

The Trefoil

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Thank you for
the music!



GUIDING FOR ADULTS
Trefoil Guild

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pictures from our
Annual Meeting

Dr Suzie Imber
talks science
and adventure

Hints and tips to
help start your
Voyage Award

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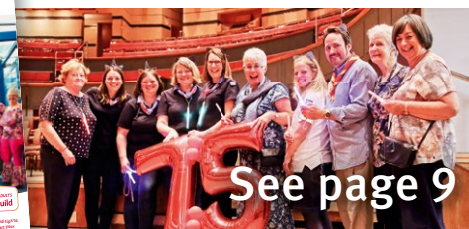
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Members got into the swing of things for our Annual Meeting

The Trefoil



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The official journal of the Trefoil Guild

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Welcome
Hello everyone,

The wonderful thing about a Trefoil Annual Meeting is that so many of us are there! Almost 10% of our members, coming together to share in a celebration. This year that celebration was particularly special, with 75 years of history for us to reflect on. It was a chance to hear what everyone has been doing and to gain ideas to take home.

Perhaps more than anything it was a chance to catch up with friends and to make new ones. In Birmingham, I was thrilled to meet a friend who shared fond memories of a Derbyshire camp where we were leaders in 1988. That is why guiding is so special, isn't it?

Pat Downer, our Chair, shared highlights of our year and, with her team, led us through the history of Trefoil Guild. We had the chance to thank her for her hard work and leadership and to thank Ann Hall for all her work to make our 75th birthday celebrations so exciting.

As well as looking back, we had the chance to look forward. We heard about our ongoing partnership with Riding for the Disabled and had a glimpse of the TOPAZ project to Russia with plans ahead in new countries. We looked

wider too, hearing inspirational words from our Chief Guide, Amanda Medler, on the priorities for guiding and her thanks to Trefoil members for their great support.

Our speaker was Dr Suzie Imber, a planetary scientist and winner of the BBC programme *Astronauts: Do You Have What It Takes?*, who, of course, had been a Brownie and a Guide! We were taken on a breathtaking journey through Suzie's life – as a scientist, a high-altitude mountaineer and then as a budding astronaut, undertaking the most daunting of tasks with calmness and infectious enthusiasm.

In the evening we enjoyed a fantastic 'Big Gig for Trefoil', with the highlight being Abba's Angels and glow sticks. We proved that Trefoil members certainly know how to party!

So, we are looking forward to next year's event in Southport. Why not come along and be part of that very special experience we always create when we get together? You will be very welcome indeed!

Liz Burnley

Liz Burnley, President

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We regret we cannot guarantee publication of all items sent in. DECEMBER 2018 EDITION COPY DATE: 3 OCTOBER 2018

Thank you for the friendship

Glen Aston from Brussels, who is co-ordinator of Trefoil Guilds In Foreign Countries, tells us about her experience of this year's Annual Meeting



Pat helps cut a 75th birthday cake

The last few weeks before the Annual Meeting were frantic as we tried to put together our artwork – a tricky task at best when you are the non-crafty member of any group you belong to. Luckily help was at hand when Karen came in to join all the components together.

Eight active guilds around the world plus one made up of 'lone' members gave us the idea of nine squares within the big frame, and everyone sent their own theme of 'where our guild is and what we do in Trefoil'. Finally, everything was in place and trimmed with red crochet to highlight Trefoil and off we went in the car, having laid the precious picture carefully on top of the luggage.

A few days visiting family and then suddenly it was Friday evening and we were meeting up with TGIFC members for a bit of a get-together. This is one of the best parts of the Annual Meeting weekend

as, unlike other regions, we don't have other opportunities to see each other. So, to walk into the bar at the Premier Inn and find Pamela from the Canaries chatting to Marion from Malta, Heather and Sue from Benelux and France chatting with Jane who used to run the BGIFC office at HQ and the four ladies from Gibraltar all sitting around a table made my day! They hadn't met before but easily fell into conversations and I heard them all sharing their experiences as to how they'd arrived in Birmingham. Five or six of them I had never met in person, although we had Skyped for our 75th birthday celebration in May, so I felt I knew them and we had plenty to chat about.

Saturday morning found my husband and I bringing all the pieces for our table into the magnificent Symphony Hall. He rushed off to another appointment and I propped up our wonderful artwork on my luggage trolley so everyone could see it. Michele and Marion from Cyprus, at their first Annual Meeting, enthusiastically



The well-run Annual Meeting in full swing



Cyprus, Pinoso and Benelux & France members

laid out some goodies on the table. I had invited Jill from the Internet Trefoil Guild to share our table, so she spread out her posters, which is as much as is possible for the Internet Guild really.

The group from Gibraltar had brought pins and goody bags and proceeded to make the table look very festive. Finally,

"Meeting up with TGIFC members is one of the best parts of the Annual Meeting weekend as, unlike other regions, we don't have other opportunities to see each other"



The Internet Guild shared TGIFC's space



The Gibraltar group put on a good show

we spread out our new TGIFC badges. We are all happy with them and they seemed to be a hit with everyone else. TGIFC (formerly the Travellers Guild) has never had its own badge before. We're waiting for the metal ones to arrive and we reckon they'll be a bit of a collector's item. Bridges of Friendship badges, organised by Benelux and France Guild, were also on sale. The time flew past as members arrived from all over the UK and old friendships were rekindled and new ones started.

On to the business of the day – the Annual Meeting. It was as well run and as smooth as usual, although the sound was not perfect and this was commented on by a few friends. The speaker was inspirational and 40 years ago I bet half the hall would have been aiming to follow in her footsteps!

And the evening! Well, well. A girl-only space (with a sprinkling of fellas) lit up by glow sticks and filled with the sound of ABBA. The table top moment was six green-shirted Benelux and France members with their arms around each other belting out, "Thank you for the music." Thank you for the friendship – Trefoil rocks!

