The Trefoil

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The Chairman writes...

Hello everyone,

I am writing this having just returned from a wonderful Annual Meeting in Derry/
Londonderry. It was amazing to be with 1,000 other members of our great organisation. A huge thank you to the Ulster team for their warm welcome.

During the meeting, we said our fond farewells to Brenda Parke and thanked her for the time and support she has given as our President. I was then delighted to introduce Liz Burnley as our new President. Many of you will know Liz as a former Chief Guide and a member of Trefoil Guild. We look forward to working with her again.

At the meeting we held a retiring collection for Guides and Scouts in Nepal to help them continue the wonderful work they are doing to help make life a little easier for many of the people who were affected by the recent earthquakes. I am thrilled to tell you that we will be sending £2,700, thanks to your generosity.

If you haven't been to an Annual Meeting, it is great fun. You can read all

about this year's meeting on page 4, and you can visit www.ventureabroad.co.uk/ trefoil.php to see a Venture Abroad representative's blog of her first experience of Trefoil Guild.

Since our last edition, I have been delighted to present the first Gold Voyage Awards – what a wonderful achievement for these members! We have also launched TOPAZ, our international partnership opportunities open to all ages. See page 26 for details.

On the Noticeboard (page 6) you will see a competition to design a new scarf for our 75th birthday celebrations.

I hope you all manage to find some time this summer to recharge your batteries for the year ahead. For those off on holiday or camp with your units, have a wonderful time – and inspire a few more Leaders to join us for the fun and friendship we offer! Best wishes,



National Annual Meeting in Derry/ Londonderry

Members were delighted with the warm welcome given to us by fellow Trefoil Guild members and the Derry/Londonderry folk at June's national Annual Meeting in Northern Ireland's second largest city.

We were greeted by weather that encompassed almost every season but this did not dampen Trefoil spirits as members renewed acquaintances and struck up friendships.

On the Friday evening, while others wandered the city and settled in to their hotel rooms, some members attended a civic reception in the Guild Hall. We were greeted by the City of Derry and Strabane District Council's First Mayor, Elisha McCallion – a young, energetic woman who welcomed us to the city and said how delighted she was that we had chosen it to host this meeting. Elisha stayed on into the evening, chatting to members and explaining how she fits in her role as mayor with bringing up three young children. Everyone was very impressed with her enthusiasm and commitment to her new role.





Saturday was cold, wet and windy, but this did not stop Trefoil Guild members taking a guided tour of the city. Derry/
Londonderry sits perched on a hill, on the banks of the River Foyle and wound around by the amazing city walls – the only in Ireland never to have been breached, withstanding several sieges including one in 1689 which lasted 105 days. The members fought the strong winds and icy rains to walk the walls, and came upon the Apprentice Boys marching – an event which, in the past, sparked off the Battle of



Watch out Derry! You are about to be invaded by the Trefs! You'll not be the same again!

Lin Pratten (West Wiltshire)



Bogside, but on this occasion, brightened everyone's mood!

Later, the much-anticipated meeting was held in the modern Millennium Forum Theatre. The building was packed with 1,000 members, all keen to hear from our new National Chairman and to say a fond farewell to Brenda Parke, President for the last six years. We heard the wonderful news that Liz Burnley, former Chief Guide, is our new President. We also enjoyed hearing from, among others, Chief Guide Gill Slocombe, Ulster Chairman Margaret Crawford, National Treasurer Anne Worswick and guest speaker Dame Geraldine Keegan.

Dame Geraldine is former head teacher of the city's St Mary's College – one of Northern Ireland's most successful schools. She chose not to talk about education but instead entertained us with tales of her travels to Mongolia. The presentation included advice about cultural differences (never, she advised, touch another person's hat in Mongolia), delightful photos of Mongolian wildlife and encouragement to us all to hope for a bright future for the country.

In the evening we were entertained, again at the Millennium Forum Theatre, with an evening of 'Irish culture and craic'. It was introduced by comedian William Caulfield, and we were enthralled by the singer/songwriter Eilidh Patterson, The Walled City Tattoo dancers, the Londonderry Musical Society and Britannia Concert Band.



Many members delayed their return home to enjoy Northern Ireland's beautiful coastline, including a trip to Giant's Causeway, some 45 miles from Derry/Londonderry.

Here, the sun shone and members enjoyed the fresh air and marvelled at the 40,000 interlocking basalt columns, the result of an ancient volcanic eruption.

The overwhelming feeling members took away was how welcoming the people of Derry/Londonderry had been. We were stopped in the street, hugged as coaches were loaded and asked to come again by shopkeepers. The city itself was delightful, and everyone we spoke to would recommend it as a place to visit.

Next year's national Annual Meeting will be hosted by North East England and will be held in the beautiful town of Harrogate – see you there!





We walked the wall and had a lovely weekend too.

Margaret Mitchell (Blakewater Trefoil Guild, Lancashire)

Introducing TOPAZ

We are trialling an exciting new international experience. Please turn to page 26 for more details.

Helping Girlguiding

We would like to hear about how your Trefoil Guild helps Girlguiding. Lots of Trefoil Guild members are Leaders, but many others also contribute in various ways. How does your guild step in to help make things happen? We are particularly interested in any work you do with The Senior Section. Your letters, articles and photos are needed for The Senior Section's Centenary in 2016.

When I was a Ranger/Young Leader

Do you have memories of being part of The Senior Section? Please tell us about any amazing experiences you had.

When I wore my pin (or scarf or top)

I was on an aeroplane returning from USA to England and was wearing my Trefoil Guild

Badge. The gentleman sitting next to me said, 'Have you ever been to Waddow?' So of course I said, 'Yes' and it turned out he lived in Clitheroe. We had an interesting chat during the journey. Small world!

Margaret Bruce, Leeds West Trefoil Guild



Chew Valley Trefoil Guild was having a day out in Weymouth. While we were walking on the beach we were approached by a Trefoil member, who was on holiday on her own. We chatted and exchanged a few guiding memories. Later on in the day, we shared afternoon tea.

Pam Blyth, Chew Valley Trefoil Guild

Please send your 'When I wore...' stories in to the magazine – they don't need to be long.

Crosswords

Do we have any crossword compilers among our number? Can anyone make up crosswords based on Trefoil Guild and Girlguiding? Perhaps we could have one as a competition in *The Trefoil* magazine.

Care with postage

A request from the Trefoil Guild Office! Please be careful when you are posting items – lately quite a lot of post has arrived with the wrongly priced stamp on it. This means that additional postage and a handling fee have to be paid by Trefoil Guild. Check at your local Post Office that you are using the correct stamps for your item.

