

The Trefoil

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On top of the world!



GUIDING FOR ADULTS
Trefoil Guild

In this issue

Many members
visit Sangam for
a trip of a lifetime

Getting ready
for our 75th
Anniversary

Meet RDA, our
Trefoil Guild
charity for 2018

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Many members have enjoyed trips to Sangam, including Victoria and Ann. See page 8



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We regret we cannot guarantee publication of all items sent in. SEPTEMBER 2017 EDITION COPY DATE: 20 JUNE 2017



The Chairman writes...

Hello everyone,

I would like to continue with my theme of communication. Your magazine is one of the main sources of information for you and your guild. To maximise space and be cost effective, we use the back of the address label to give you extra information. This time it is the application form for the Celebrate Together walk. We do not include general advertising in your magazine, so please don't throw things away until you have looked at them. This will save the staff having to send you further copies of the things you have thrown out, and this all has been funded from your subscriptions.

In the centre of this magazine there is a comprehensive guide to paying your subscriptions for 2018. Your Executive Committee has listened to all your feedback and come up with a plan that we hope will suit everyone. Please take this out and keep safely for your use when you collect your subscriptions for 2018.

Instead of the final part of the A-Z of programme ideas, we have included the Celebrate Together challenge in this edition of the magazine. Look out for the remaining programme ideas in the September issue. I do

hope that many of you will enjoy the challenge, which is open to all members of Girlguiding as well as Trefoil Guild members. Why not take a copy of it to a local unit and help them with it, or get your guild to participate alongside the unit? We hope to raise money for Riding for the Disabled with this challenge, and 10p from each challenge badge will go to the charity. Harkness, which has produced the 'Trefoil Rose', has also kindly offered 20% of net sales of the rose to Riding for the Disabled Association.

I am looking forward to meeting many of you at our Annual Meeting in Brighton, which will be extra special for me as it is in my home region. To help with communication, this year the Executive Committee will be having a stall, so please do go and chat to the volunteers who give their time to planning and organising the way forward for Trefoil Guild. In the evening, the Pearly Kings and Queens will be ready to entertain us.

I hope you all have a wonderful summer.

With best wishes,

Pat.

Pat Downer

Riding high

Riding for the Disabled Association is Trefoil Guild's chosen charity for 2018

Dedicated to improving the lives of people with disabilities through equestrian therapy, challenges and fun, Riding for the Disabled Association (RDA) has 500 volunteer groups across the UK that organise activities such as riding, carriage driving, vaulting, showjumping and hippotherapy for 28,000 people a year.

Sal Atkinson, Head of Fundraising at RDA, says, "We are thrilled to be Trefoil Guild's Charity of the Year for 2018. Our volunteers, groups and staff are very much looking forward to working with you all during your special 75th anniversary year."

Here, Sal tells us a bit more about the charity and its plans for the future.

All about RDA

At RDA, our horses and ponies bring about meaningful and lasting change to disabled adults and children all over the UK. The thousands of horses and ponies that work for RDA provide life-changing therapy and



RDA helps achieve individual therapeutic goals

offer opportunities for riders and carriage drivers to achieve amazing things.

Our horses' ability to unlock potential and reveal what individuals can do is central to everything that happens at RDA. Supported by qualified and experienced coaches and dedicated volunteers, our riders and carriage drivers benefit from the activity, challenges and fun that horses bring. RDA is good for so many people in so many ways. Physically, the warmth and movement of the horse relaxes and strengthens core muscles – vital for everyday activities like balance, standing, sitting up unaided and walking. We also help adults and children with learning difficulties and autism.

Our coaches are renowned for their high level of skill and specialist knowledge, delivering lessons for each individual's needs, aspirations and therapeutic goals. We work with disabled people of all ages and abilities, helping them to achieve their goals, whatever they may be, from sitting up straight to standing on a podium at the Paralympics.

RDA is a UK-registered charity and we rely on donations, grants and legacies. Our 19,000 volunteers work to ensure our groups deliver the best possible experience for riders and carriage drivers.



RDA is supported by experienced coaches

RDA National Training Centre – building for the future

Demand for our activities is high and many groups, unfortunately, have waiting lists due to a lack of places. To meet this demand and train more coaches to deliver RDA sessions, we are building the first National Training Centre, and a campaign has been launched to fund this new and exciting facility.

Supported by RDA President, HRH The Princess Royal, as well as RDA ambassadors including Paralympic medallist Sophie Christiansen OBE, the RDA National Training Centre in Warwickshire will include both indoor

and outdoor riding arenas, stables and grazing for 20 horses and training facilities for more than 100 volunteer coaches. This will also be the new venue for the National Office.

The total cost of the project is £3.4 million, and RDA is funding the facility through realising some of our investments and the sale of assets to raise £2.2 million. In addition, we are fundraising during 2017 and 2018 to fill the £1.2 million gap. The dream is to build and open the new centre during RDA's 50th Anniversary year in 2019.



Yasmin's story

"Yasmin has been riding with RDA since she was six years old, as she was having learning

issues at school," says her mum, Michelle Taylor. "At the end of her first year she passed her Grade 1 Riding and Horse Care certificate. She loves being on horseback and it really helps her posture and emotional wellbeing.

"A week after Yasmin turned seven, we heard the devastating news that she had Niemann-Pick Type C, which is a progressive, irreversible, chronically debilitating and ultimately lethal genetic disease," says Michelle. "Before the diagnosis, Yasmin seemed

a normal healthy, happy girl with learning difficulties. However, during the next few years, we saw her lose all her skills and abilities, develop epilepsy and become completely reliant on adult care.

"She became very depressed as she was aware of what was happening to her. One of her last conversations with me before she lost her speech was, 'Mummy, what's happening to me?'.

"Now, however, when she is feeling well, she is completely happy," adds Michelle. "She has a cheeky smile, loves to make us laugh and lights up the world with love. She loves music and singing and being around people. We are really thankful to all at RDA for making it possible for her to ride."



For more information about the work of RDA, the new National Training Centre project and more, contact Sal Atkinson (satkinson@rda.org.uk, 01926 405 975), or visit the website www.rda.org.uk for further details.

Noticeboard

Bulletins and information for all our members compiled by Frances Parrett

Christmas music making

Do you take part in making music at Christmas? Singing in a choir, ringing handbells, playing the organ, performing in a 'show' or panto? Please write and tell us all about your Christmas contributions, by 1 September. Good quality photos are also welcome.



Are you handy with handbells?



Making Christmas music

Congratulations everyone!

We have managed to increase our membership by 360 people between 1 January and 30 March. Each Country and Region will receive a grant of £1,000 to help with recruitment so you can keep up the good work.

Birthday cards

Due to the huge success of the 90th birthday cards you've been requesting from the National Chairman, this will be extended to other significant birthdays – 100th, 105th etc.

Order your 'Trefoil Rose' now

Order your own beautiful 75th Anniversary 'Trefoil Rose' from Harkness. The form is on page 14 and will raise money for Trefoil Guild's charity of 2018, Riding for the Disabled Association (RDA). To make even more money for RDA (which you can read about on pages 4 and 5), please encourage everyone in your District to have a go at the 75th Anniversary Challenge (see page 19) – the more badges ordered, the more money we will make for the charity.

Spreading the word

An article about Trefoil Guild appeared in the magazine *The People's Friend Special* No. 137. It was written by *The Trefoil* Editor Jo Taylor and is a great advert for our organisation. Well done, Jo!