Noticeboard

Bulletins and information for all our members compiled by Frances Parrett



Our cover girls from the June issue



Donna Smith, right, visits *The Trefoil* stand

The Trefoil at Birmingham

It was great to see so many of you in the Symphony Hall! Our 'How are you celebrating 75 years?' tree came into full summer with nearly 100 leaves by the end of the afternoon. We were visited by the Lord Mayor of Birmingham, Councillor Yvonne Mosquito, Donna Smith, who appeared in the June issue in 'Sharing World Thinking Day in Antigua' and the June issue cover girls (but not in their swimsuits this time!). Your leaves have been read – and analysed – and we really want to hear more about the fun you have had or are planning to go in our December issue (so much walking, and lots of donkey derbys to raise money for RDA).



Lord Mayor Councillor Yvonne Mosquito

Celebrations in pictures



Please don't forget to take good quality photos!

Long scarf

Just a reminder that the Girlguiding shop (girlguidingshop.co.uk) has now got the Trefoil Guild long scarf in stock (look for product code 7406), which costs £6.50.

TGIFC

A large contingent of TGIFC members were at this year's Annual Meeting in Birmingham, headed by Chair, Glen Aston, who asked us to let you know that they are not changing their name. All members voted in favour of keeping their name, even though BGIFC has changed to BGO (British Guides Overseas). Indeed, our Trefoil Guild friends have just produced an official badge – designed by a member – which illustrates this beautifully. Glen and her husband, who is also a Trefoil member, are planning an autumn tour – to visit every country and guild of TGIFC! They are promising to write a blog, so we can all follow them. Watch this space.



2019 Gathering

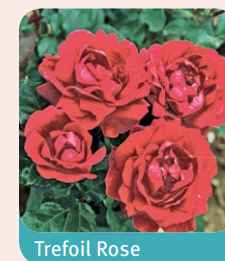
Do you want to join fellow Trefoil members at the 2019 Gathering in Swanwick? An application form and further details can be found on the address sheet that came with this issue of the magazine.

Plastic wrapper

Your magazine's plastic wrapper is made of LDP4 poly – a fully recyclable material. However, it isn't easy to find somewhere that will recycle it. You could try polyprint.co.uk/recycling, but you will need to pay carriage costs – perhaps you could send it in bulk from your guild, division or county? You could ask your local authority, or see if your local supermarket takes plastic that can't be recycled at the kerbside.

The Trefoil Rose

What a success this has been – so many of you have put pictures of your flower-laden plants on Facebook. After the success of this part of our campaign to raise money for RDA, Harkness Roses are extending the offer of 20% net value of sales to their 2018 autumn season of bare root roses. So if you missed out last year, or need to top up your rose bed, you still have time to order. Go to roses.co.uk/trefoil-rose-bare-root or see the new Harkness catalogue.



Trefoil Rose

Submissions to the magazine and website

We welcome all submitted items using the appropriate pro forma, which can be downloaded from the website and sent to the corresponding email address. If items are for the magazine,

please state whether you're happy for them to be considered for the website if there is too little space in the magazine. Submission date for the December 2018 issue is 3 October.



Your snapshots

At the 2018 Annual Meeting in Birmingham, members met up with old friends and perused the stalls. They enjoyed a day filled with talks on history, adventure and the future, and an evening enjoying Abba's Angels while waving their flashing wands!





Water adventure

Members took part in a National Trust event, canoeing over to the island on Derwentwater. They visited Derwent Island House, a Georgian building, and enjoyed a picnic in the grounds where one member was presented with her Bronze Voyage Award.

Catrina Williams, PRA North West England



Knotty problems

Trefoil Guild member Sue Hogg taught Rainbows how to tie their shoe laces at the county fun day. Thank goodness for Velcro!

Lizzie Hogg, PRA Ulster



The class of 1970!

Our ladies joined the Woburn District Gang Show at the end of April. They had a lesson on decimalisation, with large coins to show and a catchy song written by our chair. It was well received and enjoyed by all.

Ruth Oddie, Woburn Trefoil Guild



On target for challenge

As part of the Trefoil Guild 75th Birthday Challenge, archery was selected for the 'O' in the 'Outdoors' section. Only two members had tried archery before, so it was new to most of us. After plenty of practice a small competition was held. Everyone who took part said how much they had enjoyed it and many would like to repeat this activity in the future.

Gillian Woodrow, Steyning, Beeding and Bramber Trefoil Guild



Outdoor fun

We walked along the River Derwent from Calver to Froggatt and back for the 'Outdoors' section of the 75th Birthday Challenge. Here, four members play 'Pooh sticks' over the river.

Beryl Malcolm, 2nd Chesterfield Trefoil Guild



Ukulele delight

Athill Ukulele Band have been playing for just over two years. They have been in demand by most of the guilds in Leeds county and several other groups as well. This photo was taken when they performed at the county Trefoil 75th birthday World Thinking Day service.

Chris Scruton, PRA North East England



Tunnel visit

Tynemouth Trefoil Guild visited the Victorian Tunnel at Ouseburn near Newcastle. The tunnels were used to transport coal from the colliery to the waiting ships on the River Tyne. They were subsequently used as evacuation shelters during the Second World War. The visit was arranged as part of the 'Explore' section of the Trefoil Guild 75th Birthday Challenge.

Valerie Lavery, Tynemouth Trefoil Guild



Exploring Gibside

To Celebrate Together, 22 members of Newcastle Trefoil stayed in yurts on the National Trust's Gibside estate in County Durham. They had a great time exploring the estate and all came together for a barbecue on the Saturday evening after which they were entertained by Northumbrian pipers.

Chris Scruton, PRA North East England

Your letters

Find out what other Trefoil members have on their minds



In bloom

I thought I'd send you a picture of my beautiful Trefoil Rose, which has been flowering since mid-May.

Mary Keightley, Barnsley Central Trefoil Guild

Changing lives

It was 58 years ago that a party of Girl Scouts from the US attended an international camp in County Durham. My family and I gave hospitality to 17-year-old Nancy, from Cleveland, Ohio, at our home in Stockton-on-Tees, for a week.

After her visit, Nancy and I corresponded regularly for 24 years before we finally met up again in Atlanta, and a couple of years later we went on a three-week trip, with our husbands, right across the US and into Canada.

Since then we've visited Nancy and her family several times as they've

moved around the US, and she and her husband have visited us here in the Lake District. We've met up at about two-yearly intervals, even in Provence in Southern France.

