

The Trefoil

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GUIDING FOR ADULTS
Trefoil Guild



Flying the flag for Trefoil



Step out for programme
ideas and a Penny Hike



Find out about 90-year-old
Beryl's latest adventure



Read what guilds around
the world did in 2020



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National President Liz Burnley

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Editorial Board Judy Ellis (Editor), Jane Smart (Deputy Editor), Tasha Best, Eileen Martin, Sheran Oke, Sheila Leete, Linda Hill-Tout, Margaret Froome, Jane Webster

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The Trefoil Guild

17-19 Buckingham Palace Road
London SW1W 0PT

Tel: 020 7834 6242 EXT 3010

Email:
trefoilguild@girlguiding.org.uk

Website: www.trefoilguild.co.uk

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Managing Editor Gill Hook

Senior Designer Owen Moran

Picture Editor Robyn Barr

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Hello everyone



How wonderful to be having a summer when we have gradually been able to do a bit more and to link up again with more friends. I have loved being able to get out and about and to pick up on those Trefoil activities that we all enjoy so much.

It was very special to be joined by so many members for our first virtual annual event. I know we missed being together physically for the day, but we proved that we could still connect in other ways, whether watching at home or together with friends. I'm delighted that more members could join in as we shared together and heard inspirational tales of how guiding made a difference for our amazing speaker, Major Natalie Taylor. She challenged us to "find our adventure"

– to dream of what our adventure might be, believe we can make it happen and then to take the first step on that journey. She reminded us that 'micro-adventures' can be almost anything that gives us a bit of challenge and encourages us to do something new. That could be a new craft, a hobby or a challenge. My local Trefoil friends this summer challenged me to walk with them to local, less well-visited trig points. Natalie really inspired me to think about what my own adventures will be in the year ahead. What will yours be?

As Trefoil members we all know just how important micro-adventures of all forms are. We missed them, and friends to share them with, when we couldn't link up as we normally would. It always strikes me that so many non-members just don't know about that and don't realise what they are missing! Why don't we make it one of our personal adventures over the coming months to share our special Trefoil magic wider? Bring a friend along maybe, or reconnect with someone for whom guiding means a great deal but has lost touch. Now is the time to do all we can to support guiding as it builds back and at the same time to share in the fun and friendship our movement brings to all of us.

Liz Burnley



Genetics, girls and gaming

Researcher **Karen Reed** of Bridgend Trefoil Guild tells us how she was thrilled to help Girlguiding units take part in a project linking science and games

Hi there. I'm Karen, Science Owl with 1st Coity Brownies, a member of Bridgend Trefoil Guild, a researcher into genetic influences in cancer and Wales Gene Park operations manager at Cardiff University.

Science communication introduced me to Girlguiding when I volunteered to run some science evenings at my daughter's Brownie unit. Progressing from occasional helper to helping run a unit all happened quickly, but being part of Girlguiding continues to enrich my life – it is a privilege and a lot of fun, and Trefoil offers opportunities to connect with like-minded people, to experience the fun without having the added pressure of being responsible for the welfare of young members.

I left the lab as a cancer researcher in 2017, moving to an office job as Wales Gene Park operations manager, but I'm still connected to my research interests and I'm an ardent believer in the importance of telling people about science. I'm lucky my role enables me

to give public talks about genetics and genomics to a range of audiences, including Bridgend Trefoil Guild, so occasionally it's possible to mix my professional and social interests.

That's why I jumped at the chance of being involved with the Impact

Games project with Impact Gamers and Girlguiding Cymru as part of Cardiff Science Festival 2021. The idea of the project was to give Guides and Rangers the skills needed to create computer games inspired by researchers and their work. The project team paired scientists and computer science student

ambassadors with groups of

Girlguiding members, challenging them to make a game related to the research.

Behind the scenes ahead of the group work, the Impact Gamers, a "community interest company that exists to inspire young people away from just game playing to become games makers", trained a group of computer science student STEM (Science, Technology,



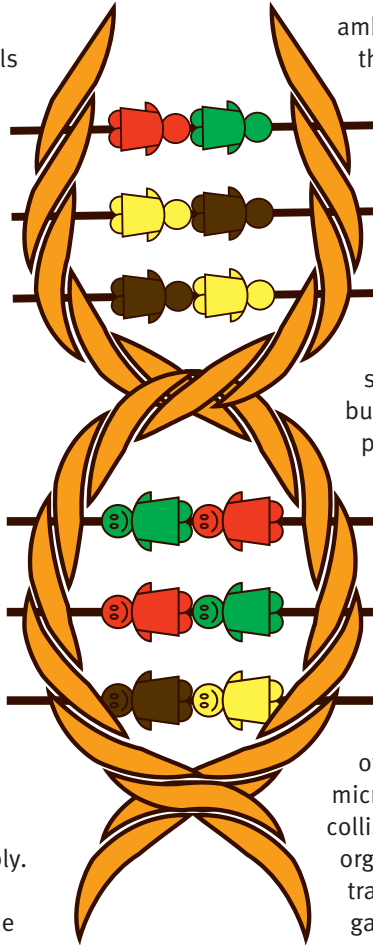


Engineering and Maths) ambassadors with the skills needed to train others. As the scientist, I communicated the fundamental principles of my work so others could understand it in a way that they could ‘gamify’ it.

The game development and group work happened over five or six weeks in November 2020. The groups’ sizes varied from six to ten girls. I worked with two groups, and it was interesting how, given the same information, each group took different things away and developed two very different games.

One group hooked on to the notion of ‘bad’ cancer cells dividing uncontrollably. The aim of their game was to kill the cancer cells while not damaging the normal cells. The other group used the information about healthy living affecting lifetime cancer risk and developed a game which collected ‘health’ to fight cancer.

During the hour-long group work sessions, computer science student



ambassadors led the girls through the process of decision-making needed to create the games. Impact Gamers provided a variety of templates to work with and demonstrated the software they were using to build the games. The girls were shown the steps needed to build the game, and they provided the artwork and made the decisions about the sounds and look of the games.

I am looking forward to seeing the feedback from the project and hearing what the girls thought and learnt.

I enjoyed seeing how other people’s research into microneedles, or blackhole collisions, or MOFs (metal-organic frameworks) was transformed by the girls into games. The games are available for all to play at igamers.io/csf. Look for ‘Body Defence Force’ and ‘Internal Battle’.

If any guilds would like me to visit, and give a talk (and maybe host an activity) around genetics or genomics, please do get in touch. I’m always on the lookout for opportunities to have fun with others.

“Given the same information, each group took different things away and developed two very different games”



Noticeboard

Bulletins and information for all our members



Social media opportunity

Creating lively, fun, interesting, inviting content for social media takes time, but for an organisation like ours it is an essential tool for reaching the wide network of new and existing members and fortifying the future of Trefoil Guild.

National PR Adviser, Frances Parrett, would like to gather a small nationwide team of members who are interested in social media to work together and input ideas for the various channels. Regular Zoom planning meetings and a Facebook group of our own are options for communicating ideas.

Does this sound like you? Are you interested in social media or PR? Would you like to improve your skills by working with others? If so, please contact Frances at: trefoilpr@outlook.com

Meet Evelyn Walker



Evelyn is the newly appointed Chair for Anglia Region and took office at the beginning of September. She says, “Originally from King’s Lynn, Norfolk, I moved to Oxfordshire in 1985. I have three children, four grandchildren and two great-grandchildren. My partner, John, and I met again at a school reunion after 40 years. My interests after family are Trefoil Guild/Girlguiding, watching rugby and motorbike racing, and travel.

