what others are doing in their guilds. There are lots of good ideas appearing. From that page I have now also joined the 'I like Girlguiding History' one as well.

I am about to complete the Silver Award and go on to the Gold and I have been encouraged by these pages to sort out all the Girlguiding memorabilia I have accumulated over the years and catalogue it. Maybe at some time in the future I may be able to present the information for others to use before it is too late? I have already added a picture of me as a Cadet in 1963 to the Trefoil Guild Facebook page and plan to scan in a few more later.

Keep up the good work everyone.

**Elaine R Harrison (nee Ogg),**

**Sarum Trefoil Guild, Wiltshire South**

*Please send your letters to:  
Trefoil Guild Office, Girlguiding  
17-19 Buckingham Palace Road  
London SW1W 0PT or  
Email: [thetrefoilmagazine@girlguiding.org.uk](mailto:thetrefoilmagazine@girlguiding.org.uk)*

# Happiness is... Wellies and Wristbands!

This annual festival-style event sees Guides and members of The Senior Section with their Leaders enjoy dancing, music, high-adrenaline activities – and much more



Talented singers and musicians entertained

At Wellies and Wristbands, gaggles of excited Guides and members of The Senior Section – all wearing bright matching sweatshirts or spotty dog onesies and orange identification lanyards – could be seen setting off for a huge variety of activities, from fencing to hot tubs, from crafts to canoeing... not to mention spinning around in zorbing balls!

As the evening arrived, the smiling youngsters became devotees of the young talented singers and instrumentalists who gave their musical all on the professional stage. The Guide audience put so much energy into singing, dancing and jumping the evening away, and a great time was had by performers and audience alike.

These pop fests for Guides and The Senior Section are great fun – but a lot of work for the volunteers who spend weeks getting the admin right, and the army of

volunteers who give up their Bank Holiday weekend to make it all work smoothly.

Trefoil Guild members were at both venues, supporting Girlguiding, working hard right through the event – checking in the 2,000 participants, providing a swap shop for activities, giving the girls craft activities, running drumming workshops and the tea shop, serving at the Night Café and coming with their own units.

One member who has to be mentioned is Carole Comber of Romney Marsh Trefoil Guild. She and friend Nina could be seen

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“The Guide audience put so much energy into singing, dancing and jumping the evening away, and a great time was had by performers and audience alike”

---



Henna tattoos were popular with Guides



Lots of goodies on sale at Waddow



organising the gigantic dining room, controlling the litter, sorting out the toilets – they worked their socks off all day, every day, so it was especially great to see Carole and the other team leaders being thanked on the stage for all their hard work over the weekend.

If you were thinking of coming as a volunteer, you don't have to bop the night away every evening. Whatever your talent, it would be valued at Wellies and Wristbands. So why not come and join the fun in 2016 during the August Bank

“If you were thinking of coming as a volunteer, you don't have to bop the night away every evening. Whatever your talent, it would be valued at Wellies and Wristbands”



Creating friendship bands was a fun activity

Holiday at either Foxlease or Waddow? For details go to [girlguiding.org.uk](http://girlguiding.org.uk) and search for Wellies and Wristbands.

Don't forget there are other volunteering opportunities available at local, regional and national level – for example, as a steward or selling merchandise at the Big Gig, or at Spark, the launch of The Senior Section birthday celebrations. Check out [girlguiding.org.uk](http://girlguiding.org.uk) for the latest news.



## Would you like to take part in the 2017 TOPAZ project?

**The briefing/selection day for members who would like to join the 2017 Action Team will be held on Saturday 17 September 2016 from 11.00 until 16.00.**

The venue will be confirmed with your invitation to attend.

The scheme is open to anyone who has been a member of the Trefoil Guild for at least a year, but you must attend the briefing/selection day to be considered for the team.

Application forms and more information about the project are available on the website.

### All the team members should have:

- Enthusiasm – for the project, for working in the team and working alone
- Experience of working to a deadline
- Time – at least one weekend and continuing work at home
- Computer literacy
- Patience
- A sense of humour
- A willingness to learn about RADS programme and training scheme
- An open mind.