Nancy's husband sadly died 18 months ago, but Nancy has just been, on her own, to visit us for three weeks. She is no longer involved in Girl Scouting, but still brings with her packets of Girl Scout cookies.

Through our friendship we've visited so many places we otherwise would have had no opportunity to see – it just shows how many ways that guiding can change our lives.

Brenda Robinson, Windermere Trefoil Guild

Pie challenge

Having read the suggestions for the Trefoil 75th Birthday Challenge in the June issue, I decided to have a go at Lord Woolton Pie recipe and let you have a photo of the result below. The pastry turned out to be quite crumbly and shrunk a bit, but the dish tasted great. It would be very suitable for vegetarians. I do remember my mother making something quite similar when I was a small child in the early 1950s.

Elaine R Harrison, Sarum Trefoil Guild



A recreation of Lord Woolton Pie

Guides reunited

There has been a very happy reunion following on from a letter in last September's issue of *The Trefoil* about Guiding memorabilia on display in Rickmansworth.

Edna MacKenzie and Hilda Marson visited the exhibition and noticed that one of 'their' Guides – Shirley Featherstone (née Tompkins) – had provided several items on display.

They had not seen Shirley since the 1950s, so inquired how she might be contacted. The three met and, of course, there was so much to talk about. Edna and Shirley have been meeting regularly since and Edna was delighted to renew her membership of Trefoil Guild, which had lapsed in 1953.

Shirley then invited Edna to the Thinking Day Coffee Morning she was organising for her local trefoil guilds. There Edna

met Barbara Smith and they discovered that they had both camped at Milford on Sea in 1939, but with different units.

Hazel Carmichael, PRA, South West Herts Division



Edna MacKenzie and Shirley Featherstone



Members of Rickmansworth and Croxley Trefoil Guilds at their Thinking Day Coffee Morning with Edna MacKenzie, Shirley Featherstone and Barbara Smith in the centre of the back row

Please send your letters to: Trefoil Office, Girlguiding, 17-19 Buckingham Palace Road, London SW1W 0PT, or email: thetrefoilmagazine@girlguiding.org.uk

“I wish each day was an hour longer”

Dr Suzie Imber inspired many of us at this year’s Annual Meeting, so we thought you’d like to hear more about her life – and what she’d do with an extra 60 minutes a day...

Suzie studied physics at Imperial College London, then went on to complete her PhD at the University of Leicester, where she is now Associate Professor in Space Physics.

Between her undergraduate degree and her PhD, Suzie worked as an intern at NASA for two summers and after finishing in 2008, she joined the Goddard Space Flight Center as a NASA research scientist.

When she returned to the University of Leicester she worked on a variety of things including researching the magnetosphere of Mercury and instrument design for the European Space Agency’s next mission to Mercury, BepiColombo, which is due to launch next month. At university, Suzie



Dr Suzie Imber, scientist and mountaineer

captained the Lacrosse team and went on to play for the England under-21s. She is a keen mountaineer and, more recently, won the BBC2 programme *Astronauts: Do You Have What It Takes?* during which she endured several challenges, including speaking Russian in a centrifuge, taking part in emergency procedures in an undersea training facility and taking her own blood.

Suzie told us, “I wouldn’t say that I planned out a path and followed it – I’m not that organised! It’s more that at every turn I followed what interested me most. It helps that I’m innately curious and I love to learn new things, so I suppose it’s natural to want to find out how the world works. I also have taken every opportunity that has come my way, from taking up new sports, to developing new technical and practical skills.

“My parents and my twin brother have had the biggest influence on me, through inspiring me to be a scientist, helping me achieve that goal, and supporting me throughout my career,” she says.

“Another huge influence on my life has been Professor Jim Slavin, my supervisor

“I’m innately curious and I love to learn new things, so I suppose it’s natural to want to find out how the world works”

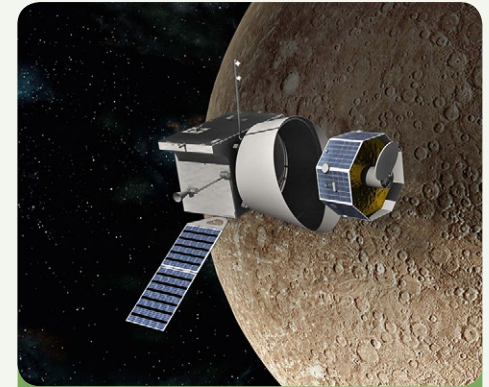
at NASA and my career-long mentor. He has been my champion from day one, providing advice, support and guidance, and without him I wouldn’t be a scientist today. My good friend Max Kausch has no possessions except those he can carry – no home, no ties – and is a phenomenal mountaineer. He gave me a new perspective on life, teaching me not to be attached to ‘things’, and to embrace being different from others.

“In 2015 I had spent many nights and weekends writing computer code for the University supercomputer to automatically identify mountains in the Andes,” Suzie continues. “In doing so, I discovered dozens of new mountains, and set out to climb these the following year. On the summit of one of these unnamed, ‘unclimbed’ mountains, we discovered a tower, built by the Incas 500 years before. It was incredible to imagine Incas climbing this mountain with no specialist equipment and building this small tower on the summit, and the first sight of this structure has stuck in my mind since then.

“Despite spending my time teaching hundreds of students, leading a research team and participating in team sports, I am an introvert,” adds Suzie. “I live on my own in the middle of nowhere, and I love closing the door of my house at the end of a hectic day and shutting the world out for a while. I own three enormous chickens, the size of small dogs! Their names are Skye, Stumpy and Goldie, and they provide three lovely eggs per day.

“My spare time is spent training (running, cycling, rock climbing), participating in public outreach events (science fairs, festivals, school visits), or doing endless jobs on the farm,” she says. “I don’t own a television. I wish each day

Image: Alamy



Dr Imber helped design BepiColombo

was just one hour longer during which I’d spend 15 minutes stretching for flexibility, 15 minutes practising handstands and working on my strength, 15 minutes learning Portuguese and 15 minutes reading books or scientific papers.”