Dates update

- Trefoil Guild National Annual Meeting, 18 June 2016, Harrogate; speaker Gervase Phinn.
- Trefoil Guild National Annual Meeting 10 June 2017, Brighton.
- Trefoil Guild National Annual Meeting 16 June 2018, Birmingham.

The Trefoil is now online

Go to www.trefoilguild.co.uk. Each magazine goes online as the next one is produced and sent out in the post.

National Arboretum

A new Trefoil Guild stone will hopefully be in place at the National Arboretum in Staffordshire this summer. If you visit, please send a photo to the magazine.

Competition to design our birthday scarf!

Do you wear the Trefoil Guild scarf? I wear mine in various ways to make it fun and different.

Our 75th birthday celebrations in 2018 are looming and we would like to celebrate by wearing a new-style scarf designed by you!

Please consider the fabric, size and colour, as well as the design.

Entries are welcome from individuals and from groups of guilds. Closing date is 1 December 2015.

An application form is on the Trefoil Guild website. Send your design by email to trefoilguild@girlguiding.org.uk or to the Trefoil Guild office marked for my attention.

I look forward to receiving your designs.

Pauline Merchant, National PR Adviser



Submissions to the magazine and website

We welcome all items submitted using the appropriate pro forma. These can be downloaded from the website and sent to the corresponding email address. If submitting items for the magazine please state whether you are happy for them to be considered for the website if there is too little space in the magazine.

Submission date for the November 2015 issue is 14 August 2015.

Ice sculpture trip

In December, two members from South East Hertfordshire, Jill Davies and Sandra Robson, visited Bruges in Belgium to see the annual ice sculptures and to visit the Christmas market. It was really cold in the ice tent! The ladies' Trefoil scarves kept them warm – and spread the Trefoil word.



Christmas box joy

Many of you have taken part in Operation Christmas Child by filling, or knitting something for, a shoe box. Having been connected with Shrewsbury Warehouse for several years, Muriel Rayner of Mid Shropshire Trefoil Guild was excited to be invited to join a distribution team to Belarus in January.

'It was so rewarding to see the knitted hats and gloves, that so many of us make, worn with such enthusiasm! Hand puppets are a great favourite too as is anything that makes a noise! It was lovely to see the children's smiles and to hear giggles when they opened their boxes.

'I can assure you that the box you make up later this year will be well received and remembered for a lifetime. If any guild would like me to come and speak about my trip I would be glad to oblige.'

Please contact Muriel via the Trefoil Guild office.

Selfie with Shaun

Cheam Division Trefoil Guild members enjoyed a tour of the Royal Opera House in London in March. During their visit they made a new friend – a colourful Shaun the Sheep – and asked for a 'selfie' with him!





Heart-shaped help

Fast Sussex NHS Healthcare Trust's Director of Nursing. Alice Webster (a former Oueen's Guide), asked local Trefoil Guild members to make heart-shaped pillows for people recovering from breast cancer surgery. The pillows are placed under the arm to take pressure off the wound, ease pain and help to reduce swelling. The members were all pleased to be able to help, and more guilds are now taking part. Twenty pillows were taken to the Conquest Hospital in Hastings and over 100 went to Eastbourne District General Hospital.



The Great Escape

A group of guiding friends, now Trefoil members, from four Regions, have been walking together for over 30 years. This year they were in Derbyshire on The Great Ridge – Mam Tor to Lose Hill, a total ascent of 1,600 feet from Castleton. From left to right are Bronwen Jenkins, Hilary Chittock, Rosemary Simmons, Chris Davies and Beryl Miller.



Brownies leading the St Lucia procession

Girls from 49th Newcastle Brownies led the St Lucia procession at Ikea Gateshead, wearing new dresses made by Dorothy Thompson of Newcastle West Trefoil Guild (pictured in her wheelchair).



Gang Show veteran

Tracey Rhoades, from Beauvale Trefoil Guild in Nottingham, flying the flag for Trefoil Guilds at Nottingham Gang Show. Tracey has taken part in the Gang Show for 25 years without a break – quite an achievement!



Recording history

Members of the Carnegie Trefoil Guild, Dunfermline, were interviewed by girls from 19th Dunfermline Guide Unit about their guiding experiences. Their stories will be part of the oral history project 'Speaking of Girlguiding', and will be included in the new Dunfermline Museum and Art Galleries.

Making a collection

Monifieth Trefoil Guild collected for the Marie Curie charity in March. Ten members were involved and an amazing £636 was collected. Here is Lynda Fyffe showing off her Trefoil Guild scarf.



Japan in a box

In February, St Helens Trefoil Guild held a Japanese-themed evening, when the County International Adviser, Laura Watson, and one of the girls participating in the World Scout Jamboree in Japan this summer brought along the resource 'Japan in a Box'.

Activities included a quiz, origami, food tasting, using chop sticks to pick up sweets (some were more successful than others!) and reproducing Japanese symbols.



Do the do-si-do

Members of Cheshire Border County Trefoil Guilds enjoying taking part in a country-dancing session.





Teatime challenge

Twenty-one members spent a happy afternoon completing the Time for Tea Challenge devised by Girlguiding Dursley District. They learned the history of afternoon tea, competed in a team quiz, made bunting, shared tales of our china cups and saucers, folded napkins to create roses, made cake stands and finished, of course, with afternoon tea!



World Thinking Day celebration

Culcheth Trefoil Guild took their turn organising a wonderful World Thinking Day event for the guilds in Cheshire Forests County and 160 Girlguiding members.



Zorbing fun

Ann Mariette and Kay Hannaford enjoying fun with the Brownies at a Big Brownie Birthday celebration held at The Merton Hotel, Jersey.

Australian Gathering

Along with Kathryn Driver of Isle of Man Trefoil Guild, Billie Ann Williams, Gwent County Chairman, attended the 21st Gathering of the Australian Trefoil Guild held in Toowoomba, Queensland.





Campsite renamed

The middle campsite at Lorne has been formally renamed The Rosemary Dickson Campsite in memory of former Ulster Chief Commissioner and Dungannon Trefoil Guild member Rosemary Dickson. Rosemary's family opened the site while the Trefoil Guild provided the sign.

Sharing news

Mid Derry Trefoil Guild invited Ballykelly Guides to their meeting in February. The Guides entertained them with tales of their exciting time at the Xplore Camp at Castle Saunderson last year. The Guides are busy planning a visit to the Danish friends they made at the camp.



Into the depths

Jenny Prall, of 2nd Bath Trefoil Guild, and her two friends visit Big Pit in South Wales for Jenny's Gold Discovery Award.