# One year on

Pat Downer updates us on the Trefoil Guild forward plan

The plan was divided into three parts:

- 1: Review our organisation structure and support networks to include a digital strategy.**
- 2: Grow our membership while retaining our existing members by offering an exciting programme.**
- 3: Develop our four key messages.**

## 1: Structure and support

At national level we have held training and debated the role of trustees and governance, and the next stage will be to set up a small group to evaluate how we work at present and make recommendations for our future.

Work has started on our digital strategy, and those who wish to pay their subscription online will probably be able to do so from 2017.

Good communications are essential if we are to succeed, and a new website is being launched very soon.

## 2: Membership

Our biggest success in recruiting new members, particularly younger ones, is via the Voyage Award.

TOPAZ has moved on and we have selected eight members who will travel to Russia in 2016. The planning team is hard at work helping these members. We look forward to hearing about their experiences and are planning for a second group to visit



in 2017. To find out more details have a look at page 33 or the website.

We have also produced a Thanks and Recognition brooch and certificate to express gratitude for support of or recognise involvement in Trefoil Guild. This complements the Silver brooch that is awarded to members for an exceptional contribution to Trefoil Guild.



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“Let us all tell the world about what we do and achieve, and raise our profile so more people want to join”

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Find friendship

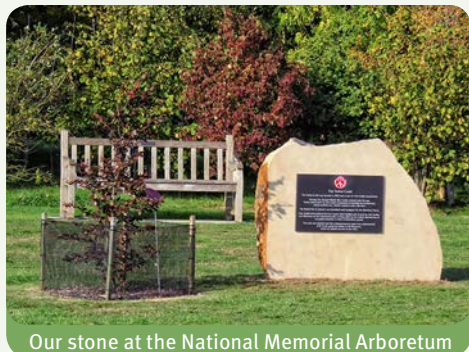
Get active

Give support

Get involved

## 3: Key messages

Our key messages, above, provide the framework for all we do in our guilds, the community and in supporting charities. Let us all tell the world about what we do and achieve, and raise our profile so more people will want to join. Our new website will have details about our events, so we hope more will be encouraged to take part in the fun and friendship we all love.



Our stone at the National Memorial Arboretum

## Your questions answered

### Money matters

We are often asked why members have to pay a subscription to both Trefoil Guild and Girlguiding.

An association for adults, Trefoil Guild is a branch of Girlguiding and we have to pay for our own administration and organisation, hence a subscription is levied from every member. Those adults who also volunteer for Girlguiding pay a subscription for their administration, which is a bona fide claim on unit

expenses and so should not amount to a Trefoil Guild member paying two subscriptions themselves. Simply, if you choose to belong to two clubs you have to pay two subscriptions.

### Remembrance query

We are often asked about the National Memorial Arboretum in Staffordshire. In the past we did have a garden on the site. Unfortunately, this plot and number still exists on the printed leaflet despite many attempts to get it removed. We have a new stone and tree and our benches have been moved nearby – a quiet place for reflection is now to be found alongside the river.

### Anniversary highlights

Plans for our 75th celebrations are well in hand, and the table below will give a flavour of what has been planned, when the events are taking place and when information about them will be available.

Event	Date	Details Available	Who Organises
RDA fundraising	2018	June 2017	Local
Rose bush	2017-18	Summer 2017	Buy direct from Harkness Roses
Merchandise	2018	Autumn 2017	Trading
Logo/badge	2018	Autumn 2017	National
Annual meeting	June 2018 in Birmingham	Tickets available via office December 2017	National
Musical celebration	June 2018 in Birmingham	Tickets available via office December 2017	National
75th Challenge	Oct 2017 - Dec 2018	Autumn 2017	National
Resource pack for Celebrate Together	Oct 2018	December 2016 issue of <i>The Trefoil</i>	Local
European river cruise	Summer 2018	As soon as available	Venture Abroad
75-mile walk	7-16 September 2018	Autumn 2017	National

## How to... use Twitter

Discover tweeting with Charlotte of the Trefoil Guild office

### Twitter terminology

**Handle** – The name you are known by, preceded by the symbol @.

**Tweet** – A message of 140 characters or less posted by users.

**Follow** – Add a user to your feed so you can see what they tweet about.

**Feed** – Where all tweets from the users you follow are collated.

First you need a Twitter handle – it does not have to be your own name, it can be an alias. This is how you will be found on

Twitter and will enable you to follow others. Sign up at *twitter.com*.