Suzie admits that she would love to go into space to conduct scientific experiments that can’t be carried out here on Earth, thus helping to provide new insights into understanding the nature and evolution of our solar system. She says, “I spend a lot of time in schools up and down the country, talking about how much I love my job as a scientist, about human spaceflight and about innovation and challenges in the spaceflight industry. I would love to see science brought to the forefront of primary school education and with greater focus in secondary schools, in order to develop citizens of the future who are not only logical thinkers, tech-capable, and innovative, but also critical thinkers, able to analyse information presented to them and draw their own conclusions.”

We are sure that you will think of Suzie when BepiColombo launches in October!



The new Girlguiding programme is for #EveryGirl

The wait is over! Here's a round-up of everything the new Girlguiding programme entails – from activities to badges and resources, all designed to meet the needs of girls today

After three years of collaboration between girls and Girlguiding volunteers and staff, the new programme has something for every girl. Volunteers and girls wanted something that was relevant to the lives and needs of girls today – something that adapted as the girls' lives change.

Girls have been involved every step of the way as the programme developed. From activities to badge designs, every element has been thoroughly tested by girls and given the thumbs up. This has led to a broad, challenging programme that's relevant and bang up to date – we hope you'll think so too!

There are six themes that run throughout the programme in every section – Know

Myself, Express Myself, Be Well, Have Adventures, Take Action and Skills For My Future – and a structured pathway to help girls build skills as they progress through the sections.

These themes also add up to a more coherent guiding journey that will better enable girls to grow into confident and well-rounded young women. The new programme will be phased in over the next year and changeover will be complete by the 2019 autumn term.

It's pick up and go

The new activities are all designed to be 'pick up and go', making planning a breeze and ensuring meetings are full of

fun, challenge and learning. This also means that Trefoil Guild members should have no trouble lending a hand and getting involved too. The step-by-step instructions in accessible language mean girls can take more of a lead in running activities, which is a key aspect of the new programme. It's girl-led and gives girls more of a choice about what they want to do in their meetings and out of them.

"Every element has been thoroughly tested by girls and given the thumbs up"

Badges and awards

There are lots of new badges and awards for girls to get their teeth into. Some of them you'll recognise, and some are brand new. Let's take a look...

Anniversary badges: Girls gain a lot by being part of the guiding family, and they give a lot too. That's why a badge that marks each year of commitment has been introduced. Girls earn them by just being part of Girlguiding.

Skills builders: These badges recognise the core skills girls develop through guiding. Each has six stages and every stage has a badge. Girls earn them by working in small groups to complete the five compulsory challenges that make up a stage.

Interest badges: These are designed to be completed outside of unit meetings to help girls explore their own interests and develop independence. Each section has its own set of badges and they're very flexible, so girls can explore a new topic when and how they choose. Girls earn

them by completing three challenges and getting them signed off by a leader.

Theme awards: These recognise the unit meeting activities, skills builders and interest badges a girl has taken part in for the six Girlguiding themes. Girls earn them by completing one interest badge, one skills builder badge and a certain number of hours of unit meeting activities.

Section gold awards: Each section gold award is a special achievement. Girls earn them by gaining all six theme awards for their section and completing a special challenge.

Don't forget, there'll still be lots of ways that girls can do other activities in their units, like fun days, parties and games. The new Girlguiding programme is here to give a flexible structure for girls and volunteers throughout their time in guiding.



Want to learn more?

There's more information on the Girlguiding website, so take a look at girlguiding.org.uk/everygirl. If you still feel like you need more information, there's e-learning about the new programme available on the website too.

An away day in... Edinburgh

In the second of our new series on places guilds can visit, we learn about the many hidden attractions of Scotland's capital city



Views over Edinburgh

Mary King's Close, on the Royal Mile, is a warren of underground streets and spaces, shrouded in myths. As the Royal Mile grew, the small streets and close were built upon until the whole area was sealed off – although they are now open to the public again. Expect tales of hauntings, plagues and the fate of the residents! The **Museum of Childhood** on Edinburgh's Royal Mile is a world of discovery. With 21 rooms and more than 2,000 toys and games, it's guaranteed to fill you with a sense of nostalgia. You could easily spend a day learning about children of the past. **The Royal Observatory** sits atop Blackford Hill and is located on the south side of Edinburgh. It's a great place to discover some pretty epic views of the city. **The Water of Leith** is the ideal place to discover the Union Canal and boasts grassy banks and a conservation centre – perfect for a sun-dappled walk. Another secret spot is **Dr Neil's Garden** located beside Duddingston Kirk, close

to the banks of Duddingston Loch. The former waste ground was transformed into a beautiful garden by the late doctors Andrew and Nancy Neil and is now home to a wide variety of plants and flowers and offers breathtaking views of Arthur's Seat. Finally, why not watch the sunset from the roof terrace of the **National Museum of Scotland**. Many people come to visit the



Inside the National Museum of Scotland

exhibitions here but most miss this jewel in the museum's crown. The doorway that leads to the roof terrace is a little hard to find, but if you do discover it, you will get to enjoy some of the best views of the city – and can even grab a bite to eat or a cocktail to sip at the Tower restaurant.

Tell fellow members about places in your region that aren't necessarily on the tourist list! Send ideas to the Trefoil office so we can all benefit from your knowledge.



Annual Report from Birmingham

National Chair Pat Downer reflects on a special year for Trefoil and the many opportunities guiding offers to members



My report at Birmingham included an overview of our 75-year history, a report of the visit to Russia from a TOPAZ team member and a video of a member of The Senior Section who rides with the Riding for the Disabled Association (RDA) and who hopes to progress to the Paralympics.

A new constitution saw the devolution of our Council, and our new board of trustees have sought ways of consulting our members, such as the magazine readership panel, partnership opportunities and a planning weekend for a new programme.

Throughout the year we used social media and the website to develop our communication with you, our members. The vibrant magazine really helps with this and the editorial board was thanked.

The Voyage Award continued to be popular, with more than 90 members gaining their Gold award.

The TOPAZ team had a successful visit to Russia, encouraging more leaders and young people to become involved with Guiding and Scouting. 2019 sees the last of this partnership, but there will be an opportunity for a team to visit India in 2020 and possibly Lesotho in later years.

We continued to support Girlguiding and donated £15,540 to GOLD participants,

supplied 160 starter packs to new units as well as giving support at unit level and large-scale events.