Easter chicks

Swansea Guild Chairman, Mary Lythgoe, presented a Starter Pack to 1st Waunarlwydd Rainbows at their Easter meeting. Here are the Rainbows having fun being Easter chicks!



Life for African Mothers charity morning

Swansea Trefoil Guild organised a coffee morning and, as well as Trefoil Guild members, representatives from other organisations were invited to hear the speaker, Angela Gorman. Angela is Chief Executive and co-founder of Cardiff-based charity, Life for African Mothers. During the morning, £425 was raised for the charity and Angela went back to Cardiff with a car-load of knitted tabards, hats, blankets and baby grows.

An interview with... Olivia Giles

A meeting with Dr Olivia Giles OBE, founder of the charity 500 miles.



In April 2014, Dr Olivia Giles spoke to members of the Scottish Trefoil Guild at their Annual Meeting. Before the applause, her inspirational talk left a silence as we took in Olivia's story of how she lost her limbs aged 36, and re-built her life, devoting herself to her amazing charity, 500 miles. This charity helps amputees in Africa get access to prosthetic limbs so that they can walk and live independently.

A few weeks ago, when Olivia agreed to talk to me about her charity, she started at the beginning of her extraordinary story. Feeling unwell one day at her work as a lawyer in 2002, she was admitted to hospital and remembers nothing more until she woke

up to be told she had had meningitis. This terrible disease had so damaged the tissue in her limbs that she had to have some of both arms and both legs amputated.

Olivia told me, 'My mind was full of questions – what has happened, why me, how will I manage now? I felt like I was drowning in fear.' But Olivia was surrounded by excellent healthcare professionals and a loving family, and she soon felt that she was in safe hands.

You can read about Olivia's struggle to get mobile using prosthetic limbs and create her new life on the 500 miles website (www.500miles.co.uk). To me, she described what started her on her mission

to help give other people back their lives.

In 2005 Olivia visited Malawi, where she saw a man living the life she had feared for herself — a life without limbs. From that moment she knew what she had to do. As she made her decision, Olivia asked herself, 'Was it meant to be?' Although her answer was 'No!', it was a job with her name on it, and her life before her illness had given her skills to be able to take up the challenge. Olivia told me that her belief is that if you have an opportunity, you have an obligation — free will or not — and instinct tells you the road to take.

When Olivia is talking to young people, she tells them, 'Do not think you cannot do something. If you are excited, challenged, or fear failure or ridicule, know that you can find the strength to succeed.' To older people, 'do not let time run out, accept the challenge at whatever level.'

Almost dying aged 36 awakened an awareness in Olivia; what is the point of not going for the things that light you up? If you have the skills, energy, confidence of youth and some sense of realism, you can do anything.



What is the point of not going for the things that light you up?

Since 2005, Olivia has devoted herself to her work helping the poorest people in Malawi and Zambia to walk. 500 miles in Malawi has two centres; one in



Lilongwe has carried out over 3,500 patient fittings since opening in March 2009. The second centre, in Mzuzu Central Hospital in the north, opened to patients in November 2012, and it will eventually serve the whole of the northern region of Malawi.

500 miles in Zambia focuses on funding poor people all over the country to receive high-quality prosthetic and orthotic devices from the workshop at the Zambian Italian Orthopaedic Hospital in Lusaka. 500 miles also funds remote hospitals and other organisations to send their patients to Lusaka.

Find out more about Olivia, 500 miles, some of the people the charity has helped, and how you can donate at www.500miles.co.uk.

Elizabeth Higton, Scotland Chairman



Help us Grow Guiding

At Girlguiding we are constantly amazed at the time, effort and resources that Trefoil Guild members put into guiding. Your dedication to the movement is fantastic and enormously appreciated at all levels.



Trefoil Guild members help guiding in a wide variety of ways – from stepping in to run meetings when Leaders are away and helping to organise and attending events to doing specific activities with individual units and fundraising.

There are others ways in which Trefoil Guild members can help Girlguiding that you may not have thought about. Ways that can have an enormous impact on whole communities, as well as on individuals. Growing Guiding is an initiative that we have been working on for several years. We want to get guiding to as many girls as we can, up and down the UK. In a lot of areas this is less about getting girls to join and more about recruiting adults as Leaders. All Leaders complete the Leadership

Qualification and work with their unit Leadership Team, their Commissioner and a Mentor throughout the qualification. A Mentor is someone with guiding experience who has gained the Leadership Qualification herself. She supports new Leaders through their qualification and into their first guiding experiences. It is not a time-consuming job but, when there are several new Leaders in an area, it can be too much for the existing Mentors to manage. Perhaps you could mentor a new Leader?

Another way to help Grow Guiding is to offer your skills to assist a Commissioner in administrative tasks around Growing Guiding or supporting the opening of new units. One Growing Guiding initiative is to

open flexible units, for example units in schools. The idea is that girls attend Rainbows, Brownies or Guides straight after school, on school premises. This often requires supporters able to volunteer their time during the day to help with school meetings, recruitment and supporting the new unit to get started. If you could support Growing Guiding projects like this and others, why not get in touch with the local Girlguiding Commissioner?

Girlguiding is also delivering a project called UYSAF (Uniformed Youth Social Action Fund). This project has been made possible thanks to a special fund given to Girlguiding as part of the Youth United Foundation network, on behalf of the Cabinet Office. It was awarded to Girlguiding as a charity which supports young people to take part in positive social action in their communities. We have Development Workers (left) in every Country and Region supporting guiding to reach out to new communities in the project's priority areas - recruiting and welcoming new volunteers, encouraging new units and talking to girls and young women, who in some cases have never heard of Girlguiding or never had the opportunity to join us before.

Lynne Woolley, a UYSAF Project Manager, says, 'Trefoil Guild members support Growing Guiding projects such as UYSAF by helping to shout out about Girlguiding at recruitment events; creating a warm welcome for our new volunteers; mentoring people (many of whom are new to guiding) while they do their Leadership Qualification; helping girls take part in social action in their community – to name just a few ways. It is also a great way to tell new volunteers about the fun of guiding for adults that is Trefoil Guild.'

What is mentoring?

Mentoring is providing support for Leaders in Training:

- working with the Leader in Training to help her find opportunities to fulfil the requirements of the Leadership Qualification
- helping the Leader get the most out of training and experiences
- reviewing evidence in various ways, then signing off modules in the Leadership Qualification
- helping the Leader in Training understand what guiding is all about. For some volunteers this will mean bringing them up to date on how guiding has changed since they were a Brownie; for others, this might mean explaining and exploring the Five Essentials and the ideas behind guiding as well as practical advice such as how to make gadgets or passing on ideas for good games.