Celebration cruise

There is still time to join the Danube cruise next year – cabins are available. Contact Venture Abroad (01332 342 050, www.ventureabroad.co.uk/danube) for information.

The Trefoil in Brighton

Do come and say 'hello' to Jo (Editor) and Frances (Deputy Editor) at the Annual Meeting in Brighton. We want ideas for future editions of *The Trefoil*, and would love to hear which parts of your publication you like best. We shall have a graffiti-style flipchart where you can record when your guild started (see below). If you have a story you think could make a good article, come and tell us.

Do you know your guild's history?

With our 75th Anniversary coming up, please look into the history of YOUR guild. When did it start? How many members did it have at the beginning? What kind of activities were enjoyed by the first members? We are trying to find the oldest guilds that are still going now, and who has been a Trefoil Guild member for the longest time. Come and tell *The Trefoil* team at Brighton, as above.

Don't recycle yet!

Members will be asked to contribute £2.50 towards the cost of replacement membership cards in the future, so do please read everything that comes with your magazine. For example, with this

Submissions to the magazine and website

We welcome all items submitted using the appropriate pro forma. These can be downloaded from the website and sent to the corresponding email address. If submitting items for the



Connecting at last year's Annual Meeting

issue of the magazine's address sheet, there is the application form for the 75k Celebration Walk. For details see page 36.

TOPAZ update

As you know, the team of people who are going to Russia this year have already been chosen, but next year's team will be the last to go to Russia, since that partnership finishes in 2018. The Topaz Scheme team are currently, therefore, investigating a partnership with another young member of WAGGGS for the future!



magazine please state whether you are happy for them to be considered for the website if there is too little space in the magazine. Submissions date for September 2017 issue is 20 June 2017

Your snapshots

We take a look at what guilds around the country have been up to recently



Promising start

Another new guild has been started in North East England, in Knaresborough, North Yorkshire West. Five new members made their Promise and badges were presented by Lesley Haworth, County Chairman of North Yorkshire West. Photo by Jill Heyes.

Chris Scruton, North East England PRA

Water great view!

At first light, Sangam staff escorted Victoria Bagshaw of Darlington Trefoil Guild and Ann Allery of Beeston Trefoil Guild, who are also Friends of Sangam (UK), up the water tower. What a wonderful view of our World Centre during their 50th birthday celebrations.

**Victoria Bagshaw,
Darlington Trefoil Guild**



Sky's the limit

As I came to the end of my Gold Voyage Award I was looking for a new challenge, so decided to push myself and do something for the Duke of Edinburgh Diamond Challenge. As you can see, I did an indoor skydive, which I found scary! I don't think I will be repeating the experience, but I raised funds for a good cause and they do say you should do something every day that makes your heart beat faster!

Alyson Jones, Bourne Trefoil Guild

Young Roots celebration

Members of Trefoil Guild in Wales joined Girlguiding Cymru to celebrate the success of the Young Roots project, which aims to tell the stories of the last 100 years from the perspective of young people. This was an offshoot of the Pushing the Boundaries project that looked at how guiding has impacted on the lives of girls over the years.

Wendy Moore, Wales PRA



Museum day

As part of the Teamwork section for their Bronze Voyage Award, three members of St Helens Trefoil Guild organised a trip to Liverpool for one of the local Brownie units. The girls visited the World Museum where they went to the Planetarium and explored the Natural History Centre with the chance to open drawers to examine the contents to reveal hidden treasures. Dinosaurs and fossils were also very popular with the girls!

**Catrina Williams,
St Helens Trefoil Guild**

Inspirational visit

We were delighted to meet Lucy Watts MBE, with her help dog, Molly, who has just won the PDSA Order of Merit Award as an Assistance Dog. Lucy suffers from the life-threatening Ehlers-Danlos Syndrome and our guild raised over £400 towards a special wheelchair to help her. Last June, Lucy went to Buckingham Palace to receive her MBE from Prince Charles for services to charities that help raise awareness for disabled young people. She has spoken at a House of Commons Committee on the subject of Together for Short Lives. Lucy is a very brave and inspiring young lady and we were very happy to help her.

Margaret Butler, Rayleigh Trefoil Guild



Police museum tour

Arbroath Trefoil Guild recently paid a visit to Tayside Police Museum in Kirriemuir, where they were given a guided tour that proved both interesting and enjoyable. Some of the group took up the invitation to model a few of the uniforms on display and be photographed with local well-known characters.

Isobel Irving, Scotland

Cool chicks

Easter chicks were knitted by the Knit and Natter group of Keynsham Ammonites Trefoil Guild for fundraising.

Frances Parrett, South West England PRA



Bags of care

We collected articles in toiletries bags that someone might need if taken to hospital in an emergency – e.g. toothbrush and paste, soap, flannel, comb, shampoo, wet wipes, tissues – in all, 22 items. We created bags for both ladies and men, and delivered them to our local A&E department.

Pat Turner, Dibbinsbrook Trefoil Guild



Sunny stroll

Some members of West Lothian Trefoil Guild took a walk across the Forth Road Bridge on a sunny afternoon.

Isobel Irving, Scotland PRA



Successful walk

North Wolds West Trefoil Guild is a relatively new guild in East Yorkshire. Each month, one of the guilds in the County takes it in turn to organise a walk plus another activity for anyone who doesn't want to walk. The successful walk pictured above was then followed by a narrowboat cruise on the Pocklington Canal.

Chris Scruton, North East England PRA



St Patrick remembered in Wales

Members of Port Talbot Trefoil Guild were joined by members from West Glamorgan to celebrate St. Patrick's Day. They sang Irish songs and played Irish tunes on handbells; they played leprechaun (beetle) drive and took part in an Irish-themed quiz. One of the guild members, originally from Northern Ireland, dressed up as a leprechaun and delighted visitors by giving them a lucky gold coin from her pot of gold! Legend has it that St Patrick was born in the tiny village of Banwen in the County Borough of Neath, Port Talbot, and each year people celebrate at the memorial stone in the village.

**Catherine Rubin and Mary Roberts,
Port Talbot Trefoil Guild**



Stage appearance

Waveney Valley Trefoil Guild appeared at the Bungay Guide Show in March (photo by Sarah Plummer). A very enjoyable afternoon was had, with the Rainbows, Brownies, Guides, Senior Section and Leaders also taking part. The audience enjoyed our version of the *Heigh Ho* song from Disney's *Snow White and the Seven Dwarfs*: "Trefoil, Trefoil – it's off to Guides we go, Although we're slow we're good to go, Trefoil, Trefoil, Trefoil, Trefoil, We are the older girls; we can't move quick without our stick, Trefoil, Trefoil..."

Ann Byrne, Waveney Valley Trefoil Guild



Boats and bulbs

Whilst cruising on the Dutch waterways during our trip to the Dutch bulbfields, we paid a visit to the gardens of Keukenhof and discovered another cruising craft!

**Janice Posner,
1st Surrey East and
Ewell Trefoil Guild**



India trip

A group of 13 Trefoil Guild members (12 from Ulster and one from Irish Girl Guides) recently made a trip of a lifetime to India. At Sangam, the group took part in the Gifts for Change programme. As well as learning about Indian culture, they took part in community work with some of Sangam's community partners, visiting local projects such as day nurseries and a recycling centre. Since returning from India, the ladies have been busy giving talks about their experiences to guilds throughout Northern Ireland.