One of our aims for our 75th birthday celebrations was that every member should be able to participate in at least one event. Led by Ann Hall, the team that produced all the material for guilds and members to work with was congratulated. Ann was presented with a Trefoil Guild Silver Brooch.

Donations continue to come in for the RDA, our charity of the year, and I am sure we will reach our target of £30,000.

Our staff were thanked for their support and dedication for all they do to underpin everything we have achieved.

An extract from 'Thank You Guiding', written by Somerset members, concluded my report:

"If it wasn't for guiding I would have had more time for housework, had a tidier garden, eaten less ready meals and had fewer sleepless nights. However, I wouldn't have made so many good friends, risen to so many challenges or explored so many new places. Guiding has so many opportunities on offer and I am fortunate to have been able to take up some of them."

Voyage Award challenge

Hints and tips from Ann Hall, national programme and development adviser, to start you on your adventure



Your county chairman will arrange a presentation

More and more members are taking up the challenge of the Trefoil Voyage Award. Hundreds have achieved Bronze and Silver, more than 60 have completed Gold and many are just starting out on their Voyage adventure. If you are considering having a go, or you have registered and are now wondering what to do next, here are a few hints to get you going.

The 'rules'

- You must be a member of Trefoil to take

If you are not sure whether the Voyage Award is for you, talk to someone taking part or look at Opportunities on the Trefoil Guild website.

part in the award and you will need your membership number to register.

- You must register for the award online at www.trefoilguild.co.uk/Voyage-Award or by post to the Trefoil office, sending the £6 fee. When your record book arrives, you are ready to go. It can't be backdated, so don't start challenges before registering.
- There is no maximum time limit for completing the Voyage Award – if you registered ages ago but haven't started or done very much, don't give up. You can pick up where you left off and keep going.
- The first Voyage Award record books were printed in 2013. When it was time to print more, it was felt that some sections could be clearer and processes more efficient. Therefore, there are some differences between the 2013 and the 2015 record books. If you have the 2013

version, you are expected to work to the updated 2015 guidelines. These can be found on the Trefoil Guild website. If you have the 2015 record book you cannot work to the previous guidelines.

How to get started

- The Voyage Award is not a race – it's an opportunity for you to create your own journey and meet personal challenges.
- When you register you will receive your record book by post.
- If anything isn't clear ask a fellow member, look at the FAQs on the website, or talk to your programme and development adviser (her details are in the front of your record book). If you still have an unanswered question, email trefoilguild@girlguiding.org.uk.
- When you start off at Bronze, don't be too ambitious – remember, you still have Silver and Gold ahead and will need to meet greater challenges as you progress.
- The activities listed in the record book are suggestions only. There are plenty of other challenges you can choose.

Find a mentor

- You will need a mentor for each section, but you can use the same mentor for more than one section. Your mentor should have an interest or good knowledge of whatever you are doing, eg the leader of a unit you are helping with; a tutor in IT if you are taking a course on computing. It should not be a close relative or friend but can be a guild member if appropriate.
- You should agree each challenge with your mentor as you start.
- There isn't room to write everything in your record book. You will need a folder or file to keep some evidence of what you have done so your mentor can see what



Create your own journey

you have achieved. However, this does not have to be an academic masterpiece!

When you have completed each section and had them signed off by your mentor(s), send your record book to your country/region programme and development adviser. Seal the envelope securely to avoid damage in the post and include a stamped (large letter) addressed envelope for the return of the book. It is wise to keep a photocopy of the filled in pages in case it gets lost in the post.

When your award is signed off by the country/region adviser, she will send the metal badge and certificate to your county chairman who will arrange a presentation. A cloth badge is also available for £1 from your country/region adviser and you can ask for this when you send your book in.





Commendation Awards

Two Trefoil members from Tynemouth Guild (North Tyneside), who are still active leaders, received Commendation Awards for Volunteering from North Tyneside Council. Judy Taylor (on the right) received a Silver Award and Val Laverty received a Bronze Award. Both Judy and Val run the Guide shop at their Headquarters, ensuring the shop is well stocked with badges and uniforms.

Silver Brooch

Congratulations to the following members who have been awarded the Trefoil Guild Silver Brooch: Stella Neaves, South West England; Esme Joyce, LaSER; Ann Hall, Midlands.



Have you received an award, or know someone who has? Why not shout about it? Send the details and a photo to The Trefoil. Contact details on page 2.

Birthday Honours

Congratulations to those members whose work with Girlguiding was recognised in The Queen's Birthday Honours List 2018. Sally McMath, County President, Girlguiding West Lothian, was awarded the OBE for services to Girlguiding and the community in West Lothian. Diana Rudd receives the BEM for services to Girlguiding and Young People in Londonderry. MBEs were awarded to Mary Nelson and Joan Redfern for services to The Girl Guides Association in Lincolnshire and Staffordshire respectively.



Cornish achievers

Angela Thomas is county Trefoil Guild president in Cornwall and also the county Voyage Award adviser. She has just become the county's first recipient of the new 60-year Long Service award. Angela is shown here (left) with the first three Trefoil Guild members in Cornwall to achieve the Gold Voyage Award.

Country & region displays

The Annual Meeting featured displays from each country and region revealing their history over the last 75 years...

Anglia Region

Anglia is made up of 12 counties and has more than 3,000 members. As part of the 75th Birthday Challenge, we asked all the counties and guilds across the region to create a banner that reflected the history of Trefoil. The response was overwhelming and it was very difficult to select the banner to represent the region at the national Annual Meeting, as they were all so different and special in their own way. The selection was made on

design and creativity, reflection of Trefoil history and the celebration of Trefoil. Thames Kennington Trefoil Guild won the day, with Suffolk and Cambridgeshire East counties as very worthy runners-up.

There are 25 squares that make up the Thames Kennington banner and every member of the guild contributed to the work, either by sewing their own square, or by having their idea developed and sewn by others. The result reflects the diversity of their members, their

interests, skills and memories of their many years in Trefoil. It truly represents the ethos of Trefoil: fun, friendship and a common aim.

All participants were winners though, and they were all displayed proudly at the Anglia AGM held at Ware in Hertfordshire in April. Images of the banners created can be found on the Anglia page of the Trefoil Guild website.