Are you open-minded, forward-thinking and up for a challenge? Have you gained the Girlguiding Leadership Qualification? We would like Trefoil Guild members who can encourage volunteers in the next step in their guiding careers, listen to new ideas and pass on valued expertise. If you would like to be part of this, contact your Country/Region Girlguiding office or go to www. girlguiding.org.uk/get_involved/volunteer. aspx.





Rosemary's books of choice



An Embarrassment of Mangoes Ann Vanderhoof Published by Transworld

ISBN 978-0553825763



Cathedral Cats
Richard Surman
Published by Collins
Out of print

A Short History of
Nearly Everything
ISBN 978-0552997041
Down Under
ISBN 978-0552997034
Notes from a
Small Island
978-0552996006
Bill Bryson
Published by

A Town Like Alice
ISBN 9780099530268
On the Beach
ISBN 978-0099530251
Pied Piper
ISBN 978-0099530220
Nevil Shute
Published by Vintage

Rosemary Clark from Hythe Trefoil Guild, Hampshire

Rosemary has only minimal eyesight and she has welcomed the availability of *Talking Trefoil* (each issue of *The Trefoil* magazine is recorded and distributed, on a memory stick, by volunteers, to members who are unable to read the printed version). Rosemary also belongs to Calibre, an association which provides books on cassette and she has enjoyed many books this way.

Rosemary's current book is An Embarrassment of Mangoes by Ann Vanderhoof who, in the mid-1990s, with her husband Steve, was desperate for a break from her deadline-dominated career life. The couple gave up their jobs, rented their house out, moved onto a 42-foot sailing boat, and embarked on a two-year voyage. They dropped anchor in 16 countries and at 47 islands where they explored and shopped in lively local markets. Ann recorded dishes they discovered along the way and incorporates some enticing recipes into the text.

One of Rosemary's favourites is *Cathedral Cats* by Richard Surman. This book captures the fascinating life stories of cats that make their homes in and around the UK's cathedrals. Tomkin, the patron cat of Chelmsford Cathedral, was rescued from a derelict house in South London; Olson, a Siamese from Chester Cathedral, often ends up at the local jazz club during his nocturnal wanderings. This book offers a distinctive insight into the life of cathedral cats.

Other books Rosemary has enjoyed include those by Bill Bryson and Nevil Shute.

Music is important in Rosemary's life and she enjoys choral and orchestral music. Her grandsons regularly sing in cathedrals in England, and Rosemary goes along to hear them.

In addition to *Talking Trefoil*, Rosemary receives her local paper in the same manner, and has enjoyed articles recently about the construction of the Shard in London and about the life of Richard Attenborough.

Rosemary spoke to Gillian Spriggs



What is the Voyage Award?

At last we have a challenging award specially produced by and for Trefoil Guild members of any age. Whether you are 18 or 80 the Voyage Award is for you.

- It's an opportunity to create your own personal challenges and adventures.
- It's an opportunity to try new things with other members, or on your own.
- It's an opportunity to stretch and develop skills you already have.

Although many Trefoil Guild members took up the challenges of the Dark Horse Venture and the Discovery Award, these were open only to those aged over 50. Anglia Region developed and piloted the Voyage Award, and it was launched nationally at the County Chairmen's Gathering in October 2013.

How does the Voyage Award work?

There are three Voyage Award levels: Bronze, Silver and Gold. Each level has five sections, which are the same for each level:

- Service
- O Myself
- Teamwork
- Skills
- Explore my world.

Each section has a list of suggested challenges but you can also use ideas of your own.

You should not use the same activity for more than one section but you could use skills gained in one section to help you complete something else in another section (for example, for the Skills section you might



gain a guiding qualification which you could then use when planning and participating in an event for the Teamwork section).

Everyone starts at the Bronze level and this must be completed before starting Silver, and Silver must be completed before moving to the Gold level.

On completion of each level you will receive a certificate and a metal badge.

How long will it take?

The hours you need to spend on each section vary with each level and there is also a minimum time for completion.

Bronze level may be completed in a minimum of six months, and Silver and Gold in a minimum of 12 months.

You can take much longer if you wish – it is not intended to be a race, it is meant to be an enjoyable adventure!

How do I get started?

- Register with the Trefoil Guild office, note that work cannot be backdated!
- Application forms are on the Trefoil Guild website at www.trefoilguild.co.uk. Your Chairman or Programme Adviser may also have forms.
- Send the filled-in form with a cheque for £6 (payable to Trefoil Guild) to the Trefoil Guild office in London. The date on your cheque will be registered as the date you started your award.
- You will then receive your Voyage Award Record Book and you are off!

Where do I go for help?

- Read your Voyage Award Record Book thoroughly. As well as the syllabus, it gives you lots of helpful information and tips.
- A good way to get started is to make a list of everything you do already.
 Although you cannot backdate your challenges, you can use activities that you do after your registration date.
- You need a Mentor who will take an interest in what you are doing and sign off your Record Book when she or he is satisfied that you have met the hours requirement and carried out the challenge to the best of your ability. More details on the Mentor's role are in the Voyage Award Record Book.
- You may use the same Mentor for each section or have different Mentors for different sections.
- If you need help or advice on deciding on your challenges, or finding a Mentor, then talk to other members of your guild, your County Programme and Development Adviser, or Voyage Award Coordinator (if you have one), or your County Chairman.
- Record activities and hours in your Voyage Award Record Book. You also need to compile a folder that includes correspondence, photos, leaflets,

samples of work and so on. You can show this folder to your Mentor as evidence of what you have done. It is also good to show other members as an example of what they could achieve by completing the award.

What happens when I finish a level?

- When you have completed the tasks and challenges in each section, gathered suitable evidence, and had each section signed off by your Mentor or Mentors, send your Voyage Award Record Book to your Country/Region Programme and Development Adviser (your County Chairman will have her details). You do not need to send in your evidence file or folder.
- If you want to continue on to the next Voyage Award level you should include a copy of the application form and a cheque for £6 (payable to Trefoil Guild) with your completed Voyage Award Record Book.
- Make sure the name and address of your County Chairman is in your Voyage Award Record Book. There is a space for this in the 2015 edition but if you have the first edition you will need to write it on the inside cover.
- Your Country/Region
 Programme and
 Development Adviser will sign the Voyage Award Record Book and forward it to the Trefoil Guild office, where the National Chairman will also sign the book and arrange for the badge and certificate to be sent to your County

- Chairman. She will arrange for these to be presented to you.
- Your Voyage Award Record Book will be returned to you.

Where can I get more information?