Lizzie Hogg, Ulster PRA

Skill sharing

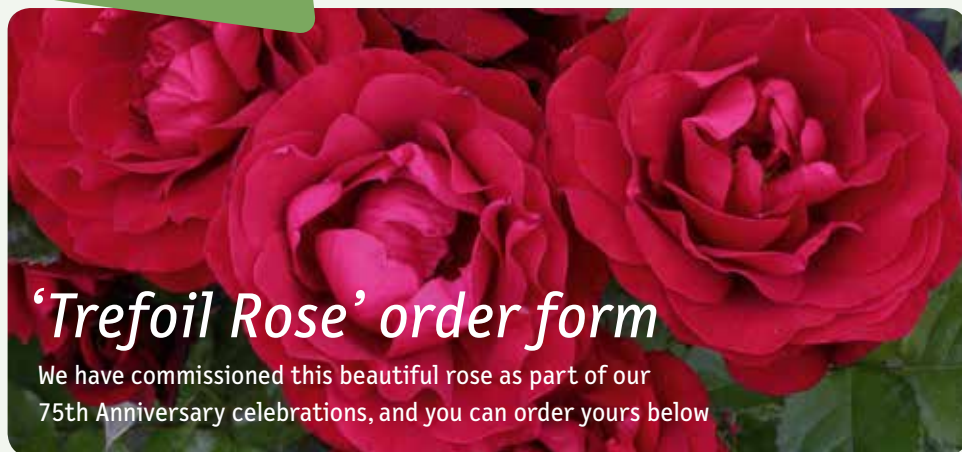
At a recent Fox-Break, the 53 Trefoil Guild members who attended shared their skills with each other. Liz Balmforth is pictured doing lacemaking with Pat Tarry (not pictured).

**Frances Parrett, South
West England PRA**



Picture this...

If you'd like to see photos of your own guild's activities here, check the Photo Tips on the Trefoil Guild website for how to take good quality images and send them to *The Trefoil* at the address on page 2.



'Trefoil Rose' order form

We have commissioned this beautiful rose as part of our 75th Anniversary celebrations, and you can order yours below

Please send the completed form to:

R Harkness & Co Ltd, The Rose Gardens, Cambridge Road, Hitchin SG4 0JT

Tel: 01462 420402 Email: harkness@roses.co.uk Web: www.roses.co.uk

Customer:

Date: ____ / ____ / ____

Name: _____

Address: _____

Postcode: _____

Tel: _____

Delivery if different:

Name: _____

Address: _____

Postcode: _____

Tel: _____

Bare root roses for delivery Nov-Feb

Quantity	Variety	Price £	Total £
	The Trefoil Rose (bare root plant) (Harkness will donate 20% of net sales to the Trefoil Guild anniversary charity appeal for Riding for the Disabled Association)	£11.95	
Thank you for your order		Sub-total	
		Delivery	£4.95
		TOTAL DUE	

Cheque enclosed £: _____ Card Payment Details: Visa / Mastercard / Amex

Card Number: _____

Valid From: ____ / ____ / ____ Expiry Date: ____ / ____ / ____ Security Code: _____

VAT Reg No: GB 196 6383 15



Adventures in India

Members from Anglia Region enjoyed the trip of a lifetime to Sangam and then right across the country, as Conny Ziekemeijer recalls

A mixed group of 12 Oxfordshire and Essex Trefoil Guild members plus a Guide Leader and her friend, who joined Trefoil Guild, flew from London to Mumbai in February. A BA upgrade meant we were treated to comfortable seats and a glass of bubbly.

On arrival in Mumbai we were taken to Pune and the Sangam World Centre in a small rickety minibus. It's a four-hour journey, so Sangam was a welcome sight and we all appreciated the new pool!

The week in Sangam celebrating Indian culture and World Thinking Day with the Bharat Scouts and Guides soon flew past. Some went to see the Maher project that Sangam supports. Two members made their Promise as Trefoil Guild members – Dott Brown made hers in the Jacuzzi while Julie Pickersgill chose to be more traditional and made hers around the Thinking Day tree.

We were sad to say goodbye to Jen, the centre manager, but happy to fly to Goa and the Cidade de Goa, a luxury hotel with its own beach. The next day we all went to Calangute Beach for shopping and to eat at the famous Souza Lobo restaurant.

Next, we flew to Cochin, stopping over briefly at Bangalore. We stayed at the Eighth Bastion Hotel in Fort Kochi and went sightseeing – some of us by bike. We especially enjoyed seeing the Chinese



Dott Brown makes her Promise in a Jacuzzi



Some members went sightseeing by bicycle

fishing nets and a traditional Kerala dance show was visited in the evening.

We then went by bus to Munnar, which is up in the mountains – the SpiceTree hotel had to be reached by jeep. The rooms had wonderful views, but there were some steep steps to climb. We had a day of sightseeing, and although the views were misty, we enjoyed the visit to the Top Station, the elephant safari, a tea factory and a charity organisation where disabled people make paper products.

Another long, twisty journey took us from the mountains to the peace and quiet of a houseboat excursion for two days at Alleppey. We were well rested when we left to fly home on 7 March.

It was a truly memorable experience for us all, and our thanks must go to our organiser, Maureen Arnold.

Updating our programme

What girls and young women do when they're in Rainbows, Brownies, Guides and The Senior Section is changing



Members of Girlguiding have told us they want to be stretched by our programme

In November 2016, Girlguiding announced that it was time to take a good look at the programme, which, after all, plays a major part in offering the support that gives members confidence, teaches them new skills and gives them chances to prove what they're made of.

We've asked our members what they want and need from Girlguiding, and have reviewed the existing programme – yes, every single badge and Go For It! – and have checked whether they are still relevant for today's girl.

It's the start of an exciting journey for us all

Members said they needed a programme that demonstrates a clear development journey through the sections, with a

structure that gives girls more choice about what they do. They said that themes should be more consistent between age groups, so that girls can build on their skills, learn and continue to be challenged within a familiar framework.

They also told us that they don't always feel challenged by our programme and that many activities are aimed at the lower age range. They want to be stretched!

The message has been clear – our programme needs to be appropriate for the world we live in. We need to design more resources that are relevant enough to meet the needs of all our members. This way, we can make sure that Girlguiding continues to be the go-to youth organisation for girls and young women in the future.

It's not all change

Girlguiding has a successful heritage and no one wants to lose that. So, lots of the new programme will feel really familiar.

We will still have:

- our Promise
- a range of badges
- awards and qualifications
- time for non-programme activities, such as trips and residentials
- the same unit management structure
- the same uniforms for Rainbows, Brownies, Guides and Leaders.

What's new

The new programme will be structured around six core themes:

- **Know myself** Girls getting to know who they are, their role in Girlguiding and in the wider world. It's where our Promise sits.
- **Express myself** Girls showing off their creative side.
- **Be well** Physical and mental well-being for girls and young women. Helping them look after themselves and others.
- **Have adventures** Girls exploring the outdoors and nature.
- **Take action** Empowering girls to make a difference and use their voice to help their local community and the wider world.



The new programme encourages well-being

- **Skills for my future** Providing the building blocks for girls to become independent and successful in life.

The programme elements

Within each of these themes, girls will be able to choose from a range of fun unit activities, skill-builder badges and interest badges. We're also going to introduce awards for activity themes, anniversaries and moving on from a section.