“I have been involved in Girlguiding since 1973 and been District, Division and County Commissioner. I joined Trefoil in 2010 and have thoroughly enjoyed my term as County Chair.

“During my term of office I’d like to bring in more members, especially younger ones with computer skills. I want to ensure that all guilds continue to include fun and friendship in their programmes. I also want to ensure our links with Girlguiding remain strong.

“I look forward to the next stage in my Trefoil life with anticipation.”

Limerick attribution We have been asked to clarify the attribution of the poem *A Limerick story* (Your letters, June 2021). This was jointly written by the members of Chepping Wycombe Guild and submitted on their behalf by Alex Adkins. Please accept our apologies for the incorrect attribution, Alex. We hope it didn’t cause too much embarrassment! *The Editors*



Achievements



BEM for Maureen

Maureen Adair, a member of Iveagh Trefoil Guild in South Down, was awarded a British Empire Medal in the Queen's Birthday Honours for services to Girlguiding. Maureen has been a leader with Dromore Guides for over 60 years. She first joined the organisation as a Brownie, aged eight, and more than 60 years later she is still working in the organisation as a volunteer. In 2019, she received a Girlguiding Ulster Award as well as the 60-year Long Service Brooch.



Charity challenge

Suzanne Shepherd, a member of East Belfast Trefoil Guild, has just completed a 75km Challenge Walk in 7.5 days in support of Christian Aid, raising £3,000



– all just four months after she underwent cancer surgeries in both the Belfast City and Royal hospitals. Suzanne has a great respect for the NHS and is so grateful to the health workers for their care at a time when the pandemic caused such a huge backlog for cancer patients. She says she enjoyed the walking challenge and is really thankful that she was able to do it.

Jill given Silver Fish Award

Jill Webb, co-founder of All4Hudds Trefoil Guild in West Yorkshire South and Lead Volunteer for Safeguarding for Girlguiding UK, was awarded the highest discretionary honour in the organisation, the Silver Fish Award, for her inspirational work over 30 years supporting girls and young women. The award was presented by Chief Guide Amanda Medler on Zoom.

Have you received an award, or do you know someone who has?
Send the details and a photo to *The Trefoil*. Contact details on page 2.





Your snapshots

We take a look at what guilds have been up to



Making a splash

We had a familiarisation session for leaders and members of Blackpool Internet Belles to try paddleboarding with members of Bridgewater Boaters Trefoil Guild.

Audrey MacNaughton,
Blackpool Internet Belles Trefoil Guild

Memorial trees

To celebrate the 75th anniversary of the Trefoil Guild in 2018, the Dundee Trefoil guilds planted acorns. Two of these grew into small oak trees and in May this year we planted them at Newbigging, our county campsite, as memorial trees to some of Dundee's former leaders.

Ramane Bengough, TG'13, Scotland



Buzzing for bees

My husband and I went to Swanage in June and I was really surprised to see the majority of the little local shops supporting bees, as we all know various animals depend on bees for survival, because their food relies on insect pollination. They sold all sorts of things with bees on table mats, soap, towels and hand cream to name but a few. I bought some bee earrings, which I wore when we went to Poole by boat. Who did I see there? Of course, a statue of Lord Baden-Powell. I had to have my picture taken with him and felt so thankful that he gave his time for all the members of the Scout and Guide movements. I also felt proud to think I have been a member for nearly 50 years.

Avril Brampton, Harlow Trefoil Guild



Picnic time

This was our first county gathering since lockdown. More able-bodied members walked around the lakes and joined the lesser able-bodied members for a picnic tea in the wild garden of the village hall.

Nancy Wheatland, Kington Trefoil Guild



Garden walk

For our first face-to-face meeting since lockdown, members took a walk around the grounds of Brockhole House and by lake Windermere, followed by an ice cream.

**Susan Heyes,
Kendal Trefoil Guild**



Face-to-face fun

We had waited a long time to 'Be Seen and Have Fun in 2021'. It was great to be together again. We couldn't believe how much we had missed the fun and friendship. For one of our members it was even more special, as it was the first time in 15 months that she had been out of her flat. Susanne looked ecstatic when enjoying her coffee and cake. Sarah Jane was moved to talking to a tree, the trunk of which had been carved into a face. "Don't you look at me like that!" she said. The tree wasn't used to seeing Trefoil ladies in their red – but, hopefully this can now be remedied and we can get out and about and be seen again.

Avril Stouse

Hayling Island Trefoil Guild



Safe stroll

We had a socially distanced walk with three friends, following Covid guidelines, at Lochwinnoch and Parkhill Wood. A risk assessment was done beforehand and sent to the County Chair.

**Elizabeth Howie,
Kilwinning
Trefoil Guild**



On message

On a sunny July afternoon members of Trefaldwyn Trefoil Guild gathered at Montgomery Castle for their monthly meeting. Inspired by the setting, they had studied their old Guiding handbooks to remind themselves of semaphore and signalled messages to each other – and any other Border castles that happened to be keeping a lookout that day! But this was no SOS, just a cheery ‘Hello’, a thoughtful ‘R U OK?’ and, intriguingly, ‘Beer garden’! There was some debate as to whether the latter would have been acceptable back in those Guiding days. Good to know the old ways of communication are still remembered for when rural broadband fails...

Sue Michaels, Trefaldwyn Trefoil Guild



Cool Kelpies

Two members of Argyll Trefoil Guild visited the miniature Kelpies at Ardrishaig Pier. The Kelpies were on a tour of Scotland when the first lockdown occurred and have been there ever since!

Sheila Reid, Argyll Trefoil Guild

Activity day

In their first meeting since February 2020, Priory Trefoil Guild in North Yorkshire South enjoyed an activity-filled day with garden games and afternoon tea.

Chris Bulmer, Priory Trefoil Guild





Jolly time

For their May meeting, Guernsey Guild visited a local plant centre where they took part in a container-growing workshop. The owner of the plant centre discussed Guernsey's growing seasons, cultivation and planting. He then guided us through planting up a container, which we were able to take home.

He offered us sombreros to wear to keep the sun off, and a jolly time was had by all.

**Nicky David,
Guernsey and
Sarnia Trefoil
Guilds**



Farewell tea

Members of Newcastle West Trefoil Guild enjoyed afternoon tea, which was a goodbye event for three ladies who are no longer able to attend.

**Dawn Potter,
Newcastle West Trefoil Guild**



STARS of the zoo

Bunty Yates, Mary Amoroso and Susan Ellis from Clacton Night Owls Trefoil Guild visited Colchester Zoo in May and completed clause 5 of the Roam theme of the STARS Trefoil Challenge. They ate their picnic lunch while it was still dry, and despite the rain later in the day had a great day seeing the antics of all the animals in the zoo. Mary and Bunty even stroked a cheetah, though it was only a statue, and Bunty made music on a kangaroo xylophone! They enjoyed a trip on the Covid-secure Lost Madagascar Road Train and caught sight of the new baby long-tailed lemur. They even had an ice cream. They all agreed it was lovely to have a zoo visit when they didn't have to constantly count Brownie heads to make sure they hadn't lost one!