The Trefoil Guild website, www.trefoilguild. co.uk, has a PowerPoint presentation on the Voyage Award that can be downloaded, as well as a useful Frequently Asked Questions section (these and a link to the Facebook page mentioned below are all on the Voyage Award tab).

There is also a Facebook group 'Trefoil Guild & Girlguiding - Discovery and Voyage Awards'. This is not run by the Trefoil Guild office but members can talk to each other about the award and see what others are doing.



Voyage Award experiences

What have members been doing to get their Voyage Award? We take a look at two members' experiences.

Congratulations to Paula Syred from Wisbech Trefoil Guild, Cambridgeshire, on getting her Silver Voyage Award! Her enthusiasm is inspiring and infectious!



I'm not a great person when it comes to fitness. I walk to work, about ten paces from my front door! Don't get me wrong, I'm not a couch potato. I'm always busy, but until this year I hadn't committed to regular exercise for several years.

Having completed my Bronze Voyage Award in January, I was debating what to do for the Silver level. I was diagnosed with diabetes in the mid-1970s when I was as a Brownie, so the Diabetes UK Swim 22 Challenge appealed to me. I started on World Thinking Day and to complete the challenge I must swim the length of the English Channel – 22 miles – over three months.

On my first swim I managed 560 metres in a 45-minute session. As I write, I'm two months into the challenge and my last swim lasted 50 minutes. I managed 1,120 metres at that session, and the total distance swum to date is 15 miles. I am swimming three or four times a week. The bonus is I have lost 4kg since the start of the challenge and I have dropped a dress size already!

Thanks to the Voyage Award and my Trefoil friends for giving me a challenge to complete – it was the motivation I needed to take fitness seriously again.

Paula Syred, Wisbech Trefoil Guild, Cambridgeshire

For the Skills section of her Bronze Award, Andrea Robinson from Blackburn revisited a hobby she'd enjoyed as a youngster, and as a result has made many new friends!

I started bell-ringing after a visit to the Blackburn Cathedral tower. My friend and I climbed the 50 steps into the ringing room, where she 'outed' me as a ringer (though I had not rung since school).

We were first taken up to the belfry and a bell was rung (we needed our hands over our ears!). We then returned to the rope room and had a go ourselves! I first had a go at backstroke (where you keep hold of the bottom of the rope at all times), then at handstroke (this is when you pull and let go of the fluffy-coloured bit called a sally).

I went back to the cathedral on practice night and, by the end of the evening, I was ringing on my own. I have really enjoyed being back ringing. It took me about four weeks to ring rounds (where you ring the bells from lights to heaviest) on my own; that felt like a huge accomplishment!

The next challenge was being asked to ring on a Sunday morning. I found ringing on Remembrance Sunday really sad as we ring the bells half muffled (so it sounds normal as the bell rope goes up, then muffled when the rope comes down). It's been very enjoyable visiting other towers

for meetings of the Lancashire Association of Change Ringers, of which I am now a member. We meet every month at different towers to ring or have training days. Andrea Robinson, Blakewater Trefoil Guild





Queen's Birthday Honours

Congratulations to members who received honours on the Queen's Birthday list and also Gill Slocombe, Chief Guide, who was awarded a CBE.

Sue Sotheran, Redcar Trefoil Guild, MBE; Patricia Wilson, Macclesfield Trefoil Guild, BEM; Jo Dowling, Chairman Midlands Region, MBE; and Anne Lloyd, Newcastle West Trefoil Guild, BEM.



Silver Wolves at Waddow

Waddow Trefoil Guild is especially proud of two members who hold The Scout Association's highest award, the Silver Wolf. Here are Albert Hart (Chairman) and David Andrews, all cleaned up after working with us for a full day building a 200m fence for the 'night line' at Waddow, in the rain and wind.

Jim Roberts



The first Gold Voyage Award recipients

We congratulate all those who have recently received their Bronze and Silver Awards — we have so many keen participants that we don't have space to list them all. We will list Gold Award recipients, however. Here are the first to gain this award. Congratulations to them!

Edna McGoff and Barbara Kippax from Cambridgeshire East; Naomi Rose and Wendy Andrews from Suffolk; and Maureen Arnold, Margaret Fleetwood, Lyn Goddard, Denise Parrott, Anita Roberts, Conny Zeikemejjer and Joan Sprittlehouse from Oxfordshire.

Have you received an award, or know someone who has? Why not shout about it? Send the details and a photo to The Trefoil. Contact details on page 2.

Meet a guild – France and Benelux County

Spare a thought for those members in the France and Benelux County!



When you set out on your journey of a few miles to get to your Trefoil Guild meeting, spare a thought for the TGIFC (Trefoil Guild in Foreign Countries) members who live in the France and Benelux County! They can travel over 350 miles to meet up! This group of over 20 women and men work hard for the BGIFC (British Guides in Foreign Countries) in France and Benelux, but, on



the rare occasions they meet, also have a great time themselves.

The latest meeting took place in Paris, where they did the catering for all the BGIFC Leaders who came from all over Europe for County trainings. The Trefoil Guild members also enjoyed meals out together, held their Annual Meeting and went on a trip on a bateau mouche, as well as spending time chatting, laughing, singing and catching up with each other. One surprise treat was a visit from member Naomi, a Paris resident, who brought along her newborn daughter to meet everyone!

Rachel is a Senior Section Leader as well as a full-time teacher; Claire works with The Hague Guides and Senior Section, while finding time for walking, swimming and scuba diving; Michele works with a very lively group of members of The Senior

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Michele commutes between her job in London and home in Mons.



Section, which is growing tremendously at the moment, but also manages to commute between

her job as a historical researcher in London and home, where her husband works, in Mons.

Many of the Trefoil Guild members are Leaders in Belgium, France, The Hague and Luxembourg, so they attended the trainings in Paris, but this get-together was also about networking and establishing a firm friendship base for this unusual group, so time was found to do just that. Glen, who started this challenging group (and apparently twisted lots of arms in the process), is currently its chairman. She has been in Girlguiding since her Brownie days in the 1950s. She was involved in The Senior Section, and ran a Guide unit in Manchester, but since then has run Brownie and Guide units in Luxembourg and Brussels.

In BGIFC, just like in the rest of Girlguiding, there are plenty of jobs that need doing by Trefoil Guild members who no longer run a unit: Glen is a Leader Mentor, helps when units need an adult because Leaders are thin on the ground, is a very useful pair of hands at Brownie Holidays and also runs fireside trainings for Leaders.

Roger made his Promise recently and, although he confesses he joined because his wife told him he should, he also admits that he goes because he enjoys the 'friendly crowd'. He enjoys composing and producing music as a hobby, but finds time to help with Girlguiding.