Our route

We know this is a big change, so it's not going to happen all at once. We want to continue to work together to make sure we get this right, so over the next two years we will continue to involve members in the process to make sure the new programme works for everyone in guiding. See www.girlguiding.org.uk/ourjourney for further details, and email questions to ourjourney@girlguiding.org.uk.

As our existing programme won't be phased out until September 2019, it's a great investment and there are still lots of meetings for the girls and young women in your units to enjoy the fun activities from our current selection.



It will also empower girls to make a difference



Dianne's favourite books

Dianne Bollom

Dianne is the County Chairman of Sheffield Trefoil Guild and is coordinating the 75th Anniversary 75km Celebration Walk in 2018

Dianne has always loved reading – the best birthday ever was when she received nine books as presents when she was 10! As well as her love of books, she is a keen walker and particularly treasures a book called *For Those Who Love the Hills*, which is a compilation of quotes from Alfred Wainwright by William F Dyer.

Poetry is another love, and in particular, Carol Ann Duffy, a bold and original voice. Combining poetry and walking, she enjoys Simon Armitage books, especially *Walking Home* in which he walked the Pennine Way and gave poetry readings at night in exchange for a bed!

Dianne belongs to a U3A book group and this has introduced her to new books, including *Miss Garnet's Angel* by Salley Vickers set in Venice, and *Remarkable Creatures* by Tracy Chevalier, about Mary Anning's discovery of fossils in Lyme Regis in the early 19th century. She is currently reading *The Secret Rooms* by Catherine Bailey, a story about the Dukes of Rutland and Belvoir Castle. Catherine unravels a complex and compelling tale of love, honour and betrayal.

Dianne had been a primary school teacher and always enjoyed teaching reading. She now volunteers giving reading support at a local school, working with reluctant readers, or children who can decode but not understand or enjoy reading. She says it is always fascinating to see them taking off with their reading.

To celebrate Trefoil Guild's 75th Anniversary in 2018, Dianne is coordinating a 75km walk in the Peak District. For details of the walk see page 36. The application form is on the address sheet of this issue of *The Trefoil*.

Dianne spoke to Gillian Spriggs



The Secret Rooms
Catherine Bailey
Penguin
978-0141035673

Walking Home
Simon Armitage
Liveright
978-0871407436



Miss Garnet's Angel
Salley Vickers
Harper Perennial
978-0006514213

Remarkable Creatures
Tracy Chevalier
The Borough Press
978-0007178384



The Trefoil Guild 75th Birthday Challenge 2018

To mark our special year, here is a challenge for all sections, from Rainbows to Trefoil Guild



Celebrate Together and have fun with the 75th Birthday Challenge

To gain your Trefoil Guild 75th Birthday Challenge 2018 badge, complete ONE challenge from each of the SEVEN different sections.

There is ONE section for each of the seven letters of the word TREFOIL and each contains a variety of challenges. We hope there is something suitable for all ages and abilities, but you are free to use your own ideas too!

You can work for the challenge on your



own, with a friend, with your unit, guild, patrol, or any group you wish. Perhaps you could build some challenges into your unit or guild meetings, outings or holidays? But most of all, have fun and 'Celebrate Together'. Badges are available from Girlguiding Trading Service, with 10p from the sale of each badge donated to Riding for the Disabled Association. Meanwhile, turn over the page for challenge ideas.

Note for organisers/Leaders: You can order the 75th Birthday Challenge badges at any time, and it is for you to decide when to award them.

TREFOIL

for Teamwork

Your challenge is to plan and work together for an activity or event. This could be:

- a party to celebrate Trefoil Guild's 75th Anniversary
- a fundraising event for a charity, local or further afield. Trefoil Guild's special charity for the year is Riding for the Disabled Association (www.rda.org.uk) and it would be great if you chose to help us raise a fantastic sum for them
- a sleepover
- a fashion show of the trends throughout the 75 years of Trefoil Guild
- a trip to somewhere different
- a fun day



Take a trip to somewhere different

TREFOIL

for Remember

Your challenge is to discover something about what has been going on from 1943 when Trefoil Guild was started:

- what was it like to be a Guide or Brownie or even a Leader 75 years ago
- put together a memory box or talk to people who were young in the 40s, 50s or 60s
- discover how your town, city or village looked 75 years ago
- explore your family tree
- find old guiding books and try some of the games or activities from the early days



Have a fun day out



Explore your family tree

SUBSCRIPTIONS

2018

Your special pull-out guide to paying subscriptions – please keep it safe for next year

Members' area on Trefoil Guild website

The Trefoil Guild is required to keep a record of every member's details to be able to correspond with them, send them the magazine and for the purposes of knowing who members are and insuring them.

Using their membership number, members can log into the members' area of the Trefoil Guild website: www.trefoilguild.co.uk where they can view and update their personal details.

Once a member's details have been registered, there is no need to log in again until personal details need updating, or to



access the online shop facility, which will be launched later in 2017.

A member can nominate a friend, a member of their family, or another guild member to register their details.

Some guilds have set up an email address for all their members, so correspondence goes to one central place. If you need help with this process, please contact the helpline on 0151 668 0493.

If you are a member of a central Trefoil Guild paying the national subscription rate, you will receive notification from the Trefoil Guild office about how to pay your membership for 2018.

Subscriptions

Subscriptions are collected at guild, County, Country/Region and national levels. The money raised is used to administer Trefoil Guild.

At national level, the money is used, for example, to hire office space and pay staff salaries, develop and administer Trefoil Guild programmes, contribute to GOLD, TOPAZ and WAGGGS, produce four magazines a year and organise the Annual Meeting. Although Trefoil Guild is a branch

of Girlguiding, we are independently managed and financially separate. Our aim is to offer members (aged 18 and over) personal and social opportunities while supporting Guiding and Scouting.

Should Trefoil Guild members choose to be members of Girlguiding, they need to pay a subscription to Girlguiding as well. If working with a unit, this subscription is a justifiable unit expense. Girlguiding use subscriptions to operate their charity.



SUBSCRIPTION PAYMENT PROCESS 2018

As a guild, decide which one of the three methods of payment below you will use. All payments are due between 3 January and 22 February

Every member of the
guild pays individually

3 January to 22 February,
go to the Members' Area
of www.trefoilguild.co.uk

Follow instructions
and make payment

Guild will receive report of
all paid members. This can
be used to collect Gift Aid

Pay online as a guild

Nominated member
collects all subscriptions

3 January to 22 February,
go to the Members' Area
of www.trefoilguild.co.uk

Nominated member pays for
all guild members by following
screen instructions – she
will need to know fellow
members' membership
numbers and full names

Guild will receive report of
all members. This can be
used to collect Gift Aid

Pay by cheque as a guild

Nominated member collects
all subscriptions – she
will need to know fellow
members' membership
numbers and full names

Nominated member
completes Bulk Subscription
Form (available from
www.trefoilguild.co.uk
or County Chairman)

Nominated member returns
form and cheque to Trefoil
Guild office by 22 February

Trefoil Guild subscriptions

Your guild needs to choose one of the following ways to pay:

- All individual members of the guild pay online using their own method of payment;
- The guild collects in all monies and nominates one member to pay online for everyone in one transaction;
- The guild collects in all monies and pays by cheque for all members at once.

In all cases, your payment will include County, Country/Region and National subscription rates.