**Susan Ellis,
Clacton Night Owls Trefoil Guild**

Please email your photographs to thetrefoilmagazine@girlguiding.org.uk. All photographs of members throughout this issue were taken in accordance with Covid-19 guidance.





An away day in... Shropshire

When you move to Shropshire you lose all ambition and never move away, says *The Trefoil* editor Judy Ellis

Steeped in history from Stone Age through Roman Wroxeter to the Industrial Revolution, Shropshire has also made important contributions to science, music and literature. The county has no cities, just hidden villages and fascinating market towns, luring back those who discover them.

The **Ironbridge Gorge World Heritage site**, on the River Severn, is the birthplace of the Industrial Revolution. The **Iron Bridge** itself is the first cast iron bridge in the world; **Coalport China** was made nearby, and Jackfield's ceramic tiles decorated London Underground stations.

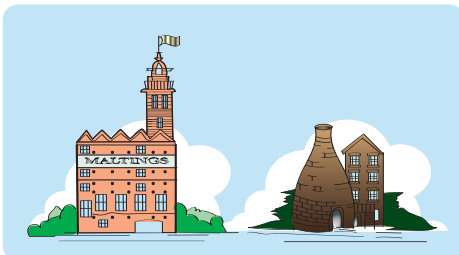
Visit **Shrewsbury** to see the world's first iron-framed building, grandparent of all skyscrapers, at **Ditherington Flax Mill**. Charles Darwin, born at The Mount on the banks of the Severn and educated at **Shrewsbury School** – now the Library – developed his environmental

knowledge here. In medicine, a pioneer of anaesthesia, Henry Hill Hickman, was born in **Bromfield** near Ludlow and William Withering, who discovered digitalis, was born in **Wellington**.

The WW1 poet, Wilfred Owen, the composer, Henry Walford Davies, and the author, Barbara Pym, were all born in **Oswestry**. Edith Pargeter, creator of Brother Cadfael, was born in **Horsehay**. Children's authors Malcolm Saville and Pauline Fisk used areas of Shropshire as their inspiration. A.E. Housman and John Osborne were inspired by the hills and valleys around **Clun**. The intriguing **Land of Lost Content** in Craven Arms is the National Museum of British Pop Culture of the 20th Century.

An important rare habitat, Shropshire meres and mosses lie around **Ellesmere** in the north, preserving Ice Age lakes and wetlands with peat bogs. Further south, the Shropshire hills around **Church Stretton** have been occupied since the Neolithic. Fossils from **Ludlow** bone beds, studied since 1832, led to Ludlow being called the spiritual home of geology.

Whether your interests are scientific, environmental or literary you will satisfy them in Shropshire, set amongst areas of outstanding natural beauty and excellent walking country.



Ditherington Flax Mill and Coalport China Museum



Interview with... Major Natalie Taylor

We were all fascinated by **Major Natalie Taylor's** talk at our virtual Annual Meeting, so here she gives us some more personal insights into what has made her the person she is

"I decided as a child I wanted to become a doctor after I was inspired by my Guide leader, who was a doctor," Natalie told us. "She was in the reserves, and this helped shape me and influenced my choice to join the army.

"The people who have influenced me most in the past are definitely my Girlguiding leaders – Annabel Davies and Liz Hurst from 1st Colwich Guides in Staffordshire.

"My biggest challenge in achieving my ambition was completing my A levels and actually getting into university. Everything else from there I have taken in small chunks, which has made things easier."

When we asked what was the most exciting event Natalie has experienced, she came back to Girlguiding and said, "Oh, that's hard! There are so many to choose from. I have to say that getting to the South Pole was incredibly special, but also, when I was a Guide, I was very lucky

and was selected to go to an international jamboree in Russia at Volgograd in 2000. Going there was definitely a memory that I will never forget."

Looking at the active life that Natalie leads, you might expect her relaxation to be a complete contrast, but she relaxes in the

mountains, running and mountain biking.

When we touched on the subject of food, Natalie told us that the most unusual food she'd eaten was fermented mare's milk, which she was offered in Mongolia.

Trying it was a real challenge.

She would much prefer a supper of baked aubergine and other roasted vegetables, and her ideal supper guest would be the Dalai Lama. She would love to chat with him, as she considers him a sage and wise old man.

Natalie thinks we'd be very surprised at a secret of hers. She told us, "I am really messy! I am incredibly untidy,





but everyone thinks, because I am in the army and have taken part in so many expeditions, that I am very organised. I *am* very organised with my diary, but I'm incredibly untidy. I definitely have a 'floor-drobe' where all of my clothes live on the floor instead of in the wardrobe."

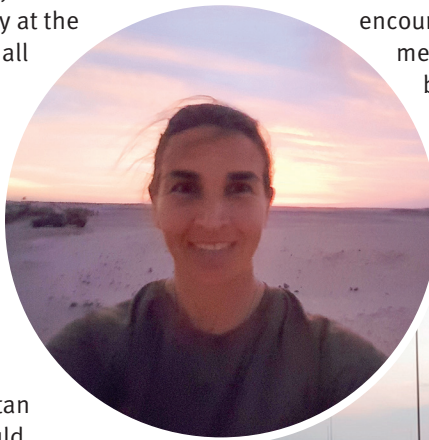
Although Natalie doesn't have a bucket list, there is no doubt she still has dreams and ambitions. Her goals for 2021 are to complete more ultra-distance running races like the 6633 Arctic Ultra Marathon, a 350-mile race in Canada, which she won in 151 hours and 54 minutes.

In the future, she really wants to visit Bhutan, the country at the top of the world, to see all its mountains and experience its culture. The country has been so difficult to access that the culture is almost untouched and hasn't been influenced by the Western world. Luckily for Natalie, mobile phone coverage in Bhutan is excellent, so she would still be able to do everything on her phone, which she told us is the gadget she couldn't manage without.

We asked Natalie, if she were Prime Minister for a day, what changes would she make? She said, "I think that the global impact is really important so

I would improve the country's green agenda and I would highlight Girlguiding. I think it is really important that we get Girlguiding, and all youth organisations, involved with that agenda, so proper provision for them is key to our future."

Throughout our conversation, it was obvious that Girlguiding plays an important part in Natalie's life, and when we asked her about how it has influenced her, she said, "I think Girlguiding has had a massive impact on my life, and I think no one in Girlguiding should underestimate the impact that they have on the lives of young people. It has encouraged me and inspired me to get outdoors and to believe in myself, and it helped me realise how much I loved being outdoors, camping and cooking on wood fires and all of that!"



Girlguiding inspired Natalie's love of the outdoors

"I think it is really important that we get Girlguiding, and all youth organisations, involved with that [green] agenda, so proper provision for them is key to our future"



Our diversity and inclusion journey and plans for the future

When we developed Girlguiding's strategy for 2020 and beyond, our community told us they wanted Girlguiding to be more inclusive and welcoming to all

We knew there were many examples of our guiding community working hard to create a welcoming space for all girls, but we also knew Girlguiding wasn't as diverse and inclusive as we wanted it to be, and we needed to do more to build on the work we've already been doing to support inclusion.

Over the last year we collaborated with more than 200 volunteers, girls, parents and carers and staff on a diversity and inclusion audit. Through interviews, focus groups and a survey, girls, volunteers and staff shared experiences from their time in Girlguiding of when they've felt excluded or included, or discriminated against. This included racism, Islamophobia, homophobia, biphobia, transphobia, discrimination because of class (classism) and discrimination because of disability (ableism). Their experiences informed our new strategic plan for diversity and inclusion, which we published in May 2021. This sets out how we plan to address the problems we've found.