Diane is the Deputy Chief Commissioner for BGIFC, and County Commissioner for Europe. She has a busy day job teaching English in France, so finds it hard to fit everything in, but Glen asked her to join, and she has loved staying in touch with guiding friends and sharing experiences with them.

Sue, who lives in Normandy, joined TGIFC when she retired to France, having been a Leader in the UK for many years. She has been able to meet up with other members and enjoyed the Annual Meeting in Paris, this March.

One member works at NATO, some are connected to the aeronautics industry – it is an amazingly diverse group in terms of ages, experience, careers and from the point of view of where they live, but they are all united in the name of Girlguiding and Trefoil Guild... and the reasons given by most for being a member? Friendship and fun!

Frances Parrett, Deputy Editor with Glen Aston, France and Benelux County Chairman



Why not tell us about your Trefoil Guild and what you get up to? Please get in touch with Frances by emailing thetrefoilmagazine@girlguiding.org.uk.



International outlook

from Judy Ellis, National International Adviser

Introducing an exciting new international opportunity for Trefoil Guild members.



Do you read the GOLD reports we publish in the March's edition of *The Trefoil* with envy? Do you think 'I could do that!'? Would you like to be involved in an overseas project? Our new international initiative may be the answer – let us introduce TOPAZ: Trefoil Overseas Partnership – Adventure with Zest.

While Girlguiding focuses on the development of girls and young women, Trefoil Guild, as guiding for adults, is able to offer our members international opportunities for personal development.

One way is by entering partnerships with international Girl Guide and Girl Scout

associations in joint projects around the world. So that we can start quickly, the pilot partnership of TOPAZ will take place within our own WAGGGS Region, where we already have good contacts. With the enthusiastic support of Girlguiding and WAGGGS Europe Region, we are entering into a partnership with the Russian Association of Girl Scouts (RADS). We hope the first project will take place in late 2016.

RADS, a full member of WAGGGS, has just celebrated its 20th anniversary. It has about 1,500 members in the world's largest country. Members are concentrated in a few urban regions, and the Association wants to establish itself in new areas. We will

work with RADS on this aim.

A team of 12 Trefoil Guild members will plan their project, with RADS members, during at least one planning weekend before the trip to Russia. The team will be self-funded, and Trefoil Guild will support it in the same way that it supports GOLD groups. Participants should have been a member of the Trefoil Guild for at least a year before applying to take part.

You can take part, even if you are unable to travel. We will produce an activity pack for guilds, giving you a taste of what the group is doing in Russia. If someone in your guild is participating, you could support them by fundraising.



International Gatherings

Trefoil Guild has been invited to send two representatives to the Canadian Trefoil Guild's National Gathering at Memorial University (MUN), St. John's, Newfoundland and Labrador from Wednesday 15 to Sunday 19 June 2016.

Representatives will write a report for the Executive Committee and an article for *The Trefoil*. If you would like to represent the Trefoil Guild at this event, please send for an application form, available from the Trefoil Guild website (Home Page > Opportunities > Travel > Overseas Gatherings) to the Trefoil Guild office by 31 July.



Programme ideas

with Ann Hall, National Programme and Development Adviser

Special interest groups are becoming a popular way to attract new members to Trefoil Guild. We look at one that is long established and successful – Trefoil Guild Photo Group.



Have you ever tried to get a picture of a single drop of water, a water-filled balloon bursting or of a plastic duck floating on water when all it wants to do is turn upside down?

The photo group evolved from a Midland Region PR training in 2004, to which Wales members were invited. We spent the weekend playing with large, old-fashioned computers and pre-digital cameras and got hooked!



Our first meeting was held at Broneirion under the tutelage of John Swannick, who endeavoured to teach us how to use the different programmes on our cameras, download pictures on to the computer and become familiar with the photo-editing programme Photoshop.



The group has about 30 members from around the UK. Of these, 15 to 20 meet once a year, usually at one of Girlguiding's Activity Centres. The group is now under the care of Peter Ditchett, with input from Rodney Deval and David Oakland. Its aim remains the same – to help its members produce better photographs, especially if we need to use them in our guiding activities. Membership costs just £7 a year, and includes two newsletters and the opportunity to enjoy a relaxed, fun break with like-minded people.

Hautbois, May 2014

Sheila Hearden writes an account of the group's meeting at Hautbois in May 2014:

As the first day was very wet, we stayed indoors, working in groups doing still-life photos – how different each group's ideas were!

The next day dawned brighter, and some of us went on the Bure Valley Railway from Wroxham to Aylsham, a journey of 40 nostalgic minutes on a steam train. In Aylsham we found a lovely flower festival in the church, which was an opportunity for some good photographs – just a pity we couldn't put the glorious smell on the pictures!

The evening was spent putting pictures on the computer and playing with them, enlarging, removing unwanted bits

and brightening, to name a few tricks.

On the Thursday we learned about the macro setting on our cameras. We were taking pictures of gem stones, some cut by David. This is where we needed our tripods as macro is very close up, so it shows if the camera shakes.

The evening was spent learning about night photography, another setting on our cameras. There was no need for the flash – the aperture stays open longer – so you have to be careful of camera shake again.

This brought our photography break to a close. We had a great time and had learned a lot.

We were challenged to take photographs of silhouettes to Hautbois with us. The results were very varied but all were very beautiful pictures.



Competition

The photo group ran a competition in 2012 that was open to all members of the Trefoil Guild. There was a very good response, and the pictures were displayed and the results announced at the Cardiff national Annual

Meeting. Look out for another competition soon.

If you would like to join the Trefoil Guild Photo Group, contact Jane Wardropper on 01743 790489 or email janewardropper@btinternet.com.

I was delighted to receive so many replies to my questions about the Maresfield Road song [March 2015]. It turns out that there is a village called Maresfield near Uckfield, East Sussex. The forest referred to is Ashdown Forest, of Winnie-the-Pooh fame, and its heathland. All the verses of the song speak about the forest at different times of the day. It was written, for the Scouts, by Arthur Poyser, who was a friend of Lord Baden-Powell. I gather there is a Whitehouse Hill, and an Oldlands Hall which is now converted into apartments. Please let me know if you do get together to sing it.

June Webb, Suffolk Lones Trefoil Guild Ed: If you would like the words to this song, they are on the Trefoil Guild website.

While going through my late mother's photos I came across this and I thought it may be of interest to readers. I believe it is an early meeting of the Trefoil Guild, and Lady Baden-Powell is talking to my mother, who was attending the meeting while on duty in an official capacity as WPC in the Surrey Constabulary. I recall her mentioning the event at the time and I would guess it was around 1952 and in Dorking.