To check the amount members need to pay:

Any member can go online and look at the amount before they pay for membership for the coming year, or members can contact their County Chairman who will know the County and Country/Region subscription rates that are due.

Please see right for flow chart and back page for key dates.

Countries/Regions and Counties

will have notified HQ of their additional subscription rates by 1 September 2017



How to pay and points to consider

- The decision on how to pay – either via the members' area online or by cheque – should be a guild decision.
- It is not possible for some members of a guild to pay individually and some with a guild payment.
- Once the subscriptions and forms have been processed, guilds will receive a receipt and a list of guild members who have been paid for. This will enable local guilds to claim Gift Aid.
- SagePay, a market leader in online payments, is the method that will be used for online payments and is very secure.
- If a volunteer chooses to use a personal debit/credit card for a guild payment, the funds must be available in the account to cover the cost.
NB: Interest charged on a credit card is not a valid expense against guilds.
- All new members of Trefoil Guild pay a one-off £5 joining fee.
- Payments for all members should reach the Trefoil Guild office by 22 February 2018.
- Repayments to counties and Countries/Regions to start from 6 April 2018.

Key dates

1 September 2017

Countries/Regions and Counties set their subscription rates

3 January 2018

Payment window opens for individuals and guilds

22 February 2018

Payment window closes for individuals and guilds

6 April 2018

Start of repayments made to Countries/Regions and Counties

TREFOIL

for Explore

Your challenge is to explore your neighbourhood, your country or even the world. You could:

- try geocaching
- visit a local castle, museum, heritage or archaeological site, or somewhere else you've never been before
- if you are going away on holiday somewhere, find out about it and share your knowledge with others
- go 'champing' – see the website www.champing.co.uk for details
- brighten up an area near you – plant some bulbs, or tidy an overgrown area



Create and taste mocktails

TREFOIL

for Fun, Food and Friendship

This is a celebration year and we want everyone to enjoy it, so share some fun, friendship and food with friends. Why not:

- have a barbeque, picnic, or party
- have a recipe swap evening with tastings
- create and taste test mocktails
- try the food of a country other than your own
- for Trefoil Guilds, invite another Trefoil Guild or a local guiding unit to celebrate with you
- for guiding groups, invite your local Trefoil Guild to a meeting or event



Visit a local castle

TREFOIL

for Outdoors

Get out and have some fun! You could:

- go pond dipping, sledging or grass sledging
- make and fly a kite
- take part in a conservation project
- learn and try out map skills
- take a canal or river trip
- light a fire outdoors and cook on it



Take a boating trip on a canal

TREFOIL

for International – Look Wide!

Try one of these, or invent your own challenge:

- learn some welcoming phrases in different languages
- celebrate Thinking Day in a different way
- learn a game, dance or song from another country
- find a penfriend or Facebook friend, or twin with a group in another country
- have an international evening
- visit one of the Guiding World Centres
- invite someone who has travelled to somewhere incredible to talk to you



Hold an international evening

TREFOIL

for Learn:

Have a go at something new, or improve a skill you already have. You could learn to:

- swim or do synchronised swimming
- ride a bike, or ride a Segway
- draw, paint, sculpt or do balloon modelling or tea bag folding
- use a computer, send an email, use Facebook
- use a satnav or GPS device
- knit, crochet, use a sewing machine or make lace
- line dance or country dance
- identify wild flowers, grasses, trees, or garden birds
- post pictures or accounts of your challenge on your county website, or local newspapers



Improve your bike-riding skills



Learn how to use a sewing machine, or another craft

Gold Voyage Awards

Congratulations go to the following for achieving their Gold Voyage Awards: Elizabeth Gaskell and Janet Pottle of Thames Kennington Trefoil Guild, Alyson Jones of Bourne Trefoil Guild, Olive Wilson of Soham Trefoil Guild, Gillian Thawley of Brooke Trefoil Guild, Ann Louise Goddard of Ridgeway Trefoil Guild and Joyce Harrison of Witney Trefoil Guild, all Anglia Region; June Jones of Ringwood and Poulner Trefoil Guild,

Margaret Ferris of Plymouth Drake Trefoil Guild and Jan Crouch of Dorsetwide Trefoil Guild, all South West Region; Ella Baxter of Tynemouth Trefoil Guild and Judith Benson of Driffield Trefoil Guild, both North East Region; Sue Dutton of Deeside Trefoil Guild, North West Region; Eirlais Tomkins of Tettenhall Trefoil Guild, Midlands Region; Lucy Jones of Swansea Trefoil Guild, Wales, and Menai Jones of Caterham Trefoil Guild, LaSER.



Good deeds

Two members of Emberbrook Trefoil Guild, Surrey West County, have recently received awards. Valerie Baxter received a certificate and badge for having made 100 blood donations, while Brenda Gibbs was given an Elmbridge Long Service Volunteer Award by the Mayor of Elmbridge, for 20 years of volunteering for Sight for Surrey.

Community minded

Margaret Harwood, Chairman of Axbridge Trefoil Guild, was presented with Sedgemoor District Council's Chairman's Award for Services to Axbridge Brownies, Trefoil Guild and Weare Village Hall.



Have you received an award, or know someone who has? Why not shout about it? Send the details and a photo to The Trefoil. Contact details on page 2.

Meet a guild

Frances Parrett chatted to Val Ross about her guild's great programme

Sutherland Trefoil Guild

Sutherland – it's as far north as you can go without having to get on a ferry! You may have passed through this county on your way to the Orkney Islands. It's a wild upland kind of place – not dramatic enough to attract the world's tourists, and to get from one place to another takes a fair car journey.

Sutherland may be more than 600 miles away from London, but this guild is like any other – getting involved with the community, finding friendship with guild members, giving support to Girlguiding Sutherland and getting active with their walks in the hills and country dancing!

Sutherland Trefoil Guild had to close a while back, but has now been restored. A few Leaders set themselves up at a table at Dunrobin Castle during the Centenary celebrations in 2010 and invited others to come and join them to restart the guild.

Val Ross is chairman, and the 18 or so ladies meet up in the Free Church hall at Golspie, not far from Dornoch. The problems members experience getting to meetings reflect the same challenges that exist for Sutherland's Rainbows, Brownies and Guides. In this relatively small community of like-minded people there is a collective awareness and concern that units need help and must be looked after.

When Maureen Young and her husband decided to leave the South West and head



Maureen Young enjoys being with guiding folk

for Sutherland, it was kind of inevitable that she would look for guiding folk. She has spent all her life being a Guide, a Guide Leader, camping and enjoying time with guiding friends. Small wonder that, having been adopted by Sutherland Trefoil Guild and taking over the role of secretary, she found that her guild friends had nominated her for the role of Sutherland's County Commissioner.

Val also told me about Julia, who loves to collect matryoshka dolls and enjoys showing them to groups – she has such an amazing collection!

Chairman Val very kindly took me through the kind of programme that Sutherland Trefoil Guild enjoy; visits to castles, like Brodie and Cawdor, craft nights, meals out, barbecues on the seashore, welcoming a local choir to come and sing to them at Christmas time (feeding them shortbread and mince pies!), and working with flowers and scrapbooks. It sounds just like your guild, doesn't it? But there's nothing 'local' about this guild! Lifts have to be organised, petrol must be used sparingly and the good range of speakers who are prepared to come and demonstrate their skills and share their enthusiasm are certainly



Julia with her collection of matryoshka dolls

appreciated by this guild. There's a local pharmacist who is happy to talk about the 'Minor Ailment Service' that runs in Scotland; someone who can share their skills of digging into family history and talk about World War Two memorabilia, and the minister who knows everything about the River Brora and who inspires

members to get up in the hills to see spots where he has taken lovely photos.