25 squares make up this intricate banner

London and South East Region

Our board represents 75 years of Trefoil in London and South East England. We centre on the map, showing each of our counties, and our various county badges are shown down each side. A Trefoil registration certificate from each decade is placed at the top and bottom of the board.

There are pictures covering more than 75 years of Trefoil, including a 1937 group of Guidons, a 1949 Trefoil Guild and

members of a new guild making their Promise as Trefoil members in 2018 on Tower Bridge. The board includes the different styles of Promise badges, Trefoil scarves and a 1964 membership card.

There are pictures of Trefoil members involved in a wide variety of activities over our first 75 years. They show how LaSER Trefoil members 'Find Friendship' 'Get Involved' 'Give Support' and 'Get Active', taking advantage of the many opportunities resulting from being a member of LaSER Trefoil.



Midlands Region

The board is an attempt to look through a window at Midland's past while also being able to see to the future. Starting with a picture of the first Trefoil Promise badge, it ends with a badge showing the 11 counties that make up the region. The earliest articles refer to Leamington Old Guides, who were registered in 1936; their minutes show they enjoyed the same activities we do now – camping, raising money for charities and helping units.

The window also reflects celebrations in the Midlands on other occasions

including our Golden Jubilee service in Coventry Cathedral and our picnic in the park. It also shows the region badges designed for these events. In 1993, members designed a wall hanging that is now displayed in Guide Headquarters in Birmingham. Since becoming the Midlands region there have been nine chairmen. The windowpanes show the county names, and the emblems are included too. Finally, the bricks represent our strong foundations.



North East England Region

On the North East England board we have tried to show the history and development of Trefoil in the region, and have included a picture of an early Trefoil badge. There are early guild registration certificates and pictures of the amazing achievement of Hartlepool Trefoil Guild for its 70 unbroken years. The picture and badge of the Old Guides show a development of Trefoil. Along with the other countries and regions, North East England was formed

in 1971 and our 17 counties are shown on the map. The reproduced newspaper cuttings and photograph refer to Mrs White who was one of the early region chairmen and seems to have been very keen on igniting the region into action. Later region Chairmen include Pearl Longthorp, Brenda Park, Sheila Jackson, Dorothy Lazarus and the current Chair Jackie Dickinson. We have brought North East England to the present time with photographs of our 2017 trip to Belgium.

North West England Region

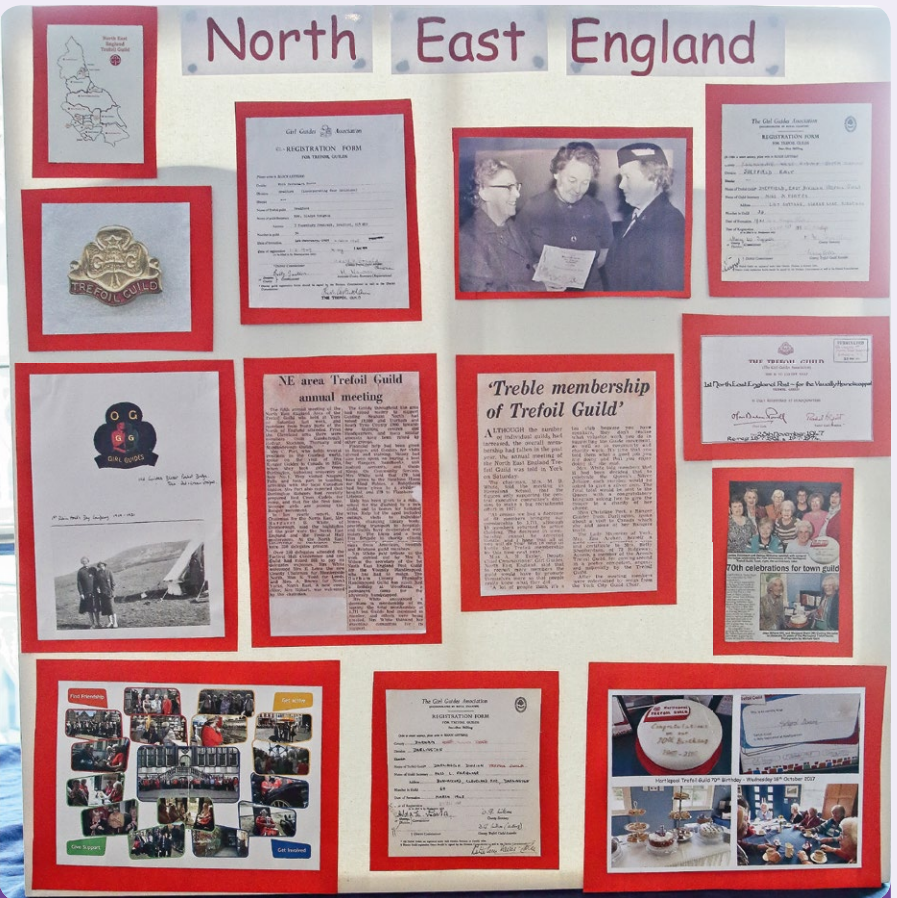
North West England display board depicts aspects from the history of Trefoil throughout the region over the last 75 years in a colourful and eye-catching way.

Registration dates show guilds that opened in the 1940s and 1950s and which still exist today. Special mention should go to Rock Ferry in Wirral county, which was registered on 22 February 1943. A copy of Darwen Trefoil Guild registration certificate dated 23 July 1948 and signed by Olave Baden-Powell is displayed.

Rawtenstall Trefoil had organised a swimming club that featured on the front cover of *The Trefoil* dated January 1968.

The editor had sent a letter dated 28 November 1967 asking if the photograph could be used on a large Trefoil Guild publicity board in Headquarters.

The programme from the 1993 Golden Jubilee is displayed along with other notable items such as a stitched wall hanging in Pax Lodge with squares completed by all counties and a Trefoil calendar from 1975. Items featured in *The Trefoil* magazine from 1986 are also included; Trefoil outings are represented by photographs such as a visit to the *Countdown* TV studio in 2003, a visit to Amsterdam in 2009 and a region garden party in 2013.