Roger Gould, London

I was born in Lambeth in South London in the late 1920s and lived there for many years. I had just turned 89 when the March issue of *The Trefoil* landed on my doormat and this prompted me to share a few memories.

I joined 1st North Lambeth Brownies in 1933, and Guides shortly before the war started. I remember feeling quite grown up learning to repair an electric fuse! I lived in London throughout the Blitz; our house was bombed once but fortunately our family was in the local air raid shelter.

In the middle of the war, aged 14, I became the unofficial leader of a Brownie Pack. The Brownies did enjoy it. Mums would bring their daughters to the Brownie meetings and ask if 'little brother' could stay too so that she could do the weekly shop. We were only too happy to oblige!

At that time everyone in guiding was expected to do something for the war effort. I helped at a local hospital getting patients to feed themselves. I also helped at a children's nursery.

At the age of 18 I joined the Rangers. A wonderful woman, Miss Ablett, began our Ranger company. She was a stalwart Leader, keen and very hard working. Later, I became District Treasurer and then I joined Trefoil Guild.



The highlight of my guiding career was the day I was chosen to represent guiding at the Lord Mayor of London's annual show. The first rehearsal was in Waterloo, and it involved practice marching and a general inspection. I had to walk to the rehearsal in the blackout. Off I went with my courage and my torch. I remember meeting a Ranger who became a very dear friend. Her name was Fay Harris. Sadly I lost touch with Fay and I often wonder what happened to her.

I have never forgotten the day of the parade – the cheering crowds, the wonderful bands, bright sunny weather and happiness all around.

Ella Underwood (nee Morris), Strood, Kent

In reply to Bronwen Jenkins' letter in March about small, rural guilds, we are a very rural guild at Kent Lune, Cumbria. We have 12 members. One of us has great difficulty attending meetings, so once a year we go to her. She sometimes feels isolated. She has started her Voyage Award and has put together a quiz to help us raise funds. We also have difficulty asking for and affording speakers, but we have joined with a sister guild and will do so again. Perhaps we could contact Bronwen's guild and pass on our programme?

Our February meeting was held at my home. I was expecting four or five, but 11 members came along, so it was cosy but everyone enjoyed it. We had our meeting then watched a DVD about Mary's Meals, a charity based in Scotland.

We had only four at our March meeting with Windermere Trefoil Guild, trying out curling – everyone had a go, even those in wheelchairs. At our next meeting one of our members, who writes articles for the local

newspaper, is talking about her many years in guiding.

Jenny Gilfellon, Chairman, Kent Lune Trefoil Guild. Cumbria



When my wife, Thelma Newell, retired from teaching, she had run the local Guides and has done almost every role in local guiding. Thelma settled on the idea of researching the history of Guide badges.

With my assistance, we produced a series of 13 A4 ring-bound booklets. Each contained drawings and syllabi.

Later, we were asked to produce a book containing only the badge information, leaving out the syllabi, which in itself was also fascinating. These sold very well and a second edition followed. This edition is nearly sold out. It is the only complete record of Guide badges since guiding started.

Tony Newell, Tavistock Trefoil Guild



I was a Sea Ranger Leader (also a Brownie Leader) from 1946 to 1965 and 1969 to 1972 in

Southend and in Guyana and Hong Kong. I am in touch with only one of the Sea Rangers from Guyana. Are there any others out there who remember me and would like to get in touch?

Anne Greenwood, 2nd Hampshire East (Lones) Ed: Contact the Trefoil Guild office for Anne's details.

Please send your letters to: Trefoil Guild Office Girlquiding 17–19 Buckingham Palace Road London SW1W oPT or

email: thetrefoilmagazine@girlquiding.org.uk



Growing Trefoil

With Pauline Merchant,
National PR Adviser

What can we all do to encourage new members to join Trefoil Guild?

It is important to continue to grow your guild membership but we understand that it can be a struggle. There are lots of strategies you can try. The key things to remember are these.

- Recruitment is a priority.
- Identify your target audience.
- Use our key messages to talk about Trefoil Guild:
 - Find friendship
 - Get active
 - Give support
 - O Get involved.
- Make sure you have up-to-date PR materials.
- Be inclusive and reach out to your wider community.

It is also important to retain your current members. If you follow our key messages, they will never want to leave!

Ways to promote Trefoil Guild

There are plenty of ways to promote Trefoil Guild, especially now that we have such good PR materials to hand:

- posters
- postcards
- leaflets
- banners

- foam boards
- key message cards.

Take every opportunity to:

 think about communications – put adverts in newsletters, on websites, in magazines and on social media

GUIDING FOR ADULTS

Trefoil Guild

www.trefoilguild.co.uk

- attend recruitment events if you don't have your own banners, ask your County or Country/Region if you can borrow some
- hold 'Bring a friend' coffee mornings, or open evenings.

Who to target

- Members of The Senior Section and Leaders.
- Participants at Guiding and Scouting events.
- Parents with children in Guiding and Scouting.
- Talk about Trefoil Guild to everyone!

Ask yourself

- Are the time and place you meet convenient to everyone? Be flexible.
- Are you offering a welcoming atmosphere? Be open to all.
- Does your programme reflect the interests of your members? If people enjoy a challenge, make sure they know about the Voyage Award.

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- Are you helping new members to settle in? You may want to use a buddy system, and involve them in your programme planning.
- Would it be helpful to work with your local PR Adviser?

What suggestions do our members on Facebook have?

- Miriam Kletz We had a month-long recruitment campaign and targeted existing Leaders as well as women with no attachment to Girlguiding. The campaign increased our guild numbers by eight. We now have two meetings a month, one during the afternoon and one in the evening. Members can come to either or both. A varied programme which meets the interests of different age groups is planned.
- Chris Scruton Spread the word amongst friends you meet about the wide variety of things we do in Trefoil Guild. Invite them to a meeting, a coffee morning or to an activity such as a walk or trip out.
- Susan Francis-Finegan Evening meetings and activities are essential if you want to encourage younger members.
- Claire Dixon Helping with local units occasionally to get our name across works well.
- Ruth Oddie Be welcoming, friendly, interesting, varied and supportive.
 Woburn Trefoil Guild made me so welcome when I moved to the area after 31 years elsewhere. They helped me settle and gave me a sense of belonging.

Opening a new guild

There are plenty of benefits of setting up your own guild.

- Flexibility to set your own time there may not be a guild that meets to suit your needs.
- Flexibility to set your own venue there may not be a local guild to you.
- A varied programme.
- Specialist interest groups to meet specific needs.