In February, members of the guild attended a Thinking Day service entitled 'Think...Celebrate...Grow' led by the Rev Susan Brown, minister of Dornoch Cathedral and Chaplain to the Queen in Scotland. Afterwards, they enjoyed lunch at a local restaurant and were given new navy gilets with a Trefoil Guild badge embroidered by Julia, another of their members.

Val is enthusiastic that a walking group may get going in the future (there's certainly plenty of land to walk over!), while a number of the members are interested in getting a crafting group up and running.



Sutherland Trefoil Guild's Thinking Day service was led by the Rev Susan Brown



International outlook

from Judy Ellis,
National International Adviser

Gargoyles, gonks and folk dancing



Thinking Day had a Russian theme complete with headdresses, matryoshka dolls and biscuits!

Gillian Conlan of Woburn District Trefoil Guild organised a Russian-themed Thinking Day as part of her Gold Voyage Award.

“Everything starts somewhere. At a 2016 County meeting, TOPAZ and Russia were mentioned. That sounded interesting and I needed to find out more.

“Charlotte at the Trefoil Guild office put me in touch with Judy Ellis, who had suggestions as to how we could help. Yes, we could do this! My first thoughts were to present it at our guild’s fundraising event, but then Amanda, who is also the District Commissioner, suggested involving District guiding units at Thinking Day, which sounded like a brilliant idea.

“It’s not what you know, but who! Amanda had a Russian contact, Irina, whom we met. She provided photocopies of a Russian headdress and a house

protector. I called it a gargoyle; others called it a gonk! A simple Russian folk dance could also be incorporated – there was plenty to think about.

“We used hessian to make one gargoyle per unit and guild. The trouble was that the instructions were in Russian. Three Trefoil Guild members played for the folk dance, a friend supplied 400 oval iced rich tea biscuits, easily decorated by all



Some of the gargoyle ‘house protectors’

the girls, using six different coloured icing bags. Other activities included plaiting hair and painting wooden spoons and paper matryoshka dolls, six per girl, coloured and secured with a paper band.

“Everyone, including 14 Trefoil Guild members, was wholeheartedly involved and enjoyed the day immensely. To my

amazement, we finished on time. It gave me satisfaction that all our ideas and efforts were successful, as this was our first big event.

“We’d entertained 150 girls and raised £150 for Russian Girl Scouting via TOPAZ.”

TERRIFIC TEAM SPIRIT RAISES £30,000 ON EPIC CYCLE RIDE

Tora Shand (pictured right) of Cobham District Trefoil Guild talks about their trip from Vietnam to Cambodia:

“In November 2016, I embarked on a Girlguiding challenge that I never expected to be doing – cycling 500km from Ho Chi Minh City (Saigon) in Vietnam to Angkor Wat in Cambodia.

“An old guiding friend, Wendy, emailed me soon after I first read about the trip and said she had just signed up – would I like to join her? I said yes, and initial training brought the unexpected bonus of seeing the beautiful Surrey countryside from a different angle.

“The V2C team met at Heathrow and 17 hours later we arrived in Ho Chi Minh City. After collecting our bikes, having our first Vietnamese lunch and checking into the hotel, we were given a few hours off to explore the local area.

“The next day we were off on our ride. I had taken my own saddle for comfort. They told us it was going to be hot, and it was! It was around 30 degrees in Vietnam, but relatively cool due to clouds and rain (and mud), but much

hotter when we got to Cambodia – up to 38 degrees sometimes, so rehydration was incredibly

important. We visited the Cu Chi tunnels, a floating market, a memorial to the Killing Fields and a Khmer Rouge torture ‘school’ along the way. We cycled for eight days on mountain bikes; covered 500km and even went up a hill on the way out of Vietnam (I’m not keen on hills).

“My outstanding memories are of the terrific team spirit amongst the group, especially with the five ‘civilians’ who had signed up to come along – they were very surprised to see us all in uniform, as they hadn’t been warned.

“I have made many new friends and the team raised over £30,000 for Girlguiding. I have been doing a few slide shows for my local guilds, and reliving the event never gets boring.”



Promoting Trefoil Guild

Since taking over the role of National Public Relations Adviser, Linda Hill-Tout has had a busy but enjoyable six months



Having fun at last year's Annual Meeting

The Annual Meeting Brighton 2017

I am working closely with the Regional Chairman of LaSER on the publicity arrangements. Photographs have been received from all the Countries and Regions, which reflect the amazingly wide range of activities that Trefoil Guild members are engaged in, and these will be shown at the start of the meeting. We have also selected a photograph from each Country and Region to go into the annual report. Please continue to take lots of photographs as you carry on your activities so we can use them in

The Trefoil, at our national events and in the publicising of Trefoil Guild.

As part of the drive to raise our profile, we have been in touch with Brighton University's photography department and have been successful in arranging for student Valeria Keller to take photographs at our Annual Meeting. If you see her on the day, I know that you will make her welcome. Frances Parrett, Public Relations Adviser for South West England, will accompany her and will also be taking photographs at the event.

We have sent press notices to local newspapers and local radio and TV stations to try to get as much publicity



Neckers proudly on display

for Trefoil Guild as possible and so, as always, please wear your scarves and neckers, which adds to the colour of the occasion and shows off our identity as Trefoil Guild members.

There will be a display board entitled Come and Meet Your Chairman, so that those of you who may not know your Country or Region Chairman can introduce yourselves and have a chat.

We want to find the Trefoil Guild that has the longest history and would like to interview members of that guild for *The Trefoil* magazine later in the year. If you think your guild qualifies as the oldest, and you are attending the annual meeting, there will be an opportunity to meet *The Trefoil* editorial team.

If you are not attending the Annual Meeting, you can get in touch by email: trefoilguild@girlguiding.org.uk or by telephoning on 020 7834 6242 ext 3010 at the main Trefoil Guild office. Please do this after the annual meeting.

Voyage Award leaflet

A Voyage Award leaflet is in the final stages of preparation. It is intended to encourage more members to participate in the activities and challenges of the Voyage Award. It will be in the form of a pocket leaflet that can be distributed to members who are considering embarking on the Voyage Award to give them an outline of what is involved. It will also be a useful way to encourage new members to join Trefoil Guild.

Pocket Guide to Trefoil Guild

The Lost for Words leaflet is being re-drafted and will be re-issued as a Pocket Guide to Trefoil Guild with the aim of encouraging people aged 18 and over to join. It should be ready for distribution early in 2018. A big thank you goes to all Trefoil Guild members who have helped with the drafting of our leaflets.

Looking forward to the 75th Anniversary

Planning is well on the way for exciting events in Countries and Regions to celebrate the 75th Anniversary of Trefoil Guild. Dates and details will be publicised later in the year.

Our annual meeting at the Birmingham Symphony Hall in 2018 will be a fantastic venue in which to celebrate 75 years of Trefoil Guild.

Your letters

Find out what other Trefoil Guild members have on their minds

Guild grace

 Windermere Trefoil Guild held its annual lunch at a local restaurant, for which Revd. Donald Pankhurst, the husband of one of our members, composed the following grace for us, which I thought fellow members may like to have:


*Bless, O Lord, this festive meal before us
We raise our voices in a Trefoil chorus
We keep alive our fellowship abiding
And keep alive the principles of Guiding*

Donald has written a book, *250 Graces*, which was due to be published at Easter. Some are humorous, some serious, some religious and some not.