History and achievements on show



Colourful and eye-catching display

Scotland

The tablecloth used for Trefoil Guild Scotland's display, where it was much admired and photographed, is a very special part of our history. At the Trefoil Guild Scotland AGM in 1970, Miss E Nicholson, the outgoing Scottish Trefoil Guild Adviser (now known as Chair), presented a cloth specially designed and worked by the Scottish Handicraft Circle to her successor, Mrs Gloria Lawson, as a token of continuity of service.

Since that time, the cloth has been handed to each successive chairman of

Trefoil Guild Scotland and is used at every AGM. This magnificent tablecloth, which measures 8ft x 4.5ft, is 48 years old this year and will be used at our Annual Event and 75th Celebration Afternoon Tea in Aviemore on 6 October 2018.

Hand stitched on a piece of material on the back of the cloth is a handwritten description from 1970 that says, 'This cloth was embroidered by Mrs P Gibb, Glasgow Guild and CRIEFF and donated to the Scottish Trefoil Guild by Miss E. E. O. Nicholson at the AGM on 24 October 1970.'



Historic tablecloth and inscription

South West England Region

The skilful crafters from South West England have found a variety of projects and whole region events to represent on the collage made for the Annual Meeting. Every county found a talented volunteer to make their part of the collage; in one county, 75 people contributed to their cross-stitch of camping through the years!

An amazing collage piece showing Brownsea Island, a cross-stitch of Foxlease and Maud Heath Centre, located in Wiltshire North, represents all those centres that have benefitted from Trefoil help right across the region. The national Annual Meeting has been held in the

region on two occasions; once in Bath, when a Friday evening civic welcome was held in the Roman Baths (hence the centurion!) and once at Cheltenham Race Course (note the leaping horse).

From the gorgeous map in the middle to the variety of wheels for the Trefoil Trails; the Trefoil member taking a Rainbow and a Brownie out walking; the gorgeous civic garden; the granite trefoil, like the one at Foxlease, and Windsor Castle being passed by a steam train (to represent our 2018 'Trefoil Train Trek', which will happen in October), the whole collage is a combined work of art!



A 'combined work of art'!



'The scrapbooks' show history and variety

Ulster

The Ulster Trefoil Executive Committee decided that Ulster's contribution to the anniversary display at the Annual Meeting would be a scrapbook of memories.

Guidelines were sent out and then the scrapbooking frenzy began! Research was done and photographs were unearthed and discussed. Invariably too much information was gathered for two 12" x 12" pages, so decisions had to be made as to what information was to be presented. Trefoil meetings in the spring of this year had time set aside for 'the

scrapbook'. In all, 29 guilds took part and all members had the opportunity to be involved and contribute to their pages. In order that the pages could be viewed easily, they were divided into two books.

The completed scrapbooks are not only a history of Trefoil Guild in Northern Ireland, they also showcase the variety of activities that guilds take part in, the fun and friendship that members have and how they support local guiding. Members have enjoyed browsing through the scrapbooks at Ulster's recent AGM and the 75k Celebration Walk.

Wales

Wales' display board is a collage of pictures depicting friendship, service and events of our Trefoil members overlying the outline of our country. Two guild registration certificates from the early 1950s are displayed and others are for a 1990 cook-out competition and the

twinning of Ynys Môn with Dún Laoghaire across the Irish Sea in 1999.

Trefoil members are now active across each county in Wales. There is a picture of Trefoil members from Caernarfonshire, one of whom is commemorated by a font in her local church. We are proud that Gill

Clay, granddaughter of Lord and Lady Baden-Powell, is an active member and the photograph shows her at the Bethlehem Peace Light Service. Other pictures show members with their completed church hassocks and others on a canal holiday.

Also shown is the embroidery designed and made by Trefoil members depicting guiding in Wales from 1910 to 2015. This was produced for Girlguiding Cymru's 'Pushing Boundaries' exhibition in 2016 at The National Library of Wales, Aberystwyth. It is now framed and hangs in Broneirion, our lovely home of Welsh guiding.



Depicting friendship, service and events

Trefoil Guilds in Foreign Countries and Branch Associations

Preparation for the artwork for TGIFC began before Christmas 2017 when all our guilds were asked to start thinking about what they would like to do. Keep in mind that we don't have an AGM for TGIFC and that most of our members will never meet each other.

Finally, we decided that each guild would produce its own piece of artwork with the theme of 'Trefoil and where we live'; and then everyone was left to their own devices. In February, I reminded everyone on a regular basis that I needed

their work. Karen, from Benelux & France, and I went to buy a frame from the local art shop then worked out how to put the pictures together. Work was emailed to me and, as luck would have it, we have eight guilds around the world, plus our TGIFC guild of 'lones'.

Thus, our frame was filled – from Gibraltar to Malta, Cyprus to the Emirates, St Helena to Bermuda and Spain to Benelux & France, along with our TGIFC ladies in Australia, America, Austria, UAE, the Canaries and Portugal. We crocheted Trefoil-red chains and divided the frame into nine sections, added TGIFC and there we were, ready to go!



Trefoil Guild around the world

Trefoil Guild

Financial report for the year ended 31 December 2017

Overview

It is the policy of the Charity to maintain a level of free reserves, ie unrestricted funds not invested in fixed assets or otherwise committed, to cover the annual costs of the Charity. During 2017, there was an overall deficit which has reduced those reserves to £433,591. This reserve adequately covers the overheads. The total reserves to be carried forward, including designated and restricted funds, is £653,042.

Income

Subscriptions are the primary income of Trefoil Guild. An increase in the membership as well as a small increase in the membership fees in 2017 gave an income from subscriptions of £232,065, compared with £211,153 in 2016. The income from the programme weekend held in 2017 was £20,958.

Investments

As reported to the membership last year, we have moved all investments into the low-risk category. There was an increase in the income from these investments despite including five quarters' income this year (the last quarter of 2016 was received in 2017). This increase reflects market trends during the year. The income together with capital growth are greater than the fees for managing the investments.

Expenditure

The items of expenditure in 2017 include employment costs, the magazine, the annual meeting and the programme weekend. Our additional costs this year have been the setting up of the database, together with the cost of an extra staff member employed to cover maternity leave. We have introduced a Sage accounting system with the support of our accountants. Grants to GOLD participants have increased this year, whilst the grants to members taking part in the TOPAZ programme in 2017 were paid in 2016.