We want Girlguiding to be a welcoming

place, where different experiences are valued and celebrated; a place where everyone is welcome, is free to be themselves, and has an equal sense of belonging – whoever they are and wherever they are from.

We aim to be a place where the skills of marginalised people are appreciated, their talents are nurtured, and their experiences are valued, and where all levels of Girlguiding are as diverse as the communities we live in.

Through our shared Promise, we make a commitment to being active citizens in our communities and the wider world, to helping others, and to respecting the beliefs of others – as such, being inclusive helps us all live our Promise. Our plan sets out the steps we'll take to realise our ambition. These steps are grouped into three themes.

Changing our culture

We need to build an equitable culture, so girls, volunteers and employees have a more inclusive experience. We have



recruited a network of volunteer inclusion advisors to give advice and guidance on specific areas of diversity and inclusion.

Amongst many other measures, we will focus on taking a zero-tolerance approach to discriminatory behaviour; including themes of diversity and inclusion in new programme activities and resources; and launching diversity and inclusion e-learning for volunteers and race-equity training for senior staff and volunteers.

Equitable representation and power

We will build towards fully reflecting the diversity of our society, making sure marginalised groups are represented at all levels of guiding, particularly in decision-making roles. To help us with this mission, we will improve how we collect information about our members'

and staff demographics, and we'll work to build a leadership development programme for people from marginalised and underrepresented groups.

More collaboration and better communication

We must build strong connections with groups in marginalised communities, so we can be a part of the local community for all girls and volunteers. We are committed to this plan, and we want marginalised people to know their voices are represented and important in Girlguiding. We will reach out to community groups and work with them to help girls and young women and build trust across our whole community by sharing our commitment to this plan and our ambition.

Where can I find everything?

More information and resources about our plans for diversity and inclusion can be found on girlguiding.org.uk/about-us/diversity-and-inclusion/





Put your best foot forward

It's time to go for a walk, either real or virtual, says **Sheila Leete**, National Programme and Development Adviser

After some time when our travel has been restricted, many of us have been able to enjoy the freedom of the outdoors. No more looking at our holiday photos of previous years and wondering when we can once more don walking boots. But for those of us unable to walk any distance or who prefer to explore new places virtually, the internet offers a wide range of opportunities.

My favourite collection of virtual walks is the Countryfile walks (countryfile.com/photography/virtual-escapes-britains-incredible-national-parks). Some walks, like the Conqueror Virtual Challenges (theconqueror.events), charge a fee and include awards, or raise money for charity; others, like World Walking (worldwalking.org) are free and encourage people to be more active. Some, like the Canal and River Trust (canalrivertrust.org.uk/news-and-views/features/just-for-fun-our-top-six-virtual-walks) give you a video of a walk to follow

virtually while doing your own local walk, either indoors or outside. If you prefer your walks to be over shorter distances, combining your regular walks into one longer one along a virtual trail might add interest to your exercise.

International virtual walks

Several members have taken part in international virtual walks. Patrice Graham (pictured) of Bishopton, Renfrewshire in Scotland, completed the Virtual Inca Trail in 2020. She says, "As it looked like doing anything for real was not going to be possible for

some time, I decided for the Silver Voyage award, Explore My World, to do a Conqueror Challenge to virtually walk the Inca Trail.

"The Inca Trail has always fascinated me. I had thoroughly enjoyed TV programmes, reading about and viewing DVDs of the trail. Before I began, I did a lot of research to find out more about the terrain, about Peru and Machu Picchu,





as well as the experiences of those who have walked this before. I knew that if I attempted the trail itself, I would struggle with the heat and the terrain, as well as the problem of high altitude.

“It is possible to walk the trail virtually linked to an online app, with progress added after each walking session. I received virtual postcards along the route and a real tree planted after every 20% of the trail was completed. Personal progress along the trail can be viewed online on Street View.

“I signed up for The Classic Inca Trail. However, there are two additional trails – the Lares Trail (21 miles) and the Salkantay trail (45 miles) – giving me a total of 92 miles.

“I was delighted to receive my Challenger medal after completing the challenge.”



Real walk to Petra

One of my own most memorable walks was to the lost city of Petra. Arriving late in the afternoon, the first experience of Petra was a 3km walk through the Siq in darkness and total silence. Massive cliffs towered above us, torches showed us only where to place our feet. Rounding a final corner of rocks, we were staggered by the magnificent carved façade of The Treasury reaching over 100 feet above, lit only by hundreds of candles.

The next morning, we had a two-hour guided tour through the main avenues of the city, exploring and learning the history along the way. Then, with a basic map, we spent the rest of the day exploring.

Petra, the home of the Bdul tribe, lay undiscovered by the outside world until 1812. In the 1980s, the Bdul people were encouraged to move from their caves to a purpose-built settlement, but as we explored the cliffs (left), it was apparent that some caves remained as homes.

On our final hike, we walked in before dawn to climb to a height of 1,100m to the High Place of Sacrifice, to watch the sun rise on the city below. Go to [google.co.uk/maps/about/behind-the-scenes/streetview/treks/petra](https://www.google.co.uk/maps/about/behind-the-scenes/streetview/treks/petra) to follow in our footsteps virtually.



Penny Hike Part II

Here are some more ideas to use with the 'board' from the June issue

GET OUT AND ABOUT!



Travel on a heritage railway



Identify three new birds on a walk



Take part in a Trefoil activity at a Girlguiding Activity Centre



Organise an incident hike for your local Guides



Take your guild meeting to a local care home



Host a mums and toddlers group once a month



Organise a town window trail of Trefoils for visitors' children



Take animal rescue centre dogs for a walk



Play singing games from your childhood with Rainbows



Plan a bring-and-share Hallowe'en or Christmas supper for local leaders

GET UP AND GO!



Do two 15-minute sessions of armchair aerobics each day



Borrow (or write) a Murder Mystery and solve it together



Make a mosaic



Start a guild log book with photos or drawings



Weave a willow basket



Restore or upcycle a piece of furniture



Hold a mini maker fair of members' lockdown products



Twin with an overseas guild



Challenge members to write a poem, story or song and perform them



Play Desert Island Discs. Everyone brings a recording of music/song and explains what it means to them



Annual Report for 2020

After a difficult year for the whole world, national Chair **Eileen Martin** reflects on the resilience of Trefoil members

On Saturday 19 June 2021 we held our first ever Virtual National Annual Meeting. More than 2,000 members joined us from 17 countries. We had more first-time visitors to the website than returning visitors and many of these also viewed other pages. Below is a short precis of the Annual Report with more information in the country and region reports, which start on page 28.

Little did we know when we met at Southport for our Annual Meeting in 2019 just how much the world would change for all of us. 2020 was a challenging year due to Covid, which has affected everyone in some way. In March, we had to make the difficult decision to cancel our Annual Meeting at Southend and, following lockdown, all other meetings, including our Board of Trustees, were quickly moved to online formats, using Microsoft Teams and Zoom. Country and region meetings went virtual, as did the first intrepid guilds.

Over the next few months, unable to meet face-to-face, more and more guilds started using Zoom. To begin with, most had only a few members participating, but then requests from members to join these meetings saw guilds meet up virtually and this spread across the UK and beyond. All sorts of activities were organised and soon suggestions were appearing on social media and help offered to

those interested in trying something new. I have been amazed at the resilience and resourcefulness of our members.