Brenda Robinson,

Secretary, Windermere Trefoil Guild

Lifelong penfriend

 When I was a Girl Guide working for a Commonwealth Knowledge badge 63 years ago, I was given a penfriend called Joy who lived in New Zealand and wanted to learn about England. Little did we know this friendship would last a lifetime.

We grew up, married, had children and still wrote to each other. Her children married and settled in Australia and our youngest also married and lives in Australia. We were then able to meet in Australia and have now done so many times, going away on holiday together (with husbands). Now in our




Lifelong penfriends Penelope and Joy

mid-70s, we have just had a few days near Albany in Western Australia, and above is a photo of a lifetime's friendship in guiding – I am the one in the red jumper with Joy (Barrow) next to me.

Penelope Seabrook,

Bromyard Trefoil Guild, Herefordshire

Memories correction

 Regarding the Memories of The Senior Section feature in issue 243 of *The Trefoil*, I regret to say that what I said was incorrectly reported, giving the wrong impression to many people.

In my notes I said, "I didn't stay long enough in Maidstone to see the group beyond the Bronze stage." In other words, they were still working on the Bronze stage when I left them (at the invitation of GHQ to work overseas).

I did not do the award, but it is because of working in the pilot scheme that I have had a lifelong interest in the Award.


Audrey Button

Editor's note: *We are sorry that your notes were misinterpreted, Audrey, and we hope that it did not cause you too much embarrassment.*



Come and camp out at the beautiful Wirral peninsula

Come and camp with us!

 The Camping and Caravanning group of Trefoil Guild friends meet on a site close to every National Trefoil Guild AGM wherever it is – some of us towed to Northern Ireland in 2015!

If you own a caravan, trailer tent, or motorhome, you are very welcome to join us. You may have noticed some of us on the front cover of *The Trefoil* issue 242 wearing our boaters – pictured at the Harrogate AGM last year. Roger, our Leader, said we need to be noticed!

It was in 2007 that Jean Wheeler, who was then Trefoil Guild Chairman for Anglia Region, and her husband Peter decided to see if a caravan and camping group was feasible. Jean and Peter had used their motorhome to attend the National Trefoil Guild AGMs and discovered other members on the same site, so the information went out via the National Executive and *The Trefoil* magazine.

This year we celebrate our 10th year, and as the first one was at Eastbourne, we are now beginning our second time

round the Regions with a visit to Brighton. We all enjoy our long weekends together, meeting twice a year. We do our own thing by day and get together in the evenings.

Our second meet this year will be in September at Thurstaston Country Park, Wirral, beside the River Dee and looking across the estuary to North Wales. It is a perfect spot for birdwatching, walking, cycling, and visiting the Wirral's many visitor attractions while the beautiful city of Chester and famous Chester Zoo is only 15 miles away.

Jean and Peter have now handed the reins over to Roger Swabey, a Scouter, and his wife Margaret. Should you wish to join us at Brighton or at Thurstaston, please get in touch with Roger on 01633 663802 or email swabeyroger@gmail.com.

My husband Ray and I are looking forward to hosting the September meet, as we live close to Thurstaston in West Kirby. We think the Wirral is a wonderful place to live and can't wait to show you around.

Veronica Ward, Chairman, West Division Wirral Trefoil Guild, and caravanning member of the group

Please send your letters to: Trefoil Guild Office, Girlguiding, 17-19 Buckingham Palace Road, London SW1W 0PT, or email: thetrefoilmagazine@girlguiding.org.uk

Trefoil Guild 75km Celebration Walk

To celebrate 75 years of Trefoil Guild, we are holding a 75km walk in the beautiful Peak District over eight days



Coordinated by Dianne Bollom, a member from NE England, each day of this walk will be different and led by an experienced walk leader.

• **When:** Friday, 7 September to Sunday, 16 September 2018

• **Where:** Glenbrook Outdoor Activity Centre, Hope Road, Bamford, Hope Valley, Derbyshire, S33 0AL (www.glenbrookguides.co.uk).

Glenbrook is owned by Girlguiding and is residential accommodation that is fully equipped and located in the Derbyshire Peak District between the villages of Hope and Hathersage.

There are eight different walks that will total 75km. The gradings vary from easy through moderate to some classed as moderate/difficult, but all should be within the capabilities of regular walkers. The walking groups will be kept to a

maximum of 15, and over the eight days everyone will get the opportunity to do all the walks. No one need attempt a walk that they are not confident with and can take time out whenever they wish.

Some places and areas covered by the walks include Chatsworth, Bakewell, Eyam, Fin Cop, Derwent Edge, Monsal Trail, Moscar Lodge, Stanage Edge, Hathersage and Froggatt Edge. Further details of the walks will be sent to participants. There will be activities and entertainment each evening.

• **Cost:** £350 per person, which includes full board, all walks, transport to and from walks and evening activities. Places are limited, but it may be possible to accept a few part-week and day walkers. For part of the week, the cost will be £42 per night, and for non-resident day walkers, £25 per day (includes transport for walks, packed lunch and evening meal).

• **To book your place,** complete the application form on the address sheet that comes with this issue of *The Trefoil* and send it in with your deposit.
Happy walking!

Coordinator Dianne Bollom shares some of her favourite books in Bedside Table on page 18.



Base camp for the eight days in Derbyshire's Hope Valley

Grants available from Trefoil Guild funds

We looked at two funds in the March issue and here we look at two more, plus alternative ways of raising money

In 1970, Trefoil Guild launched the **Holiday Fund**, which is the second of our restricted funds. It enables Girlguiding Leaders, former Leaders and Trefoil Guild members to have a well-earned holiday that they might otherwise not be able to afford, and donations were generously made by members. Since then, members have continued to send donations to this fund and, with cautious investment, it produced an income of approximately £2,500 in 2016 for distribution as grants.

Guidelines and application forms for this and the two funds described in the March issue are available at www.trefoilguild.co.uk/Funds. We are currently looking at the possibility of having just one form for all grant applications – so watch this space!

The Support, Development and Relief (SDR) Fund is a discretionary fund for emergencies both in the UK and overseas; no request is too large or too small. In the past, grants have been awarded for the loss of Brownie six boxes in a fire; help with repairing flood damage; replacing a roof blown off a new building in Africa and replacing books for a school in Nepal after an earthquake. To apply



for funding, speak to your local Trefoil Guild Chairman who will pass on your request to the Trefoil Guild office.

Alternative assistance and funding
Alternative sources of funding for Trefoil Guild activities may be found locally and nationally, and Countries/Regions may wish to compile a directory of organisations willing to provide transport and specialist equipment that guilds and individual members can access. There are websites such as www.turn2us.org.uk and www.entitledto.co.uk that have details of organisations and trusts that provide charitable grants and support services, transport and equipment.

If you have any queries about any of Trefoil Guild's funds and bursaries, please get in touch with the Trefoil Guild Office – contact details can be found on page 2.

Top tips for a smooth Voyage!

With more than 2,000 members taking part in the Voyage Award, and more joining every week, we get asked a lot of questions. Ann Hall, National Programme and Development Adviser, has some tips that might help



The mentor's role is really important. He or she is not just a tester or assessor, but should be a support throughout your challenge. Show your Record Book to your mentor right at the beginning – you could copy the book's pages 'What is the Voyage Award?' and 'The Mentor's Role' for them.