Designated and Restricted Funds

The income is derived from donations, investments and bank interest, and the profit on the sale of neckerchiefs. Grants are paid out of these funds. *Talking Trefoil* costs cover expenses and the purchase of audio equipment.

Conclusion

Although there was a net deficit this year of £13,329 which has been adjusted out of the reserves brought forward, this still leaves adequate resources to continue in operational existence for the foreseeable future.

Heather Hern
Treasurer
27/03/2018

Trefoil Guild

Financial statements for the year ended 31 December 2017

STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	2017 total funds £	2016 total funds £
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	1,736	-	1,736	35,464
Charitable activities	232,065	-	232,065	211,153
Membership subscriptions				
Members' activities				
and services provided	77,069	-	77,069	62,146
Members' Gathering	-	-	-	3,663
Investments	11,475	5,154	16,629	8,074
Total	322,345	5,154	327,499	320,500
EXPENDITURE ON:				
Raising funds	3,220	1,376	4,596	4,186
Charitable activities				
Grants payable	23,931	1,571	25,502	30,066
Members' activities and services	337,598	-	337,598	267,180
Subscriptions	400	-	400	800
Total resources expended	365,149	2,947	368,096	302,232
Gains / (losses) on investments				
Unrealised	18,295	5,141	23,436	188
Realised	2,641	1,191	3,832	25,831
Net Incoming Resources	(21,868)	8,539	(13,329)	44,287
Transfers between funds	178	(178)	-	-
Net movement in funds	(21,690)	8,361	(13,329)	44,287
RECONCILIATION OF FUNDS				
Total funds brought forward	497,386	168,985	666,371	622,084
Total funds carried forward	475,696	177,346	653,042	666,371

The charity has no recognised gains or losses other than those dealt with in the statement of financial activities. All of the above results are derived from continuing activities.

Trefoil Guild

Financial statements for the year ended 31 December 2017

BALANCE SHEET AS AT 31 DECEMBER 2017

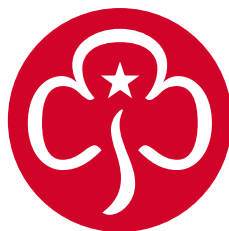
	2017 £	2016 £
FIXED ASSETS		
Tangible assets	-	-
Investments	480,384	457,715
Total fixed assets	480,384	457,715
CURRENT ASSETS		
Stock	12,455	14,737
Debtors	22,025	19,574
Cash at hand and in bank	171,614	214,161
Total current assets	206,094	248,472
CURRENT LIABILITIES		
Creditors: amounts falling due within one year	33,436	39,816
Net current assets/(liabilities)	172,658	208,656
Net assets/(liabilities)	653,042	666,371
THE FUNDS OF THE CHARITY		
Expendable endowment funds	177,346	168,985
Unrestricted funds	475,696	497,386
Total charity funds	653,042	666,371

Trustees' statement

The enclosed figures are a summary of information from the Annual Report of Trefoil Guild. These summarised accounts may not contain sufficient information to allow for a full understanding of our financial affairs. For further information, the full annual accounts (which have been subject to an independent examination) and the Annual Report of the Trustees of Trefoil Guild should be consulted. Copies can be obtained from the Trefoil Guild office.



Pat Downer,
for and on behalf
of the Trustees



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Ann Hall, Programme and Development Adviser
Linda Hill-Tout, Public Relations Adviser

National Appointments

Jo Taylor, Editor, *The Trefoil*
Frances Parrett, Deputy Editor, *The Trefoil*
Glen Aston, TGIFC
Doreen King, Talking Trefoil

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If you would like to advertise in *The Trefoil*, contact: Trefoil Guild, Editor – Advertisements, 17-19 Buckingham Palace Road, London SW1W 0PT; or email: trefoilguild@girlguiding.org.uk



Cambridge Road, Hitchin SG4 0JT
Tel. 01462 420402
Email harkness@roses.co.uk

Congratulations to Trefoil Guild for raising over £2,500 for the Riding for the Disabled charity through the sales of their special anniversary rose 'The Trefoil Rose'.

Following the success of this campaign, Harkness Roses are extending the offer of 20% net value of sales to the 2018 autumn season of bare root roses. So if you missed out last year or need to top up your rose bed you still have time to order. See www.roses.co.uk/trefoil-rose-bare-root

Other Guiding roses available:
Guiding Spirit, introduced in 1989



The Brownie Rose, introduced in 2004



Girlguiding UK Centenary Rose, introduced in 2009



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**HOLIDAY
OPTIONS**

PRE-ANNUAL MEETING TOUR, LIVERPOOL

Tuesday 4th – Friday 7th June

- ✓ 3 nights' half-board accommodation
- ✓ Return coach transfers from Southport to Liverpool
- ✓ Includes a guided walking tour of Liverpool and entrance to Speke Hall

ANNUAL MEETING WEEKEND, SOUTHPORT

Friday 7th – Monday 10th June

- ✓ 3 nights' half-board accommodation at a choice of different hotels
- ✓ Transfers to and from Southport Train Station to your chosen hotel
- ✓ A range of optional excursions to discover the history and beauty of Southport

POST-ANNUAL MEETING TOUR, THE LAKE DISTRICT

Monday 10th – Friday 14th June

- ✓ 4 nights' half-board accommodation
- ✓ Return coach transfers from Southport to Newby Bridge
- ✓ All excursions as per the listed itinerary, including transport and entrance fees (see website for more details)

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Featuring a range of fantastic holidays created exclusively for members of the Trefoil Guild. Brochures will be available at the 2018 Trefoil Annual Meeting or you can register to receive your copy at ventureabroad.co.uk/trefoil or call us on **01332 342 050**.

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Christmas

at Girlguiding Activity Centres

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leisure breaks and events:

❄️ **Tinsel, Turkey & Shopping**

26-28 October 2018, Foxlease

❄️ **Victorian Christmas**

30 November-2 December 2018, Foxlease

❄️ **Christmas Shopping Sleepover**

1-2 December, ICANDO

❄️ **Christmas Tree Festival**

10-16 December, Waddow Hall

❄️ **Christmas Family Fun Day**

15 December 2018, Waddow Hall

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