Alongside all the virtual events, we did not forget about those members who do not have, or do not wish to use, technology. Newsletters have been distributed, phone calls made, and *The Trefoil* magazine has continued to provide a source of news and ideas for all our members.

The Voyage Award continues to be very popular, with more than 2,900 registered since the start. During 2020, 51 members achieved their Gold award, 64 Silver and 50 Bronze. The Thanks and Recognition brooch remains very popular with our members. The Trefoil Guild Silver brooch for outstanding service to Trefoil Guild has been presented to five members this year.

I hope you will all have the opportunity to read the wonderful Trefoil 2020 booklet, which has been produced to reflect on the last year.





Meet a guild

The International Lones Guild launched last year and has united Trefoil members around the world with no guild of their own, says **Claire Banazol**

Trefoil Guild In Foreign Countries has members spread across the globe; from Australia to the USA and many places in between. Many are active leaders in British Guiding Overseas (BGO), but some have either hung up their leader's uniform or are living in countries where there are no BGO units. In 2020, when many Trefoils were beginning to meet using electronic means, the TGIFC Co-ordinator suggested that the 'lone' members who did not belong to one of the existing guilds might like to Zoom together, and so the seed was sown.

In June 2020, seven of us met via Zoom, decided to form a Trefoil group and to think of an appropriate name. The next meeting was held in September; two sessions, one during the UK morning/evening in Australia, and a second during the UK evening when North

American members would be awake and could join. As you can imagine, time is the biggest challenge for our unusual Trefoil – there are 13 members, living in seven countries, across nine time zones. It's like a sudoku puzzle when the clocks change in some time zones, and not all on the same weekend.

Members discussed suitable names for the group and International Lones Guild (ILG) was unanimously agreed.

Over the first few months the members set themselves a challenge to tackle in the intervening weeks and to share during the virtual get together: macramé, writing a poem about friendship and designing a badge for our newly created Trefoil are just a few we have enjoyed.

It was agreed that in 2021 there would be a speaker or activity led by one of the members at each meeting, and with

13 members diversity is guaranteed. So far there have been talks on a TGIFC European Campervan trip; Life in the Navy; Walk the Walk's Moonwalk; and The Pennine Way. We hosted an exciting



Members of ILG had a virtual get-together at Christmas



TGIFC World Thinking Day virtual event when 56 members from 17 countries gathered on Zoom, renewed their Promise, sang campfire songs and shared guiding or World Thinking Day memories. The Bermuda Trefoil Guild wrote a song for the occasion and it was a privilege to welcome National Chair, Eileen Martin, too. Enjoyed by all, this could become an annual event.

ILG has a diverse membership, with a vast array of Girlguiding and life experiences; one member has lived in nine countries! Where there are no BGO units, many are involved in local organisations; in Sweden one of the members is currently a leader with Swedish Scouts. Our members range in age from 33 to 89, but the difference in years is rarely felt – they find they share the same values and enthusiasm for Girlguiding.

As with many Trefoil Guilds, we have several Queen’s Guides and long-service awards. Some have gained unusual awards – like the Australian Guiding Expedition Certificate. When asked about guiding memories, at least two met Olave Baden-Powell, and others reminisced about attending World Jamborees or visiting WAGGGS World Centres. Our members share a wanderlust and at least two have been lucky enough to visit all five centres.

As members get to know each other more, it’s fun to hear about their hobbies and skills – from a published

poet to a scuba diving instructor; from daily swimming in the sea to juggling with fire. Different as they are, there are two things all members have in common – they all agree Girlguiding had a positive influence on who they are and where they are today, and they all cherish the fun and fellowship they have found in Trefoil Guild and ILG.



Caroline,
ILG member,
has visited EVERY
WAGGGS centre!

“Our members range in age from 33 to 89, but the difference in years is rarely felt – they find they share the same values and enthusiasm for Girlguiding”



Scenic location, super staff and lots to do!

Glenbrook Activity Centre has recently returned to the management and support of Girlguiding HQ alongside the other national centres. We caught up with Centre Manager, **Alison Wheeler...**

Can you tell us a little about yourself and this wonderful Glenbrook centre?

Glenbrook was first opened as a Ranger Centre in 1968 and is set in nine acres in the heart of the Peak District. It has activities for all ages and accommodation in different sizes. I have been manager for eight years, and my assistant, Sam, has been here 19 years. My husband and I were very outdoor focused and after being with me for so long (a Guide leader of over 20 years), he understood the Guiding ethos. When the manager vacancy here came up it was a logical step for me to apply and help the centre grow.

What are the biggest changes to the centre you have seen over your time here?

Some Trefoil members may remember it being a very wet and boggy site, but not anymore. One of the first improvements was installing land drains every three metres in the camping fields. This has made such a difference that we now have campers all year round, and with our shiny refurbished camping block, the numbers are increasing. Also, in the last eight years almost all the indoor accommodation has been modernised and we now have more activities available – people that haven't been



to Glenbrook since that time would really see a difference.

You have loyal customers who travel from all over the country; what is it that brings people back each year?

I would like to say that the reason people come back is because of the super staff! But it is possibly our scenic location nestled in the valley with numerous things to do and that our facilities are clean and modern.

What can a Trefoil member expect when they visit the centre?

They could expect a warm welcome and home comforts in the four-bed self-contained flat. If they were to stay in one of the big buildings, they would have to bring their sleeping bag!

What do you look forward to the most throughout the year at the centre?

I always look forward to the house martins returning to their nests in the eaves of the house and the smell of breakfast cooking on an open fire wafting through the windows.



Home comforts in the self-contained flat



A light and airy bedroom is ready for visitors

What is the one thing Trefoil members need to do when they visit the area?

It's very difficult to name one thing as there is so much to do in the area. If a member is a keen walker, they should really do our Trefoil-shaped walk – 3.5 days of scenic walks all starting and finishing from Glenbrook. There are three leaves of approximately ten miles and then a stalk that nips up Win Hill and back. But for a more leisurely visit it is a must to pop to Bakewell for a pudding.

When is the best time to visit and why?

There is something for everyone all year round. We have a number of Trefoil members that visit to see the local Well Dressings – what better way to spend the day than strolling round villages, trying out the cafes and enjoying a Peak District tradition? Not forgetting, our annual Explore Glenbrook short break. This offers a varied programme to suit everyone, with a mix of walking trips, day trips to local villages, adventurous activities and evening entertainment.

For more information on the Explore Glenbrook event taking place between 26-30 September 2022, visit: girlguidingactivitycentres.org.uk/themed-breaks

Your letters

Find out what other Trefoil members have on their minds

Thank goodness for Trefoil!

Having been involved in Guiding since I was a Brownie I have procrastinated about joining Trefoil. When I stepped down from my Guide unit and became their administrator, I finally decided to visit my local Trefoil group – just before Covid. I managed to go to three meetings before we were all locked down.

As I was furloughed, I visited the Trefoil website and decided to join, figuring that I could get on with the STARS challenges and Voyage Award on my own, as my guild was not meeting virtually. I wanted to fill my time to help me through lockdown and Trefoil challenges were something that would work. A lot of the plans I made counted towards either Voyage or STARS. I volunteered at the local food bank, tried new ways to keep fit including yoga, Tai Chi and Joe Wicks sessions, mastered(-ish) DIY, and worked on the Guide community garden. I reorganised thousands of photos, read *Frankenstein* and *Dracula*, did lots of Girlguiding e-learning and walked, walked, walked (as you can see above).