Problems can arise if you ask someone to sign off a challenge without prior discussion and they aren't happy with it. The Voyage Award should be a challenge for everyone; it is for all abilities, so members should set their own personal challenges and agree this with their mentor – what is a real challenge for one may be too easy for another.

Here are some more tips:

- You need a mentor for each section.
- You can use the same mentor for more than one section or a different mentor for each section.
- Your challenges need not be confined to guiding.
- Look for someone who has an interest in, or knowledge of your challenge, such as a fellow member of your guild, a leader in your district, a work colleague, someone in your club, keep-fit class, walking, painting, sewing or interest group, church or charity.



A collage of Trefoil Guild activities

- Talk to your mentor as soon as you have decided on your challenge. Discuss your plans and set your goal.
- You should agree with your mentor that the challenge is appropriate to you and the level of award, and that it will cover the hours.
- Remember, the degree of the challenge should increase at each level, so don't be too ambitious at Bronze, you still have Silver and Gold.
- Your mentor is there to support you, to offer advice and ensure that you carry out your challenge to the best of your ability.
- He/she shouldn't be a close friend or family member.
- Keep in touch with your mentor.
- When your challenge is complete, ask your mentor to sign off your book and add a comment.



Rambling in Derbyshire



Fundraising for DLR Air Ambulance

Record keeping

The Voyage Award record book doesn't have room to enter everything. It's a record of what your challenge is, hours, dates and brief details of what you have done. You will gather notes, leaflets, emails, things you have made, photos etc, and this is all useful to show to your mentor. Keep it all in a folder or file, or as a computer file.

This evidence folder is for you and your mentor, but is also great to share with your guild to encourage them to join in. Mrs X might enjoy building portfolios with meticulous work and has taken part in other challenges. Mrs Y may have never done anything like this before, but enjoyed working with the Rainbows and finding out about her family. Two very different approaches

are both equally valid; the Voyage Award is a challenge, not a degree!

It is useful to keep a notebook, or photocopy of the record book, to write down your hours and details before you commit to the real pages, which saves alterations and crossings out.

The Programme Advisers who sign off your books are volunteers and their role is to ensure the Award has been properly completed and the challenges met. Your record book should show what your challenge was, the dates and how the hours were spent.

Take a photocopy of your completed record book before you send it off, so that if it goes astray in the post you still have the evidence of what you have done.

Happy Voyaging!



Flower arranging can be a fun challenge

There are lots more answers on the Trefoil Guild website at www.trefoilguild.co.uk/opportunities/voyageaward/FAQs

New Trefoil Guild scarf

This long, modern design in a sheer fabric will be ideal to wear for all occasions

Congratulations to Sheila Edwards from Wales who won the competition to design our new scarf – unknown to the judges, she had also designed our present one!

At either end of the scarf there is a circle – one contains our red Trefoil Guild badge showing our commitment to our Promise, while the other is empty.

From these are waves spreading our message and stars – well, you are all stars for all you do! The colours are from our

colour palette and will go with anything.

It will be on sale at the Annual Meeting in Brighton and from Girlguiding Trading Service (GTR) afterwards, and will cost £6.50.

You can continue to wear our present scarf, but once stocks are depleted GTR will no longer produce them.



Classified

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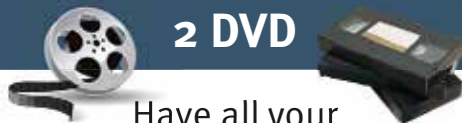
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Classified



Discover... Lorne 2017

We are delighted to offer a very special, all inclusive holiday for Trefoil members! Enjoy 4 midweek days of wonderful food and great accommodation all set in the beautiful surroundings of Lorne Estate.

All for the fantastic price of £345

Monday 11th - Friday 15th September

A friendly Irish welcome awaits you

For more information & booking details please contact Customer Services:

T: 028 9042 5212 extn. 2 E: liz@girlguidingulster.org.uk

Minimum number of 15 apply.

www.discoverlorne.org.uk

Broneirion@girlguidingcymru.org.uk

www.broneirion.com 01686 688204



BRONEIRION
Home of Girlguiding Cymru



Home of Girlguiding Cymru since 1947, Broneirion is a beautiful Victorian home built by David Davies. Within easy reach of mountains, sea and countryside as well as lots of facilities available on site, come to Broneirion to relax and enjoy everything Mid Wales has to offer.

We specialise in Trefoil group holidays and can arrange whatever break you want the way you want it.

Broneirion Lodge is also available for holiday hire sleeping up to 6 guests sharing rooms. Rates starting from £70 per night minimum 3 night booking. Contact us for available dates.



Visit our website for full details.

Broneirion@girlguidingcymru.org.uk

Broneirion, Llandinam, Powys. SY17 5DE



Danube River Cruise

Monday 9th – Monday 16th July 2018



Celebrate 75 years of the Trefoil Guild aboard the Danube River Cruise Ship! Visit **Vienna, Budapest, Bratislava** and more on this 8-day cruise experience with fellow members of the Trefoil Guild. Places are limited so book now to avoid disappointment!



THE NEW 2018 VENTURE ABROAD BROCHURE IS COMING SOON!

Featuring holidays created exclusively for members of the Trefoil Guild:

WAGGGS World Centre trips to Mexico and India

Adelboden, Switzerland, including visit to WAGGGS World Centre

Annual Meeting Weekend 2018 in Birmingham

Register to receive your copy at
ventureabroad.co.uk/trefoil or call us on **01332 342 050**.

Blackland Farm



- In the glorious Sussex countryside.
- Range of activities from bouldering to canoeing.
- Self-catering and camping.

01342 810 493
www.blacklandfarm.org.uk

Blackland Farm

WE DISCOVER, WE GROW
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Foxlease



- In the heart of the New Forest.
- Range of on-site activities from archery to orienteering.
- En-suite, self-catering and camping.
- Organised leisure breaks.

02380 282 638
www.foxlease.org.uk

Foxlease

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Waddow Hall



- In the beautiful Ribble Valley.
- On-site activities from climbing to curling.
- En-suite, self-catering and camping.
- Organised leisure breaks.

01200 423 186
www.waddow.org.uk

Waddow Hall

WE DISCOVER, WE GROW
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Exciting events, open days and leisure breaks
- there's something for everyone at the
Girlguiding Activity Centres in 2017!

Join us in 2017

ICANDO

17 September 2017:

Royal Parks Rambles -
A self-guided London
tour and a tasty
cream tea

Blackland Farm

12-19 August 2017:

Family Week -
A week of family fun
at Blackland Farm

Waddow Hall

16-17 September 2017:

Waddow Hall's Big Birthday
Bash - celebrate 90 years
with fizz, food and fun

Throughout December:

Festive formal meals
and buffets

4-9 December:

Christmas Tree Festival -
Decorated trees and crafts

9 December:

Christmas Family Fun Day -
Festive day for all the family

Foxlease

23 July 2017:

Open Day - Foxlease's
annual open event

5 November:

Fireworks and tasty fare

Throughout December:

Festive formal meals
and buffets

16 December:

Countdown to Christmas -
Festive crafts and activities

www.girlguiding.org.uk/activitycentres

Activity Centres



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Registered charity number 306016.