How to set up a new guild

Setting up a guild is easy to do.

- Get some friends together you only need a minimum of six people. If you do not have six people, arrange a meeting attended by the County Chairman and the local Commissioner and invite former Guides/members of The Senior Section, Leaders and friends.
- Consult your County Chairman and local Commissioner.
- Elect three officers a Chairman, Secretary and Treasurer.
- Decide a regular venue and time, or decide not to have a regular venue or time!
- Decide how you will communicate among yourselves.
- Register your guild with the Trefoil Guild office using a form from the Trefoil Guild website (Home Page > Resources > Forms > Register a New Guild form).
- Plan your programme.

Your County Chairman will be able to support you along the way. Good luck!

It all started with... a coast-to-coast walk

Member Diane Bollom tells us about a fundraising idea that led to a love of long-distance walking.

It all started with the need for a new Brownie house at our County campsite. In the early 1990s, it was decided that the prefab building accommodating Brownie holidays at Whitely Wood, Sheffield, should be replaced with a new building for use by all sections. The outdoor activity centre was rapidly expanding and the 'temporary' building had been used for 17 years.

We knew it would take a lot of coffee mornings and jumble sales to find the money needed for such a project. We wanted to launch the fundraising with a big event, perhaps a sponsored walk. In the end, we chose one of the longest walks across England – Wainwright's Coast to Coast – 190 miles from St Bees in Cumbria to Robin Hood's Bay in Yorkshire, now one of the most popular long-distance walks in the UK.

Two of us, Leaders who happened to travel to work together and therefore had time to plan, set the idea in motion. After initial meetings with many interested friends to decide how we would tackle the task — with a back-up vehicle, backpacking or with a baggage courier, camping or bed and breakfast — ten of us took up the challenge.

We trained, we planned, we booked accommodation, and we badgered friends and families into sponsoring us and driving us to the start on one side of England, and home from the finish on the other. In the end, it turned into a County event. The



County Commissioner met us with champagne as we arrived at the finish. We had walked across three National Parks, tackled peaks in the Lake District and had an exhausting day walking 23 miles across the Vale of Mowbray because there was no accommodation available at the usual (18 mile) stopping point.

We raised £3,000 for our fund but the walk's greatest legacy was the love it instilled in us for long-distance walking. It is really something to put your boots on and just go, rain or shine, until you reach your destination bed and breakfast (we have long since abandoned camping for a comfortable bed).

The walk's greatest legacy was the love it instilled in us for long-distance walking.





After that first big walk everyone said, 'That was good, what shall we do next year?' It had been planned as a one-off but the

core group of those walkers from 20 years ago is still walking long-distance walks every year with many others joining us off and on. We have enjoyed the Dales Way, Offa's Dyke, the Ridgeway, Hadrian's Wall, the West Highland Way... the list goes on. These walks are not sponsored, they are done just for the love of walking.

So far, we have not done the biggest one – the Pennine Way. At first we dismissed it as taking too long when several of us were still teachers (we had to fit in family holidays and Guide camp too) but we now feel the boggy wastes of the Dark Peak above Edale are not particularly inviting!

When we started, one of the group suggested that we should be called 'The forty-niners', as this was our average age. This year, 20 years on (you can guess our average age), we have just returned from Lady Anne's Way from Skipton to Penrith – only 100 miles!

Dianne Bollom, Sheffield City Guild





Attach a file to an email

On a computer:

- Log in to your email account and create a new email message.
- Insert the email address of the recipient (the magazine's is thetrefoilmagazine@ girlguiding.org.uk).
- Write the text of the message.
- Click the Attach link this usually looks like a paperclip.
- If your browser does not automatically open, click on 'Browse'. Select the file you would like to send.
- Click 'attach' (or 'save' or 'open').
- Send the email!

Using a smartphone, mobile device or

tablet is just as easy:

- Take a photo.
- Go to your Photo Viewer, then share the photo using the email option.

You may find it easier to open the email app on your device, create a new message and add attachments by selecting the 'insert photo' option.

Make sure you select the 'actual size' option for the highest quality.

To send a submission in to *The Trefoil* follow the above instructions to attach your photos. Download, fill in and save the proforma from the Trefoil Guild website – this also needs to be attached to your email.

Classifieds

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If you would like to advertise in *The Trefoil* contact: Trefoil Guild, Editor – Advertisements, 17–19 Buckingham Palace Road, London SW1W oPT; email: trefoilguild@girlguiding.org.uk.

Classifieds

Drama for Ladies

Looking for brief sketches, monologues or mini pantomimes? Want a short item written especially for your group?

My list is available free of charge and contains details of a wide variety of short comedy items written for all female groups.

Having written for female drama groups for 23 years, I can offer a large selection of short, simple items at reasonable prices. Some parts suitable for males or youngsters. Can amend to suit. Free list from: Dorothy Smith, 6 Derwent

> Close, Leamington Spa, CV32 6PA Telephone: 01926 424386 Email: dramcar57@gmail.com

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Travel through spectacular bush scenery,
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This tour has been organised in conjunction
with Girl Guides New Zealand and is for any
guiding members, their families, friends
and partners.

For a full itinerary and costs Email: Jennifer Mayer at pet.jen.reyam@xtra.co.nz

Or write to PO Box 805, Taupo New Zealand

Campervan for sale

Trefoil Guild member is selling her two-berth campervan (two single beds or one double).

1998, Peugeot Symphony model with petrol engine and only 22,000 miles on the clock. Complete with shower, toilet, fridge, cooker with grill and oven.

Fully equipped with cutlery, saucepans, Gaz bottles, etc.

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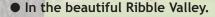




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we discover, we grow
Girlguiding

Waddow Hall



- A variety of on-site activities from archery, kayaking and climbing to orienteering, pond-dipping and croquet.
- En-suite, self-catering and camping available.
- Organised breaks available including a variety of activities and workshops.



Interested in getting away or having a day doing something different?

Our activity centres run a variety of events throughout the year:

2 - 9 August	Walking Week	Waddow Hall
7 - 11 September	Patchwork	Waddow Hall
14 - 17 September	Patchwork and Quilting	Foxlease
5 - 9 October	Creative Patchwork	Foxlease
14 - 15 November	Open Day	Foxlease
17 - 19 November	Creative Cards	Foxlease
21 November	Open Day	Waddow Hall
30 December - 2 January 2016	New Year's House Party	Waddow Hall









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Not to mention plenty of time to catch up with Trefoil friends and the all-important Trefoil Guild Annual Meeting.



To find out more, request a copy of our brand new Trefoil Guild Holidays brochure for 2016 - OUT NOW!