I've still got a few things to do on Voyage and STARS and we've managed an in-person meeting now so, hopefully, things are going to get better for us all. I will keep going on the challenges and look forward to finishing them and to more Trefoil meetings and experiences.

Donna Roberts, Amber Trefoil Guild



High-flying Beryl

One of Dawlish Trefoil Guild's older members, the 90-year-old/young Beryl King, likes a challenge. Not content with a solo trip to Australia (pre-pandemic), where she made contact with a local Trefoil Guild and attended meetings

with them, she has now had a go at indoor skydiving – and loved it! She is running out of ideas for her next challenge, so if anyone has any suggestions...

**Mo Hutchings,
Dawlish Trefoil Guild**





Young at heart

We are never too old to have fun and laughter. Six members of Ripon Trefoil Guild met for the first time face-to-face since the Covid lockdowns in the gardens of Hazel House with their own folding chairs, flasks and eats. How we enjoyed being together, and what laughter! Suddenly, the garden



gate opened and our local PCSO wheeled her bike into the garden. "Oh my goodness," she exclaimed, "hearing your voices, I was expecting a group of teenagers skipping school, not a group of ladies of a certain age!" How good that felt.

Clare Watkinson, Ripon Trefoil Guild

Teddy's tales

In 1967, my daughter, Caroline, was given a teddy for her first birthday. Teddy went everywhere with her, a much-treasured cuddly toy. She sucked her thumb whilst fluffing his ears and gradually the ears disintegrated. Teddy's body and face began to wear and lost their fluff. I darned as much as I could and knitted him a jumper and trousers. Later I patched

him with material that had memories – Caroline's dress, grandma's dress, brother Martin's trousers, Auntie Glenys's wedding dress. When Caroline left home



he went into storage, packed away safe and sound. During lockdown, Caroline found him in her attic. He needed reviving, so Caroline and Auntie Glen remade him. Caroline took all the patches off him and there was not a lot left. She posted the head to Auntie Glen, who remade that. He had a new nose and ears and the patches put back in their original position. The head was posted back to Caroline and Teddy was restuffed and sewn together. He looks a little different but has retained all his patches, like Joseph and his coat of many colours.

On 1 September, Teddy was 54 years old and enjoyed a birthday party!

**Rita Hall,
Tavistock Trefoil Guild**



Please send your letters to: Trefoil Guild,
17-19 Buckingham Palace Road, London SW1W 0PT,
or email: thetrefoilmagazine@girlguiding.org.uk



Country & region reports

Despite a difficult year, guilds around the world managed to find fun and friendship

Anglia region

In November, Anglia produced the first ever Xmas Special booklet to ensure that members across the region received something posted to their doorstep and not via email or electronically, so that everyone was included. In December, we launched the monthly Anglia Times to update members with Trefoil news and things to do and make.

When possible, some members met in sixes for walks and park talks. Knitting and crafting included masks, scrubs, 'twiddle muffs', teddies for charity and hats for neonates. There were virtual BBQs, teas, Christmas parties, award ceremonies, murder mysteries, speakers, craft demos and even virtual walks. Members planted trees and bulbs in unusual containers, held VE Day socially distanced tea parties and doorstep gifts at Christmas. And oh, so much more.

Jean Kelly



London and South East region

Last year has been very different from any other year. Locked down for most of the year, you can rely on Trefoil members to make the best of their time, and they did. Two quizzes and ten Tenables available to members every week. Members were supported with newsletters, phone calls, letters, emails. They baked, made scrubs, thousands of scrubs bags, wash bags, mastectomy cushions, baby blankets and clothes. When we realised it was for the long haul, we became online experts, found Zoom and, after the initial shock of seeing each other on screen, had endless virtual ideas, afternoon teas, sleepovers, escape rooms, Easter bonnets, games, quizzes, took part in Operation Bletchley, and joined in WAGGGS and National broadcasts. We wrote a Lockdown Recipe Book, and two books of Guiding and lockdown memoirs. Now ready to get together and resume usual service.

Chris Martin



Midlands region

February 2020 saw the last few events before lockdown, including Girlguiding Midlands' Celebrate, after which everything had to be postponed or cancelled, including our visit to Waddow. International Days in 2020 and 2021 have been cancelled – thank you to Glynis, Liz and all involved in both preparations.

Our visit to Kenya is postponed until 2022. Members have proved themselves resourceful and stoic in the face of adversity, tackling Voyage Awards, STARS and online meetings. I am extremely grateful to those who have finished in their roles and am delighted to welcome their successors, including my own, as Elaine Diack from Northamptonshire starts her term as region chair. Thank you to the Midlands Executive Committee for all their hard work, commitment, enthusiasm and support. It has been a difficult and dark year, but lighter and sunnier days lie ahead. Best wishes to you all, thank you for everything you continue to do for Trefoil and above all, keep safe, keep well and keep smiling!

Eirlais Tomkins



North East England region

In March 2020, representatives of each county met to discuss 'Recruitment and Retention', and were fired up with ideas for activities including plans made for a challenge badge to raise money for the Air Ambulance appeal. Almost before they were able to hold county meetings and make more plans, we were confronted with lockdown!

The remainder of 2020 was spent mastering new forms of technology to keep in touch, making scrubs, masks, and other charity work from the confines of our homes. My thanks go to West Yorkshire South and all who have spent time and effort preparing for events that were unable to happen, such as our Annual Meeting in Huddersfield, region Activity Day, Advent Service and others.

Sadly, there have been members who have suffered and died in the pandemic. To all their families and friends, we send sympathy and comfort. And next? We postponed launching our Air Ambulance appeal until 2021, created new dates for events, and crossed our fingers for a better year to come.

Dianne Bollom





North West England region

We really struggled over the decision to cancel March's Annual Meeting, as the county team had worked so hard to make it happen. There was a definite 'what happens next?' moment if we couldn't meet, then 'Be Prepared' kicked in.

Contact was maintained through email, telephone, newsletter, cards and socially distanced chats over the garden wall. Members introduced WhatsApp and Zoom and all Trefoil activities began once more.

2020's theme was 'thinking of others', from Thinking Day in February to clapping for the NHS, making Circles of Hope, displaying rainbows and Guiding Lights in windows. Members sewed scrubs and masks, knitted hats for prem babies and special hearts for Covid patients, and raised funds for charity. Many remained shielding but we tackled programme, challenges, online gatherings, virtual tours and more. Luckily, some members were able to enjoy many more freedoms, such as those on the Isle of Man. I hope 2020 proves to be an exception and look forward to meeting some of the wonderful members who have kept Trefoil going for everyone in North West England.

Jennifer Watson

Scotland

When 2020 began, we had little idea how much would change. However, our members overcame the challenges and continued to make friends, help local communities and have fun. Meetings and events were replaced for some by Zoom and other platforms, and others have kept in touch with members via phones, newsletters, and socially distanced visits.

We lit candles to remember all affected by the pandemic, especially NHS staff working tirelessly to save lives. Thanks to Zoom, it has been lovely to meet members who we would not have been able to meet otherwise. Members sewed scrubs and bags, knitted hearts, rainbows, hats for babies and blankets. Our Zoom through the STARS weekend event was a great success and was followed by a Wellness Day and a Christmas Afternoon Tea. The Scottish Challenge Badge was so well received that we have had requests for it from as far away as the USA. Thank you, everyone, for your support throughout 2020.