Once you have an account you'll be able to search among the thousands of users to personalise your feed, as well as tweeting about what you've done.

The @TrefoilGuild tweets contain information about events, decisions by the Executive Committee, new policies and lots of the amazing activities that our members get up to!

See you on Twitter soon!

## Classified

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# Classified

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## BRONEIRION

Home of  Girlguiding Cymru



Broneirion in beautiful Mid Wales available to hire for groups of all sizes, all year round both catered and self catering. Lots of facilities on site to keep you entertained plus the most breath taking places to explore in the local area.



### Broneirion Holiday August 8th–12th 2016 £340pp 4 nights full board

Visit historic Abbey Cwm Hir, explore New Quay, the home of Dylan Thomas and go dolphin spotting. Spend a lovely day exploring the Andrew Logan Sculpture Museum and Montgomery Town



### Countdown to Christmas Holiday November 14th–18th 2016 £340 pp 4 nights full board

Join us for a week of all things Christmas, Upcycling Craft, Glass Design, Cake Decorating, Card Making and lots more



(£5 pppn single room supplement)

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## Discover Lorne 2016

As 2016 will be Northern Ireland's year of 'Food and Drink', you are invited to come and experience the wonderful cuisine on offer from around our shores



For those of you who missed out last year, we have held this year's prices at £335, so your 12-15 September 2016 holiday is even better value than ever!

✠ The itinerary includes: Tour of Bushmills Irish whisky Distillery and of the vibrant city of Belfast.

✠ A visit to the ancient Abbey of Bangor followed by a stroll in the Ward family walled garden.

✠ A tour of the Queen's official residence at Hillsborough Castle followed by a lovely lunch at The Plough, an award-winning pub.

✠ A visit to the Titanic Exhibition followed by a sumptuous 6-course

evening meal. Diners are invited to recreate the ambience of the era.

✠ A full day excursion taking you along the stunning Antrim Coast Road to visit the World Heritage Site of the Giant's Causeway.

For booking details please contact Customer Services:

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8 April 22 June 15 September	<b>Royal Parks Ramble</b> A self-guided tour of London's Royal Parks, followed by a tasty cream tea at ICANDO.	ICANDO
9-13 May	<b>Young at Heart</b> Make the most of Waddow's famous activities, including guided walks, dancing and yoga.	Waddow Hall
3-5 June	<b>Musicals Show Weekend</b> Songs and dancing from your favourite musicals.	Foxlease
2-4 September	<b>60s Weekend</b> A musical tribute to the icons of the 1960s music scene.	Foxlease
5-9 September	<b>Food Glorious Food</b> Delicious demonstrations and tempting tastings in the heart of the Ribble Valley's food capital.	Waddow Hall
21- 23 October	<b>Christmas Cake and Table Decoration Making</b> Make, bake and take home some festive treats.	Foxlease
31 October- 4 November	<b>Hags and Heritage</b> Discover the history and heritage of Waddow Hall and the surrounding area, including the famous Pendle Witches.	Waddow Hall
25-27 November 9-11 December	<b>Tinsel, Turkey and Shopping</b> A Christmas break filled with carols, mince pies and an escorted shopping trip to Southampton.	Foxlease
2-4 December	<b>Victorian Christmas Show Weekend</b> A traditional festive celebration featuring carols, costumes and possibly some snow!	Foxlease

**Foxlease** - 023 8028 2638, [foxlease@girlguiding.org.uk](mailto:foxlease@girlguiding.org.uk), [www.foxlease.org.uk](http://www.foxlease.org.uk)

**Waddow Hall** - 01200 423186, [waddow@girlguiding.org.uk](mailto:waddow@girlguiding.org.uk), [www.waddow.org.uk](http://www.waddow.org.uk)

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Blackland Farm



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# Foxlease

- In the heart of the New Forest.
- Wide range of on-site activities available from archery and fencing to kayaking and orienteering.
- En-suite, self-catering and camping available.
- Organised breaks available including a variety of craft and hobby workshops.

Foxlease



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# Waddow Hall

- In the beautiful Ribble Valley.
- A variety of on-site activities from archery, kayaking and climbing to orienteering, pond-dipping and croquet.
- En-suite, self-catering and camping available.
- Organised breaks available including a variety of activities and workshops.

Waddow Hall



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