

STARS challenge - personal record sheet

Complete 5 challenges in each list, one of which must be done with other Trefoil members.



S for Skills					Completed		
How handy are you?	Learn a new handicraft	Learn a new outdoor skill	Extend a skill or activity	Teach or share	Paint or sculpt. Attend a class	Invite Rangers	Old Guiding skills

T for Together					Completed		
Go on a tree walk	Choose a worthy cause	Raise awareness of Trefoil	Do something different	Make a plate of food	Give support	Mystery tour	Games meeting

A for Action					Completed		
Make contact with another Trefoil	Research 3 local issues	Grow your Trefoil	Brighten up a local place	Help at a Guiding event	Get an article or photo published	Research a local tradition	Go greener

R for Roam					Completed		
Invite Voyage award achiever	International or region trip	Design or visit a sensory garden	Explore a local footpath	Visit a farmers market	Travel to a place of interest	TOPAZ	Local trees, birds or flowers

S for Self					Completed		
Something you always wanted to do	Pamper	Recipe swap event	Declutter	New book or music genre	Revisit old hobby	Share memories	Revisit old Guiding games