Susan Hogg





South West England region

Becoming chair in the middle of a pandemic made for an unusual first year! Despite Covid, the region thrived on friendships and active involvement within communities. Everybody used Zoom, newsletters and phone calls to keep in touch and continue active programmes like quizzes, crafts, writing poems, playing bingo and baking. Sewers and knitters created items for hospitals and charities and used home projects for Voyage and STARS. When restrictions allowed, guilds enjoyed meals out, theatre trips, Thinking Day vigils, walks, breakfasts, dressing up for Royal Ascot, and members making their Promise on Brownsea Island. New activities, both actual and online, included escape rooms, Bollywood dancing, singalongs, pig races and pantomimes, making vodka, photo competitions, activities to raise money for charity and even virtual pilgrimages. Val Sewell, Jane Withey and Sue Norton were awarded Silver Brooches.

Hilary Crane



Ulster

2020 – ‘That was the year that was’ – different, challenging, difficult and strange, as we had to adapt to new ways of life. Members took part in a diverse range of activities, from making cakes in mugs to armchair aerobics and line dancing. They also raised £2,400 for the hospice in memory of Merle Whyte, a former Ulster PR Adviser, as well as supporting other charities. The Ulster Executive arranged several events on Zoom, which included a very well-attended virtual tea party and a ‘Baubles and Bows’ overnight event on Zoom when members showcased their skills at sweet making, crafts, flower arranging, games and a talk on Christmas customs. To include members without Zoom, we produced a very popular quarterly news sheet called Trefoil Times to keep members up to date. Members found imaginative ways of doing things. When Rea Rutherford received her Silver Voyage Award, it was presented at the end of a litter picker! We now look forward to an easing of restrictions and being able to meet in person again.

Hilary Richardson



Trefoil Guilds in Foreign Countries

The Benelux and France guild is meeting monthly and has been able to involve more members. Bermuda has adapted to Zoom meetings quarterly and enjoys meeting other guilds around the world.

Cyprus guild produced a recipe booklet for STARS 'Self' and members took 'virtual trips' for STARS 'Together'. Gibraltar prepared 18 boxes full of essentials for villagers in Africa to receive their first ever Christmas presents.

Jakarta had plans for social meetings and adventures within Indonesia, but all plans are abandoned until further notice. Anne and Kenneth from Malta were in the UK and unable to get home to see the other members of the guild.

Pinoso (Spain) had a busy year on Zoom working on Voyage Awards and STARS, producing a recipe book to raise funds for a local charity. St Helena guild found 2020 difficult due to the restrictions in place but helped to keep the island 'free of' and safe.

The International Lones Guild was formed, with members in eight different countries. Monthly Zoom meetings are enjoyed by all (see page 22 for a closer look at the ILG in *Meet a guild*).

Glen Aston



Wales

2020 began with members celebrating World Thinking Day and preparing for the Annual Meeting – a chance to meet up with friends.

Covid-19 has affected everyone in some way, especially coping with loneliness and tragedy, but also had positive outcomes such as members using skills and supporting each other and their communities via volunteering, as frontline workers, making scrubs, sharing baked goods, clapping for the NHS and lighting candles.

Most guilds have been able to keep in contact with members via Zoom, email, snail mail, phone, or in person when possible, as well as sharing packages at holidays. Voyage Award and STARS have provided more challenges, as has successfully conquering Zoom. We've collected items for our tombola at the RDA event, now in 2022, and we hope 'Bounce Back Broneirion' will help us save the Home of Welsh Guiding. The importance of fun and friendship that Trefoil members share has never been more important. Remember: 'The most wasted of all days is one without laughter.' [EE Cummings]

Janet Vine



Trefoil Guild

Financial report for the year ended 31 December 2020

Overview

The Trustees are responsible for preparing the Trefoil Guild Trustees Report and Financial Statements in accordance with the applicable law and UK Accounting Standards. The Trustees consider that the general reserve should be maintained at a level broadly equivalent to the annual expenditure of Trefoil Guild to cover the delay in receiving membership subscriptions or any other fluctuations in income and expenditure. This will enable Trefoil to: continue to support countries and regions in their promotion of The Trefoil Guild; absorb any potential in reduction of membership; and enhance members' services.

The funds of the Charity are made up of Expendable Endowment Funds, Designated funds and General funds. These funds include Investments and Net Current Assets.

Investments

The investments fluctuated during the year but recovered in some measure at the end of the year. Professional advisers and fund managers are employed to manage the funds and their performance is regularly reviewed by the Finance and General Purposes Sub-Committee. There was a reduction in value of the investments in comparison with the value at 31 December 2019, which was made up of the fees charged to manage the funds together with realised and unrealised losses during the year.

Income

The main income of the Charity is membership subscriptions, which have increased slightly on 2019. Investment income is down on last year due to the reduction in bank interest, dividends and fluctuations in investments. Donations and Other income include a generous legacy from one of our members.

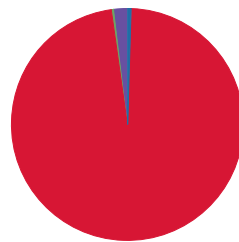
Expenditure

The pie chart below shows the breakdown of the expenditure in 2020, which was down overall this year.

Conclusion

The Charity ended the year with a surplus before losses on investments. The budgeted income and expenditure is sufficient, with the level of reserves, for the Charity to enable to continue as a going concern.

Heather Hern, Treasurer



2020 EXPENDITURE

1 Grants 0.71%

2 Members' services and activities 97.17%

3 World Centres 0.22%

4 Investment fees 1.90%



Trefoil Guild

Unaudited financial statements for the year
ended 31 December 2020

STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	2020 total funds £	2019 total funds £
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	10,737	-	10,737	543
Charitable activities				
Membership subscriptions	257,545	-	257,545	250,454
Members' activities and services provided	9,448	29	9,477	45,880
Members' Gathering	-	-	-	43,499
Investments	6,991	3,191	10,182	13,695
Total	284,721	3,220	287,941	354,071
EXPENDITURE ON:				
Raising funds	3,094	1,322	4,416	4,542
Charitable activities				
Grants payable	1,655	-	1,655	23,833
Members' activities and services	225,010	226	225,236	336,627
Contributions	500	-	500	500
Total resources expended	230,259	1,548	231,807	365,502
Gains / (losses) on investments				
Unrealised	(1,974)	153	(1,821)	47,365
Realised	(4,225)	(2,294)	(6,519)	1,665
Net Incoming Resources	48,263	(469)	47,794	37,599
Transfers between funds	-	-	-	-
Net movement in funds	48,263	(469)	47,794	37,599
RECONCILIATION OF FUNDS				
Total funds brought forward	466,351	188,670	655,021	617,422
Total funds carried forward	514,614	188,201	702,815	655,021

The charity has no recognised gains or losses other than those dealt with in the statement of financial activities



Trefoil Guild

Unaudited financial statements for the year ended 31 December 2020

BALANCE SHEET AS AT 31 DECEMBER 2020

	2020		2019	
	£	£	£	£
FIXED ASSETS				
Tangible assets	-		-	
Investments	482,648		495,404	
Total fixed assets		482,648		495,404
CURRENT ASSETS				
Stock	9,138		7,568	
Debtors	21,853		17,614	
Cash at hand and in bank	219,977		184,178	
Total current assets		250,968		209,360
CURRENT LIABILITIES				
Creditors: amounts falling due within one year	30,801		49,743	
Net current assets		220,167		159,617
Net assets		702,815		655,021
THE FUNDS OF THE CHARITY				
Expendable endowment funds		188,201		188,670
Designated funds				
SDR fund	29,596		28,644	
Platinum fund	3,595		3,587	
	33,191		32,231	
General fund	481,423		434,120	
Total unrestricted funds		514,614		466,351
Total charity funds		702,815		655,021

Trustees' statement

The enclosed figures are a summary of information from the Annual Report of Trefoil Guild. These summarised accounts may not contain sufficient information to allow for a full understanding of our financial affairs. For further information, the full annual accounts (which have been subject to an independent examination) and the Annual Report of the Trustees of Trefoil Guild should be consulted. Copies can be obtained from the Trefoil Guild office. *Eileen Martin*, for and on behalf of the Trustees



Census 2020

Country or Region	NUMBER OF GUILDS 2019	NUMBER OF GUILDS 2020	TOTAL MEMBERS 2019	TOTAL MEMBERS 2020
Anglia	158	161	2811	2706
London and South East England	190	193	3004	2891
Midlands	140	144	2475	2416
North East England	117	119	2010	1903
North West England	115	115	2009	1939
Scotland	91	94	1689	1664
South West England	187	190	3403	3240
Ulster	25	26	417	417
Wales	39	41	667	665
TGIFC - includes guilds in Benelux & France, Bermuda, Jakarta, Cyprus, Gibraltar, Malta, Spain and St Helena	9	10	134	121
Guilds paying direct to Trefoil Guild Office – includes Internet Guild, boating specialist guilds and others	5	5	123	128
Communities Guild	1	1	14	19
Members paying direct to Trefoil Guild Office	0	0	4	7
Total:	1077	1099	18760	18116

The last laugh

Behind the scenes
at the Editorial Board...





Meet Trefoil HQ staff

We catch up with the hard-working team
and say hello a new member

A lot has changed since we last checked in with our staff in the Trefoil office in the June 2020 issue. There are three members of staff who cover everything from answering the phone and inbox queries, to administering the programme, events and the magazine, as well as day-to-day banking, annual subscriptions, posting on the website and social media, and supporting the Trustees and other committees that keep Trefoil Guild running.

Marie and Tasha have been working from home for nearly 18 months, with just a few trips to the office over that time to restock their supplies of badges, certificates, Voyage Award

record books and whatever else they need to keep Trefoil going.

The staff are grateful to all of the members who have helped reduce their trips to the post office by taking up the mantle of emailing forms, making online payments and using the Trefoil website to register for events and awards.

Soon, the staff hope to be returning to working partially in the office, as part of Girlguiding's hybrid working model and in line with Government guidance, as well as training a new member

of staff who has joined the team. They appreciate your support and patience during this transition period. Read on to meet our newest member of staff...



Hello, I am Fatima and that's me pictured above!

I am excited to be joining the Trefoil team as Administrator. My experience is in charity administration, and I have previously worked in the sight loss sector. In my spare time, I enjoy learning new dance styles, particularly flamenco dancing. I also enjoy singing and am part of a local choir. Since completing my degree in Italian I have been passionate about the language and culture. I hope to explore Italy and other countries once restrictions allow. I love being in nature and going for walks, be it in my local area in London or further afield. I am looking forward to meeting Trefoil members and learning all about your adventures.



Trefoil Guild clothing and gifts

When you buy directly from us, 100% of profits go back into guiding.

Shop the full collection at
girlguidingshop.co.uk

or call our friendly team
on 0161 941 2237.



Online Shop



WE DISCOVER, WE GROW

Girlguiding

Submissions to the magazine and website

We welcome all submitted items using the appropriate pro forma, which can be downloaded from the website and sent to the corresponding email address.

If items are for the magazine, please state whether you're happy for them to be considered for the website if there is too little space in the magazine.

Submission date for the December issue is 30 September 2021

Cine-Slides-Video 2 DVD



Have all your
treasured memories
transferred to disc

- VHS & camcorder tapes copied to DVD
- 35mm slides, negatives & prints scanned and saved on DVD
- 8mm & 16mm cine films converted to DVD

Contact **Michael** on: **01708 735810**

Email: michael@slides2disk.co.uk

web: www.slides2disk.co.uk

Taking a break, the easy way

We love welcoming Trefoil members to our activity centres. We want to make it as easy as possible for you to enjoy a break from the routine. That's why we're running a number of themed holidays where everything is planned for you. You book your space and let us do the rest!



Here's a taste of the
many events on offer:

£268pp
single

£240pp
shared

15-19 November 2021

Foxlease, Hampshire

Heritage Week

Fully catered

£160pp

17-19 December 2021

Waddow Hall, Lancashire

Country House Christmas

Fully catered

£12pp

12 March 2022

ICANDO, central London

Royal Parks Ramble

Cream tea included

£125pp

18-20 March 2022

Blackland Farm, Sussex

Explore Blackland Farm

Fully catered

£295pp

26-30 September 2022

Glenbrook, Peak District

Explore Glenbrook

Fully catered

For more info and how to book:
[girlguidingactivitycentres.org.uk](http://girlguidingactivitycentres.org.uk/themed-breaks)
[/themed-breaks](http://girlguidingactivitycentres.org.uk/themed-breaks)

All events will be run according to the latest Covid-19 guidelines.
We guarantee a transfer or your money back if we have to cancel.

Activity Centres



WE DISCOVER, WE GROW

Girlguiding

Registered charity number 306016.



2 NIGHTS
FROM
£185 PP

TREFOIL GUILD 2022 ANNUAL MEETING

LLANDUDNO

24TH JUNE 2022

3 OR 4 DAY TOUR

PRICE INCLUDES:

- ABTA Bonding
- Coach transfers between Llandudno Junction Station and your hotel on Days 1 & 4 with Meet & Greet at Llandudno Junction station on arrival by Greatdays' representatives
- 2 or 3 nights dinner, bed & breakfast in Llandudno
- Live entertainment on Sunday evening at a Llandudno hotel
- Services of Greatdays' staff at the hotels available throughout your stay

SUGGESTED PROGRAMME

- Day 1 - Travel to Llandudno.
- Day 2 - Trefoil Guild Annual Meeting.
- Day 3 - Various day trips for those staying 3 nights.
- Day 4 - Travel home or take the post meeting tour to Mid Wales.

OUR HOTEL SELECTION

- **COUNTY HOTEL LLANDUDNO *****
2 night packages from £185 per person
3 night packages from £255 per person
- **IMPERIAL HOTEL ******
2 night packages from £259 per person
- **CHATSWORTH HOUSE HOTEL *****
3 night packages from £315 per person

OPTIONAL EXCURSIONS

- Conwy and the Great Orme from £52 per person
- Snowdonia Spectacular from £46 per person
- Welsh Wanderer from £48 per person

All prices are per person. Hotels are subject to availability. Prices correct at time of printing. Picture is for illustrative purposes only.

Book online at www.greatdays.co.uk/trefoil-guild
or contact Claire for an information pack on 0161 928 3242 or email sales@greatdays.co.uk
(please leave details if out of office hours)